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— LOOK INSIDE FOR FEDERATION'S —
2013 ANNUAL REPORT!

Jewish Federation,
how may we connect you?

A publication of The Jewish Federation of the Sacramento Region

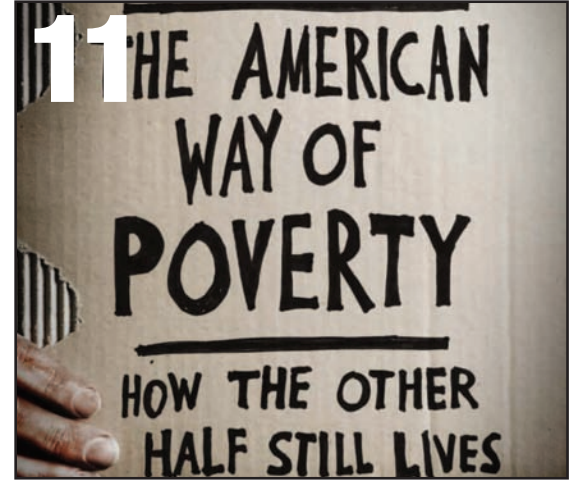
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Federation's 2013 Annual Report

the VOICE

your source for local and global Jewish news

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The Jewish Federation of the Sacramento Region

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Come and Knock on the Door at Federation's New Home

As many of you know by now, the Federation has purchased a building at the corner of 21st and V in Midtown.

This building of ours is many things: a true central address for the Jewish community, a place to gather, a symbol of stability. But most importantly, it says that we believe in our own future.

Of course, a building is just an empty shell unless it houses a living, breathing soul. What we do with it over the next years and decades will be the true measure of what we are and what we will become.

I envision our building as a very busy place. The kind of place where plans—big and small—are made and even a few conspiracies hatched. A place where arguments are passionate and poetry is read out loud; where recipes are swapped and crises are met; a place where people go when they are hungry for knowledge and culture or just plain hungry, or alone, or frightened and have no place else to turn. I want it to be the first place a Jewish person goes when they show up in town and they need to figure out where to start. I want our building to hum and vibrate. And I want it to get messy sometimes because we had a big party.

About the same time we were in the middle of the negotiations to purchase our new building— an act of confidence for our community— the Pew Research Center published a report detailing how American Jews feel about themselves, their faith, and our collective future. The results were sobering: declining affiliation with Jewish institutions, weakening attachments to Israel among younger Jews, high intermarriage rates. Paradoxically, it appears, one of the greatest threats to the future of our community may be a consequence of the

unprecedented freedom, security, and success we have achieved in this country.

The results of the Pew study are not what we'd like to hear but neither are they really a surprise. Our community is evolving and the only thing that is constant is change. We must confront that change head on. If the Pew study is correct, the implications for the Federation are clear: we must redouble our efforts to reach out to the apparently quite significant majority of Jews who are unaffiliated and yet maintain strong cultural and emotional ties to Judaism and the Jewish people.

In the last 3,500 or so years, we have confronted considerably more challenging problems than we currently face. Somehow, I think we'll muddle through. We always have. But if you want to talk about it, I know a great place to meet. It's the building at 21st and V.



Barry Broad is the President of the Jewish Federation.



THE JEWISH COMMUNITY



NOW HAS A PERMANENT HOME!

We are thrilled to announce that Federation has re-invested the funds from the sale of the Wyda Way property in a **10,000-square-foot space at 21st and V Streets**. This new home provides the foundation of **a true central address for our Jewish community** as well as a space to blossom and grow in the future.

Our office will be closed from December 15th-22nd and will **reopen in our new space on December 23rd**. We will be hosting an Open House in early spring. We look forward to celebrating the generations of leaders who have helped us get here and the generations that will continue to build our community. More details will be available shortly.

HOME

1. The place where one lives permanently.
2. A family living together in one building, house, etc.
3. An institution for people needing professional care or supervision.
4. The place where something is discovered, founded, developed, or promoted; a source.
5. A headquarters; a home base.
6. A place where something flourishes.

While a variety of definitions exist, and each of us has our own unique association with the word "home," the above descriptions seem to be something we can all agree on. Let's take a few minutes to discuss what Miriam Webster, Google, and the Free Dictionary have to say and how it relates to us.

1. The place where one lives permanently.

Federation's new building at 2130 21st Street can now be considered our permanent home, one that affords opportunities for growth in our community. Federation is here for everyone, no matter the phase of life, to offer a place where every Jew can feel comfortable and welcomed.

2. A family living together in one building, house, etc.

I've always said that we operate more like a family than a "business." If you have any involvement with

Federation, Jewish community is important to you. Jewish community is your family. Federation is the place where Jews throughout our community can come together in times of crisis and need, and to celebrate our successes. We are the one central address for all.

3. An institution for people needing professional care or supervision.

Well, there's an old joke in the Federation world that you must be in need of professional help if you choose to do this work. I'll leave it at that!

4. The place where something is discovered, founded, developed, or promoted; a source.

We hope our new home is a place where you can discover or rediscover your place in the community. Our job is to listen and assess the most relevant and critical needs of our community so we can be a "source" for our family and promote the fundamental well-being of the Jewish community and continuity of Jewish identity.

5. A headquarters; a home base.

Our new home allows us to serve as the headquarters and central address of our community. We already host organizational meetings, educational opportunities, the Sacramento Board of Rabbis, playgroups, and more (read about our new Jewish Family Service support groups beginning in January on p. 23). We dream of a home bursting at the seams with activity, excitement, and inspiration.

6. A place where something flourishes.

We have the ability to be something great. We have brought back Jewish Family Service and we have reinvested in a new home— all with sheer determination and a fundamental belief in our community's fullest possible potential.

A central address is the key to our stability and success. The Federation is here to be your "home," a place where the needs of the family come first. A "home" where shared values and dreams can become reality. A "home" where every generation has a seat at the table.



Melissa Chapman is the Executive Director of the Jewish Federation.

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For further information, or for pre-need, please contact

Lew Rosenberg, Executive Director

Ph: (916) 446-1409 E-m: homeofpeace@comcast.net

The Home of Peace Cemetery is a non-profit Jewish Community organization.

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*Now Jewish Families
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You Say You Want a Revolution

“Plus ça change, plus c’est la même chose.”

This epigram, crafted by French journalist and novelist, Jean-Baptiste Alphonse Karr, literally means, *“The more it changes, the more it’s the same thing.”* We are probably familiar with the more colloquial translation, *“The more things change, the more they stay the same.”* We all have said it or have heard it said many times and while it feels true, is it really true? Or is it that we’ve come to believe that change only happens on a macro level, let’s call it a “revolutionary” level? I mean, we know about the “industrial revolution” and, more recently, the “technology revolution” to which we all have become beneficiaries (albeit, some might say victims).

Well, I’d like to share another revolution that has been happening before my very eyes and I hope yours, too: I call it the “Jewish Family Service revolution.” It began 18 months ago, when I sat down with our then still fairly new Executive Director, Melissa Chapman, and shared my frustration at not being able to respond appropriately to callers needing food, housing, counseling, senior services, and other issues that plague communities across the country. In the year prior to this conversation, I had fielded more than 100 inquiries from members of the Jewish community and did not do it very well. I felt inadequate and ineffective; embarrassed and humiliated; hopeless and sad. This Type A personality had had enough.

That discussion was a seminal moment, a moment that soon led to the Federation Board’s decision that closing the gap in social services was its number one priority. It was February 2012. Things were about to change, not stay the same.

Luckily, we had a foundation on which to build since, in 2011, the Committee on Inclusion and Disabilities (CID) officially came under the Federation umbrella. Originally funded under a Federation Community Development Grant, CID provides public awareness and educational and inclusive opportunities for individuals with disabilities and special needs and their families. Since its inception, CID has created

programming and provided resources during February’s Jewish Disability Awareness Month (JDAM); led “Mezzuzot for All,” a successful effort encouraging all local and regional synagogues and Jewish organizations to hang accessible mezzuzot; sponsored a special roller skating event for individuals with special needs; and presented a keynote address focused on students with disabilities at the Sacramento Area Jewish Educators annual inservice. *Change has happened.*

In September 2012, we hired Alicia Mittleman, LCSW, as our Resource and Referral Coordinator. Alicia began working 10 hours per week to respond to social service inquiries from the community and to provide limited case management. To date, nearly 200 callers have been provided Federation and community resources to address a variety of issues. In fact, demand was so high that, thanks to an anonymous donor, we were able to increase Alicia’s hours to 15 per week. *Change has happened.*

September 2012 also saw the return of Holiday Outreach Baskets to homebound individuals in our community. Last Rosh Hashanah, we packed 60 baskets and were scrambling for volunteers to deliver them. We just finished our Chanukah Outreach Basket project— 200 baskets and so many volunteers that we had to ask them if they would mind waiting until Passover to do this mitzvah. We also began partnering with Temple Or Rishon and Congregation Bet Haverim to make sure those in our outlying were served. *Change has happened.*

In October 2012, we opened a Kosher Food Pantry and began accepting donations of non-perishable and hechshered food as well as toiletries and Judaica items. In those early days, Federation used precious resources to keep the pantry stocked. Now, thanks to community members and organizations, we receive generous donations regularly. *Change has happened.*

With 2013 came the beginning of centralized Leisure League Senior Programs at Temple Or Rishon and the Albert Einstein

Residence Center. This twice monthly program provides food, entertainment, and socialization and averages between 40-80 seniors each month. We are currently discussing expanding the program to Congregation Bet Haverim in Davis and organizing occasional day trips. *Change has happened.*

In January 2014, we will begin offering three facilitated support groups (see p. 23). These will be led by social service professionals with expertise in each of the topics. We hope that those in our community who are in need of support will take advantage of these opportunities. *Change has happened.*

We are planning for 2014 to be the return of short-term counseling for individuals and families; the creation of a visiting program for volunteers; Shabbat in a Bag; and special programming such as the “Aging in Place” seminars we organized this fall. *Change has happened.*

You say you want a revolution? Well, you got one. And that means we no longer can say, *“Plus ça change, plus c’est la même chose”* because change has happened and the JFS revolution is here to stay.



Elissa Provance is the Assistant Director of the Jewish Federation and Managing Editor of the VOICE.

KRISTALLNACHT

One Family's Journey Through the 'Night of Broken Glass'



Photo: www.yadvashem.org.

Two local sisters shared their family's connection to Kristallnacht before more than 200 people at a commemorative program sponsored by the Central Valley Holocaust Educators' Network (CVHEN) that also included clips from a movie entitled, "The Night of Broken Glass" and remarks from CVHEN President Liz Igra; Tosha Tillitson, a Regional Education Corps Member of the U.S. Holocaust Memorial Museum; and Temple Or Rishon Rabbi, Alan Rabishaw.

Elise Rose and Darci Rose Pierce talked about life for their father, George, grandparents, aunts, and uncle in Paderborn, Germany during the early 1900s. A prominent family, their grandfather was a well-respected lawyer in the predominantly Catholic city and chaired and served with many Jewish organizations. Life was good for the Roses until 1932-1933, when anti-Semitism reared its head.

"By 1933, our grandfather could not practice law and the children were restricted from school," explained Elise.

In 1935, the Rose's eldest son, Eric, was sent to Milan to study and soon after, 16-year-old George was sent to England. The eldest daughter, Inga, followed shortly after, leaving the youngest, Bea, to be the only remaining child in the Rose household.

Referring to family journals, the Rose sisters described how on November 9, 1938, the SS stormed the family home, guns pointed, and ordered Bea to get dressed.

"This is the end of our pleasant life," she wrote.

Arriving home after an evening in jail— Bea's father remained in jail and eventually was sent to Buchenwald— Bea found their synagogue burned down and it nearly impossible for Jews to leave the country.

After giving up all of their assets, Bea was allowed to leave on the last Kindertransport to England. Her mother refused to leave and in 1941, the Nazis took over the family home to create their local headquarters. The family matriarch kept in touch with her children via letters, the last one received in March of 1942. After being denied entry to Shanghai, Cuba, and the United States, Elise and Darci's grandmother was reportedly sent to the Warsaw ghetto and likely murdered in Auschwitz. George eventually became a Canadian citizen and then attended the University of California, Berkeley, becoming an optometrist. Elise and Darci's grandfather had a street named after him in Paderborn, where about 65 Jews currently live— mostly Russian immigrants who have learned to

keep their Jewish identity a secret. The sisters predicted that in five years, the Jewish community will disappear.

"Kristallnacht is not remembered like Yom HaShoah," said Igra, a Holocaust survivor, noting how one historian remarked, "The Reich Pogrom was the end of the beginning and Kristallnacht was the beginning of the end." All told, 8,000 Jewish businesses were destroyed during "The Night of Broken Glass" and 80,000 Jews fled Germany by the start of the war.

Referring to the lessons of the Holocaust, Rabbi Rabishaw quoted former Israeli Prime Minister Menachem Begin, who spent 18 months in a Russian labor camp and whose parents and brother were murdered. He said:

1. If an enemy says he seeks to destroy us, believe him.
2. When a Jew anywhere in the world is threatened or under attack, do all in your power to come to his aid.
3. A Jew must learn to defend himself.
4. Jewish dignity and honor must be protected in all circumstances.
5. Stand united in the face of the enemy. There are times when one must risk life for the sake of rescuing the lives of others.
6. There is a pattern to Jewish history: we rise, we fall, we return, we are exiled, we are enslaved, we rebel, we liberate ourselves, we are oppressed once more, we rebuild, and again we suffer destruction, climaxing in our own lifetime in the calamity of calamities, the Holocaust, followed by the rebirth of the Jewish State.

"'Never Again' means we have to be alive and proud to be Jewish," added Rabishaw. "We are here to fulfill our destiny. 'Never Again' means we can make a difference in this world."

For more information about CVHEN, visit www.cvhen.com or contact Igra at liz@cvhen.com.

Helen Thomas and the "G-d Story"



Rabbi David Nesenoff

The damage to journalist Helen Thomas' illustrative career following her remarks to Rabbi David Nesenoff that the Jews should "get the hell out of Palestine" and "go home to Germany and Poland" is well-known.

Lesser known is how Nesenoff came to be on the White House lawn that fateful day in 2010— a day that began as the Jewish Heritage Celebration and ultimately ended with a You Tube video that went viral; Thomas being banned from the front seat of the White House Press Corps; and the rabbi becoming the target of hate mail and death threats.

"Israel was on my mind," Nesenoff said at Chabad of Roseville, one of several Northern California stops during a recent 10-day speaking tour. "I had just returned and was thinking that everyone is always beating her up and condemning her."

An independent filmmaker whose works have shown at Sundance and the San Francisco Jewish Film Festival, Nesenoff decided to share Israel's beauty with the world by creating short video snippets based on one question: "Any comments on Israel?" Thinking the answers would include quips about falafels, Masada, and Jerusalem, he was completely unprepared for Thomas' response as she looked into the flip phone he held in front of her.

"I wish I could go back to Poland where my relatives lived in shtetls," Nesenoff thought, "but I can't because the shtetls are all gone along with all of the Jews."

Nesenoff wrestled about what to do

with this video. He contacted Jewish newspaper editors who said his story wasn't newsworthy. At the same time, news broke of the flotilla to Gaza from Turkey that resulted in Arab terrorists beating Israeli soldiers and the terrorists being killed in turn.

"The world condemned Israel," he noted. "Helen Thomas, one foot away from (President) Obama, said it was a deliberate massacre on the high seas by Israelis against peace activists."

It was to be the last time Thomas stood or spoke at the White House. That evening, Nesenoff's son decided to post the video online, forcing Nesenoff to come out from behind his camera.

"The press corps was knocking down my door," he recalled, adding that Homeland Security eventually set up a safe room in his house along with a panic button following 25,000 pieces of hate mail and death threats.

Putting his newfound notoriety aside, Nesenoff still struggled with the lesson beyond the headlines. He reached out to former White House Press Secretary Ari Fleischer and Eli Wiesel, who told him, "When you start to loose strength, that's when you should try to gain strength."

Nesenoff began to pray and spoke with his rabbi.

We are not 'friends' of Israel," he realized. "We are indigenous to the land. We are the 'children' of Israel, B'nai Israel."

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German Holocaust Essay Winner Visits Sacramento



Julia Gross

"It is all too easy to remember the things that happened under Nazism from 1933-1945. Things worse than the cruelest nightmares and beyond any possible description make it still hard to put so much pain and suffering into appropriate words. Maybe it is not even possible to do so."

These words may read as if they were written by a Jew but, in fact, they were penned by Julia Gross, a German college student and international winner of the 5th Annual Eleanor J. Marks Holocaust Essay Contest.

Gross entered the contest after meeting Sacramento resident and Holocaust survivor Bernie Marks at an international youth meeting in Dachau in 2012, where Marks, who created the essay contest, was invited to speak. He invited Gross to spend six weeks in Northern California this fall.

"I liked that he was so open about everything," Gross said of Marks' presentation. "The way he did it, it was easy to relate to. Sometimes I feel guilty and don't know how to talk about (the Holocaust). He said not to feel uncomfortable because it wasn't my fault."

Explained Marks, "I don't put guilt on the younger generation or their parents. I try to make it a lighter version but not miss the

point. I leave it to the students. It's their world. They take on the burden that the Holocaust never happens again."

A student at the University of Freiburg, Gross wrote about "The Leica Freedom Train" under the umbrella topic, "Unsung Heroes of the Holocaust." Many Jews worked for the Leica camera company and according to Gross' essay, "aided the German war machine." Still, beginning in 1933, when the company founder's son, Ernst Leitz II, and his daughter, Elsie Kuehn-Leitz, began receiving calls from Jewish workers who asked for help to flee the country as anti-Semitism steadily increased, Leitz used his money and influence to help Jews secure employment in Leica company branches in London, New York, Paris, and Hong Kong, telling the German government that the workers were being relocated. He helped family members and even family friends with travel permits and other necessary papers so they could join his employees and set up new lives. "Leitz" Jews boarded a ship or train to, as Gross wrote, "New places where there was no persecution awaiting them."

The Leica Freedom Train came to an abrupt end in 1939 following Germany's attack on Poland and the closure of its borders. By that time, more than 300 Jews had escaped. The Leitz family wanted to keep its heroic efforts a secret so it was only after the death of the last family member that the story came to light.

"This is a very powerful piece of history," noted Gross, explaining how the Holocaust is taught in German high schools. "We had to write an essay about how we felt and how to prevent something like this from happening again. Many schools organize field trips to concentration camps and memorial sites."

Added Marks, "If we don't continue to talk about what happened, it can happen again."

Gross agreed, saying, "My general feeling when talking to Bernie is the feeling that I have a certain responsibility for the future. It's always in the back of my mind that you don't forget."

The theme of the 6th Annual Eleanor J. Marks Holocaust Essay Contest is "Albanian or Italian Heroes of the Holocaust 1939-1945." Essays are due February 15, 2014. For guidelines and more information, contact Marks at dov52@rcip.com.

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The Jewish Community Relations Council Asks: Is the December Dilemma Just for Jews?

An important part of the Jewish Community Relations Council's (JCRC) mission is to build bridges with the interfaith community. JCRC actively participates in the Interfaith Council of Greater Sacramento, as well as other interfaith and community outreach initiatives. JCRC also engages in interfaith dialogue and volunteer and mitzvah projects, and seeks to build bridges with those of other faiths and ethnicities.

During the Christmas season, the Jewish community often is presented with challenges, which have come to be known as the "December Dilemma." But is this dilemma just for Jews? JCRC asked members of our interfaith community to share their winter holiday thoughts and traditions with us.



Rinban Bob Oshita is the spiritual leader of the Buddhist Church of Sacramento.

Christmas is the Christian holy-day marking the birth of Christ. As a Buddhist, I encourage that we join in on the celebration. It is our way, not just to respect the traditions of others, but to admire the goodness in people everywhere. The Buddha's teachings are called the Dharma, often translated as "teaching," but in the greatest meaning of this word, Universal Truth. We acknowledge, respect, and admire truth and goodness of people everywhere, in every culture and tradition, so I encourage our temple members to enjoy the season thoroughly!

It is a wonderful time of year, a time of families and friends coming together; a time of gift giving and receiving; a time of sharing and loving. It is a time to especially remember and appreciate the people whose lives give meaning to our own.

I've heard of a few devout Buddhists rationalizing that the "tree" in their home is symbolic of the "Bodhi tree" under which the historical Buddha meditated, and the lights on the tree symbolize enlightenment. My recommendation: Don't avoid it, don't disguise it. Just enjoy the spirit of the season and celebrate most completely.



Mohammad Mohanna is founder of the Mohanna Foundation and an interfaith community leader.

As a Muslim-American, I celebrate Christmas with my family every year by serving our homeless brothers and sisters at the North C Street Village, a facility that I own.

It is fortunate that the holiday period encompasses both Christmas and Chanukah, and we are able to rejoice in both of these sacred celebrations around the same time. Since Islam follows the lunar calendar, the celebration of the birth of the Prophet Muhammad coincides with the holiday period every 30 years. The timing of this occurrence represents a true fusion of the Abrahamic faiths and an opportunity to celebrate all of our commonalities within the same month.

These holidays are a time of reflection for us to remember the importance of serving the less fortunate and being united with people of all faiths and creeds in celebration of our many commonalities and breaking bread over our few differences.



Winty Singh is a member of the Sikh Coalition of Sacramento.

A 500-year-old religion founded in South Asia with 25 million followers worldwide, Sikhism preaches a message of devotion to God at all times, truthful living, and equality among all human beings. The Sikh faith holds that all faiths are equal in the eyes of God, offering different paths to the same Divine for all people.

Several Sikh anniversaries occur in November and December, including the birth of Guru Nanak, the founder of Sikhism, in 1469. Bandi Chhor Diwas celebrates the emancipation by the sixth Sikh Guru, Guru Hargobind, of 52 Indian kings in 1619 and is celebrated in early November. Also during this time, Sikhs commemorate the installation of the Sikh scriptures, the Guru Granth Sahib, as the Sikh faith's eternal living Guru in 1708 (which is celebrated with a large parade each year in Yuba City).

While many Sikh families do not celebrate Christmas, some participate in Christmas festivities in a secular way by erecting a tree and exchanging gifts with family and friends. Sikhs who celebrate in this way often incorporate Sikh themes to their decorations and festivities.

The themes of peace, goodwill, and re-dedication are certainly found in the Sikh faith so Sikhs find much in common during this time of year with the spirit of the celebrations of their Jewish and other neighbors.



Sister Hansa is with the Sacramento Brahma Kumaris.

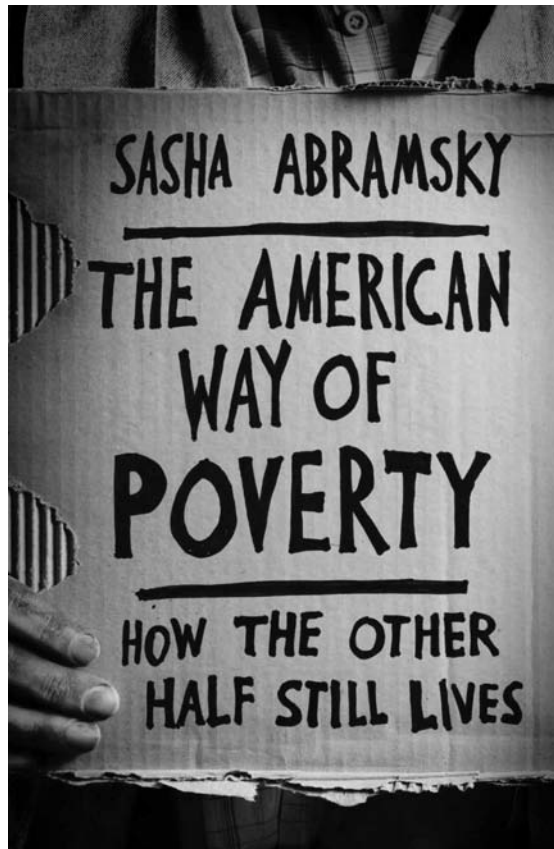
India being an ancient country and Hindu being an ancient religion, we believe that all religions are branches of the great human world tree so we respect and honor each and every branch of God's tree, God being the seed.

Hindus and Sikhs celebrate Diwali, meaning "rows of lighted lamps," which generally falls in October or November (determined by a lunar calendar). A five-day celebration, the majority of families celebrate Diwali by decorating the house with lights and giving gifts to children. The illumination of trees and homes expresses obeying to the heavens for the attainment of health, wealth, knowledge, peace, and prosperity. It is a holy time in which prayers are offered to the Goddess Maha Lakshmi, the goddess of wealth and prosperity who is worshiped for her piety and devotion and who bestows these gifts upon her devotees.

Diwali signifies the triumph of good over evil, of righteousness over treachery, of truth over falsehood, and of light over darkness. It is a festival of lights that dispels the darkness of ignorance, and shows the way of the journey through this life. The real purpose of Diwali is to glorify the light of God, because it is He who bestows the real light on this mundane world. For Hindus, Diwali heralds in the new year, and brings with it all that is new and fresh for a new beginning.

For more information about the JCRC, contact Jessica Braverman Birch at 916-486-0906 ext. 308 or jbirch@jewishsac.org

Facing, and Putting a Face to, Poverty in America



Statistics show that at least 50 million Americans live in poverty. Sasha Abramsky, a national expert on poverty in America as well as a fellow at Demos, a progressive public policy institute, and a research affiliate at the University of California, Davis, Center for Poverty Research, puts a face and a story to these individuals in his book, The American Way of Poverty: How the Other Half Still Lives. A native Londoner, Abramsky studied politics, philosophy, and economics at Balliol College, Oxford, and journalism at the Columbia University Graduate School of Journalism in New York. A Sacramento resident since 2003, he was recently featured in The Sacramento Bee and addressed high school teens from the joint Congregation Beth Shalom-Mosaic Law Congregation Midrasha class, "Conflicts in American Society" and the general community on November 20, 2013.

the VOICE: When did you develop an interest in the subject of poverty?

Sasha Abramsky: I've been particularly interested in social justice themes since I was a kid in London. I like writing about things I care about and I get to use the social policy side of my brain. Poverty pissed me off in this country because it is unnecessary. I'm not religious, but there are moral obligations

that we have to each other to provide a space to live in dignity. I've written magazine and newspaper articles and I've talked to people who don't have a platform and then compiled their stories into a book.

the VOICE: You addressed an audience of mostly teenagers. What did you want them to learn?

SA: Even though kids are rough around the edges, they have a moral compass. I wanted them to be exposed to people their own age who go to bed hungry or have overstressed parents and start thinking about the reasons it happens— the big picture but also locally. I want them to think about reimagining their role in their community.

the VOICE: What can we, as Jews, do to address the issue of poverty?

SA: Members of the Jewish community can't shield themselves. It's harder to ignore social injustice and its causation. There's a huge body of teaching that looks at our place in the cosmos. We don't have a large place in the universe but what we have as individuals and communities is that we think about issues of other people.

the VOICE: What have you learned about poverty?

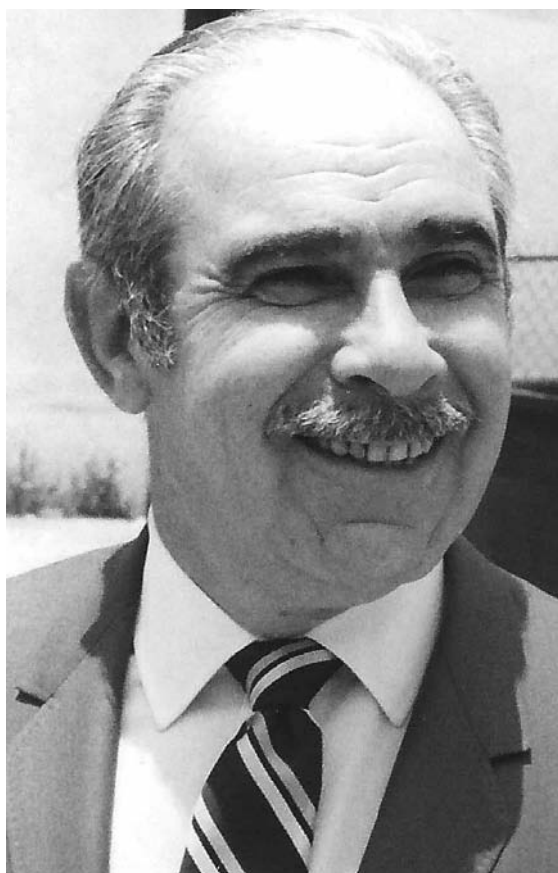
SA: I have learned about the complexities of people's lives. What I've learned is that everybody has their own story and that sometimes they've made a bad choice. They all have important stories, individual stories. When talking about poverty in America, there are a lot of different issues— joblessness, access to health care, debt because of the housing crisis, being trapped in poor communities. I've listened to people's voices and how they talk and understand the world.

the VOICE: When can we expect to see the end of poverty?

SA: We won't ever eliminate poverty. America is the most unequal country in the western world with the most child poverty, a decreasing life expectancy, and the highest high school dropout rate. You need regulation and social democracy. You can't roll out reforms overnight, but you can work toward them over decades. It must be a national priority. If it's the issue of the day, people lose patience and you roll back the gains.

The American Way of Poverty: How the Other Half Still Lives is available at amazon.com.

In Memoriam: Sol Marshall, *Shofar* Editor



Sol Marshall

Sol Marshall (z"l) began his career as a sportswriter for the *Milwaukee Jewish Sentinel*. A teenager, he earned \$1 a week— enough to cover the street car fare that would take him to events about which he was writing.

Nearly 50 years after his journalism debut, Marshall helped launch *The Shofar*, the Jewish Federation's community newspaper and predecessor to the *VOICE*.

"He always told me he was the first editor of *The Shofar* and that all of his work on it was as a volunteer," recalled his son Steve, while remembering his father who passed away October 25th at the age of 101.

Born in 1912 in Milwaukee to Russian immigrants and described by Steve as "more of a cultural Jew than a spiritual Jew," Sol amassed a lifelong resume of professional and volunteer Jewish communal involvement in Milwaukee, Chicago, Los Angeles, and

Sacramento. He began working as a youth group leader and camp counselor while in high school and college. He met his wife of 49 years, Marion, at Camp CHI (Chicago Hebrew Institute) where they were Boy's and Girl's Camp Directors; became Director of three Jewish Community Centers; was Director of Public Relations for the Jewish Centers Association of Greater Los Angeles for 20 years; served as President of the United States Volleyball Association and the Amateur Athletic Union; worked for (and participated on) the U.S. Maccabiah Team (he was inducted into the Southern California Jewish Sports Hall of Fame for his work with the team); wrote book reviews and a cookbook column for the *B'nai B'rith Messenger*; and the list goes on and on until he retired at age 92.

"He was committed to working with and within the Jewish community," Steve explained. "He had a lifelong passion of doing work for Jewish organizations, individuals, and causes."

An avid reader known for checking out and returning 10 books in a 24-hour period, Sol studied at five universities: Milwaukee State Teacher's College (now the University of Wisconsin at Milwaukee); George Williams University; Marquette University; USC; and UCLA. He also ran a book publishing company that featured works about volleyball (many written by Olympic coaches), swimming, skiing, tennis, and basketball; publicity and public relations books; self-help books; and cookbooks.

"He would say his greatest accomplishment was his Jewish communal service and being the organizer of two national conventions for the National Council of Jewish Communal Service Workers," noted Steve, adding, "and being able to do what he did and what he wanted to do for a long time."

But Sol Marshall was more than just a sum of his accomplishments.

"It was not just what he did, it was who he was," said Steve. "He was a great man who did so much for other people. He cared more about their success than he did about his fame or glory or a byline. He was a great person and teacher who was driven by his desire to help. His legacy is that he brought his passion and compassion to everything he did in an effort to better the Jewish community."

At the request of the family, donations in memory of Sol Marshall may be made to the Jewish Family Service program of the Jewish Federation at www.jewishsac.org/donate.

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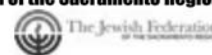
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ANNUAL
REPORT
2013

What a year! For the Jewish Federation of the Sacramento Region, it has been a **year of connectivity**— connecting **individuals**, connecting **generations**, connecting **organizations**, connecting to **Israel**, and connecting **your dollars**. That is what Federation is about: making connections to better care for those in need; creating and nurturing Jewish identity; and ensuring no one gets left behind. We've been doing just that for more than 90 years. With your help, we look forward to doing it for **90 more**.

OUTREACH 19%

Special Communitywide
Programs

Emerging Jewish Jewish Film
Leaders Festival
Jewish Memorial Day Commemoration
Jewish Heritage Festival:
Celebrating Israel at 65!

Mitzvah PJ Library
Week Programming

Yom HaShoah
Yom Ha'Zikaron

COMMUNICATIONS 18%

Action Alerts

Community **EVoice**
Calendar

Free Advertising
for Synagogues/
Jewish Organizations

the VOICE

www.jewishhsac.org

EDUCATION 13%

PJ Library
Book Delivery

Sacramento Area
Jewish Educators (SAJE)

Schwab-Rosenhouse
Memorial Scholarship Fund

Shalom School

SOCIAL SERVICES 12%

AIDS Quilt
Committee on
Inclusion and Disabilities
Community Jewish Disability
Social Worker Awareness Month

Holiday Outreach Baskets
Kosher Food Pantry
Leisure League
Senior Programs

**Loaves
& Fishes**

OPERATIONS 11%

— OUTREACH —

"After graduating from UC Davis, I was looking for a way to stay connected with my Jewish friends and found a great community of young professionals in the Emerging Jewish Leaders group."

— EDUCATION —

"Receiving PJ Library books helps our daughters to feel good about being Jewish. Our children get honored every month by receiving these books."

— SOCIAL SERVICES —

"You added so much joy to my holiday with your sweet Rosh Hashanah gift package. It gave me so much pleasure knowing that the next generation is carrying on the traditions I have always followed and treasured."

— ISRAEL & OVERSEAS —

"I have never felt more connected to my Judaism and what being Jewish means to me than when traveling to Israel on a peer trip. It literally changed my life."

ADVOCACY 16%

Hillel at Davis
and Sacramento

**Jewish Community
Relations Council**

Jewish Public
Affairs Committee

Israel Jewish Council on
Action Network Public Affairs

**Security Briefing
and Training**

ISRAEL & OVERSEAS 11%

**Israel Terror
Relief Fund**

**Jewish Agency
for Israel**

Jewish Federations of North America

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My Israel

by Eyal Naor



My Israel highlights the experiences that everyday people who live or work in our region have with the Jewish State. Eyal Naor is Deputy Consul General for the Consulate General of Israel to the Pacific Northwest, which includes the Sacramento region. His previous position was Deputy Chief of Missions at the Israeli Embassy in Belgrade, Serbia, from 2010-2013. Naor graduated from the Hebrew University of Jerusalem and holds a Bachelor's degree in International Relations and Political Science.

People who follow their dreams always inspire me. In my view, they are both idealists and pragmatists.

My father's parents came to the Promised Land from Transylvania after surviving the horrors of the Holocaust, while my mother's parents emigrated from Bulgaria even before it was legal to do so. Both sides of my family were true Zionists— one grandfather joined the largest construction and civil engineering company in Israel at that time and literally built the country; my other grandfather moved to the Negev desert, took part in the creation of one of the first cities there, and dedicated his life to promoting tourism in the Dead Sea.

I was born and raised in Israel. As a child I was fascinated with history and eager to learn about my family's roots and fate. Through that, I discovered the unbelievable story of the Jewish people and their centuries' old dream of Zion.

After graduating from high school, I was drafted to the Israel Defense Forces, as is every other 18-year-old boy and girl. I wanted to be a pilot but during my three years of service as a paratrooper, I only mounted a plane in order to jump from it. I volunteered for an elite unit and found myself doing things far beyond anything I had ever dreamed about.

After working as a sales agent, a spokesperson for a Member of the Knesset, and a Mission Coordinator for the Friends of the IDF, I realized that my true calling was to serve my country. I joined the Ministry of Foreign Affairs and embarked on a journey to represent Israel abroad.

An Israeli Diplomat's mission is to share the story of the miraculous phenomena called Israel, and to tell the world about the place where Israeli chutzpa meets Jewish compassion; where citizens of all religions are free to vote, thrive and excel; where cutting edge technology is used in order to grow cherry tomatoes in the desert, as well as to research and develop lifesaving medicine and medical equipment. To represent Israel is to bring the creative energy of the 'Start-Up Nation' to every nation.

My Israel is a country where a woman can become Prime Minister, a Christian Arab can become a Supreme Court Justice, and a Druze medical doctor can become the commander of an army field hospital designated to treat injured civilians from a neighboring war struck country (which, by the way, has never recognized Israel's right to exist).

When I wake up in the morning, eager to get to work, I'm proud of my heritage, my people, my country, and my late grandfathers (z"l) who taught me that to follow your dream means to never stop dreaming.

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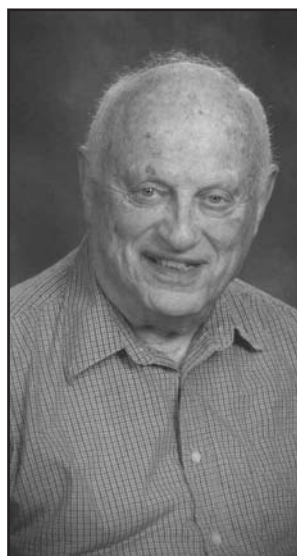
Mazel tov to...



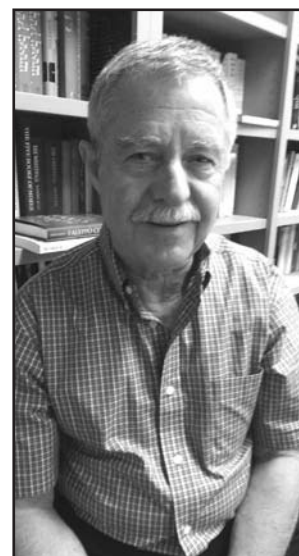
Sue Sperber, Federation Board Member, who will be honored by Hadassah as Federation's Woman of Distinction.



Claire Lipschultz, National Council of Jewish Women, Sacramento Section's, Vice-Chair for Policy Advocacy, for being honored by California Women Lawyers for her advocacy against human trafficking.



Hal Stein, for being honored with the "Ruth Brandt Guardian of Israel" award from Christians United for Israel.



Dan Gorfain, for being honored at the UNITY Bar Dinner 2013 with the "Community Service Award" by the Leonard M. Friedman Bar Association.



Michael Rochman, for being honored at the Jewish Community Foundation of the West's Annual Meeting for his 10 years of service.

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TORAH WORDS

by Rabbi Greg Wolfe



The Torah portion *VaYigash* (Genesis 44:18-47:27, read on December 7th) begins: "And Judah drew near/ *VaYigash*." In an elaborate scheme, Joseph, now a powerful ruler in Egypt and unrecognized by his

brothers, has framed his brother, Benjamin, with a serious crime to test how his brothers will respond. Will they abandon Benjamin as they did Joseph many years before? The moment of truth arrives and Judah, on behalf of the brothers, rises to the occasion. Judah's simple act of moving closer to Joseph unknowingly bridges the gap that had separated the brothers in so many ways and on so many levels, and now demonstrates that these are not the same

brothers who plotted to sell their brother, Joseph, into slavery long ago.

Ultimately, this is a story about unbreakable family bonds and the deep sense of responsibility and caring for one another that stands at the core of what it means to be brothers, to be a family. Judah steps forward in a new way to say that I am here for my brother. At seeing this act of self-sacrifice, Joseph's heart bursts open as he understands for the first time what it really means to be a brother. Then, and only then, can he finally reveal himself to his brothers.

Judah provides an inspiring model for all of us about what it means to be a part of the Jewish family, the Jewish community. *VaYigash*: We, too, are called to step forward to assert our mutual responsibility for one another in the Jewish community. We, too, are invited to come closer to the heart of our extended Jewish family and discover the many beautiful and meaningful ways in which we can support each other and grow together.

Through a series of projects and special activities, I have loved seeing the magnificent ways that Congregation Bet

Haverim has been drawn into deeper relationships with the larger Jewish community through the auspices of the Jewish Federation. Our Caring Committee, under the leadership of Sandy Jones, has partnered with Federation to provide High Holy Day and Chanukah outreach baskets to the elderly and homebound, brightening the lives of so many. Over the years, thanks to Stephanie Moss and Heidi Smith, we have created mitzvah projects that have warmed the bellies and the bodies of the needy. And most recently, we have plans to participate in a volunteer training program led by Federation's Community Social Worker Alicia Mittleman.

Each of these shared experiences has helped us feel that we have stepped up and acted upon our responsibilities toward our Jewish family members and others in our community. And, in doing so, we have discovered the deeper meaning of being a part of this wonderful extended Jewish family. Let us all take that one step that will help us draw that much closer to one another.

Rabbi Wolfe is the spiritual leader of Congregation Bet Haverim in Davis.



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ADVICE: Identifying the Signs of Domestic Violence

by Lilly Spitz

The end-of-year holidays are eagerly anticipated by so many of us. The dreidel spinning, the candles so bright each night, and New Year's parties translate into fun with good friends, family gatherings, and festivities.

From a different perspective, however, the months of November, December, and January overflow, not with love, but with extreme stress. This is particularly true for families living with the horror of domestic abuse and violence. The stress can escalate from the pressure to buy the most popular gifts— eight of them?— or the expense of traveling to family gatherings, which can put a strain on a family's budget and emotional well-being.

Domestic abuse and violence are grounded in the desire of the abuser to have power and control over a spouse or partner. Control over where they go, who they spend time with, what they wear, and what they will and

will not be 'allowed' to do. There is no better time for an abuser to exert control than during the holidays.

Consider the following:

People who are being abused may:

- ✓ Seem afraid or appear anxious to please their partner
- ✓ Go along with everything their partner says and does
- ✓ Remain quiet in the presence of their partner
- ✓ Check in often with their partner to report where they are and what they're doing
- ✓ Receive frequent, harassing phone calls from their partner
- ✓ Make excuses for their partner's temper, jealousy, or possessiveness

People who are being physically battered may:

- ✓ Have frequent injuries, with the excuse of "accidents"

- ✓ Frequently miss work, school, or social occasions, without explanation
- ✓ Dress in clothing designed to hide bruises or scars (e.g., wearing long sleeves in the summer or sunglasses indoors)

People who are being isolated by their abuser may:

- ✓ Be restricted from seeing family and friends
- ✓ Rarely go out in public without their partner
- ✓ Have limited access to money, credit cards, or the car

Although leaving an abusive relationship may appear simple, the time of highest risk for violence, serious injury, or death is during and after escape. Only the person experiencing the abuse knows when the time is right to take the necessary steps.

Lilly Spitz is a member of the Family Shalom Committee of the National Council of Jewish Women, Sacramento Section. If you or someone you know is effected by domestic violence, contact the Family Shalom confidential support line at 916-204-8777.

**Source: www.ucdmc.ucdavis.edu/hr/hrdepts/asap/Documents/Domestic_Violence.pdf.*

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The Israel Matters Committee of CBH Davis



January 12: Shalom From Israel! A fascinating photographic tour with IM Chair **George Rooks**, just back from six months in Israel.

January 26: Workshop on the Jewish Communities of Judea and Samaria: Are the so-called "settlements" really an obstacle to peace?

February 16: Christians United For Israel with the always dynamic **Randy Neal**, Western Director of CUFI!

March 2: Workshop on Jerusalem--Israel's Undivided Capital

March 23: Secrets of Sodom: An Archaeological Exploration with the fascinating veteran archaeologist, **Noreen Jacks**.

April 20: Remembering the Holocaust with **Dr. Alex Groth**, a survivor of the Warsaw Ghetto, and famed author and scholar.

May 11 (12pm): Israel Independence Day Celebration at CBH!

***All programs free: 3 pm Congregation Bet Haverim Social Hall: 1715 Anderson Road, Davis. Contact gmrooks3@gmail.com for more details or call 530-758-0842.**



Jewish Family Service

A program of the Jewish Federation of the Sacramento Region



The Jewish Federation
OF THE SACRAMENTO REGION

Thanks to generous volunteers, we are able to
kick off **Phase 2 of Jewish Family Service** with three
facilitated support groups beginning in January!

Coping with Chronic Illness

Facilitated by Alicia Mittleman, LCSW, and Laini Golden, MSW
January 21 & 28 and February 4, 11, 18 & 25, 2014
5:30-6:30pm

Bereavement

Facilitated by Cantor Julie Steinberg, LCSW, and Rabbi Shula Stevens Calmann, MA, MLH
January 21 & 28 and February 4, 11, 18 & 25, 2014
7:00-8:00pm

Support for Caregivers of Individuals with a Disability

Facilitated by Alicia Mittleman, LCSW, and Rosalie Roth, LCSW
January 21 & 28 and February 4, 11, 18 & 25, 2014
7:30-8:30pm

The location for all of these support groups is the Federation office:
2130 21st St., Sacramento

This is just the beginning! To support our continued efforts, **visit www.jewishsac.org/donate.**

To sign up for any of these support groups, please contact our Community Social Worker,
Alicia Mittleman, at 916-205-0688. Strict confidentiality maintained.

For more information about Jewish Family Service, visit www.jewishsac.org/jfs or contact
Elissa Provance at eprovince@jewishsac.org or 916-486-0906.



CALENDAR

RECURRING EVENTS

Sundays

December 15, 2013. Preparing Your Eastern European Research. Sacramento-area genealogist Lynn Brown will discuss how to prepare for obtaining family records and what data is needed to expand your search abroad. Her presentation will also cover how to develop and analyze a case study worksheet designed to break down brick walls and expand your existing research. 10:00am. Albert Einstein Residence Center, 1935 Wright St., Sacramento. *For more information about the Jewish Genealogical Society of Sacramento, visit www.jgss.org or email mortrumberg1@earthlink.net.*

Introduction to the Torah Bookshelf weekly e-learning with Rabbi Joel Zeff. 7:00am. Visit Noahidenations.com, click on "Academy of Shem" in the Education section, select "Introduction to the Torah Bookshelf" (password is a12s, if asked). Open to all. *For more information, contact 916-481-1159.*

Men's Tefillin Club. Every second Sunday to lay Tefillin, learn Torah, and enjoy breakfast. 9:00-10:00am. Chabad Jewish Community Center, 302 B South Lexington Dr., Folsom. *For more information, contact 916-608-9811 or visit www.JewishFolsom.org.*

Mondays

Monthly discussion group led by Rabbi Melamed on the second Monday of every month. KOH Library and Cultural Center, 2300 Sierra Blvd., Sacramento. 1:30-2:30pm. Free. *For more information, contact 916-484-7333 or jacks.dad@att.net.*

Derech L'Chaim JACS (Jewish Alcoholics, Chemically Dependent Persons, and Significant Others). 10:30-11:30am. 2nd Floor Card Room, Albert Einstein Residence Center, 1935 Wright St., Sacramento. JACS is based on the 12 Steps of Alcoholics Anonymous with a Jewish focus. Confidential and anonymous. Please contact 916-591-8608 before attending for the first time.

Jewish Book Club at Temple Or Rishon. Every fourth Monday at 7:00pm. 7755 Hazel Ave., Orangevale. All are welcome. For our reading list, visit www.orrishon.org, select Programs for All Ages, then Book Club. *For more information, contact Alison Braverman at 916-988-7110 or alcinp1@aol.com.*

Loaves and Fishes. The third Monday of each month, the Jewish community serves lunch to the homeless at Loaves and Fishes. 1321 North C St., Sacramento. Volunteer at 7:30am to help prepare food or at 10:45am to help serve. *For more information, contact mary@mosaiclaw.org.*

Tuesdays

Baby and Me. Program for families with children birth to 2 years. Art, singing, movement, and fun!

10:30am. Temple Or Rishon, 7755 Hazel Ave., Orangevale. *For more information, contact Marcia at 916-988-4100 or educator@orrishon.org.*

Israeli Dancing. *For more information about dates and venue, join Israelidancesac-subscribe@yahoo.com or contact Jeanette at 916-799-7213.*

Rabbis' Monthly Lunch and Learn. Rabbi Alfi explores issues in Contemporary Judaism. First Tuesday of the month. Noon-1:00pm. Join us with your lunch at Congregation B'nai Israel, 3600 Riverside Blvd., Sacramento. No RSVP required. *For more information, contact Rabbialfi@bnais.com.*

Wednesdays

Shalom Gan K'ton. For children 18 months-5 years. 10:00am. Temple Or Rishon, 7755 Hazel Ave., Orangevale. \$50/10 sessions with scholarships available. *For more information, contact educator@orrishon.org.*

First and Third Wednesday. Jessie Yoshpe Hadassah Study Group. Exploring Judaism Through the Holidays and More. KOH Library and Cultural Center, 2300 Sierra Blvd., Sacramento. *For more information, contact Soni Meyer at 916-383-5743.*

Thursdays

David Lubin Lodge, B'nai B'rith. Third Thursday of each month. 8:00pm. Albert Einstein Residence Center Eatery, 1935 Wright St., Sacramento. *For more information, contact Bernie Marks at 916-363-0122.*

Jewish Women's Support Group. Led by Zalia Lipson. Chabad of Roseville, 3175 Sunset Blvd., Suite 104A, Roseville. 6:45pm. \$40 per session. *For more information or to register, contact 916-624-8626 or ZaliaL@aol.com.*

Fridays

Gan K'ton. For young children 18 months-5 years. Sing, play, create, listen to, and taste all the wonders of being Jewish, along with preparing for Shabbat. 10:00am. \$10/class. Enrollment and fees required. Scholarships available. Temple Or Rishon, 7755 Hazel Ave., Orangevale. *For more information, contact Marcia at 916-988-4100 or educator@orrishon.org.*

Tot Shabbat. Services, Singing, Storytelling, and Oneg for all children, including all who are young at heart. 6:00pm. Temple Or Rishon, 7755 Hazel Ave., Orangevale. *For more information, contact Marcia at 916-988-4100 or educator@orrishon.org.*

Saturdays

Taste of Torah. Second Saturday. Learn, laugh, sing, and "taste" the Torah. Free program for families with young children and children of all abilities. 10:30am. Temple Or Rishon, 7755 Hazel Ave., Orangevale. *For more information, contact Marcia at 916-988-4100 or educator@orrishon.org.*

GENERAL EVENTS

December 1, 2013. PJ Library's Chanukah Mitzvah Project. Bring a new book to donate to

children at St. John's Shelter and join us at the Albert Einstein Residence Center to spend time with the residents, light the fifth Chanukah candle, and enjoy Chanukah art, stories, and songs. 4:00-5:00pm. The Albert Einstein Residence Center, 1935 Wright St., Sacramento. *For more information, contact pjlibrary@jewishshsac.org or 916-486-0906.*

December 3, 2013. Rosh Chodesh: The Women of the Talmud. Each month Rabbi Alfi joins the Women of B'nai Israel for lively discussion, prayer, and a potluck vegetarian meal. Any woman over the age of 13 is invited. No reservations necessary. Free. 6:15-8:30pm. Congregation B'nai Israel, 3600 Riverside Blvd., Sacramento. *For more information, contact Deni Marshall at denimarshall@gmail.com.*

December 6, 2013. Tzedek Shabbat: Tzedakah. Jews have always been at the forefront of social change. Daniel Kaufman will teach us how our approach to tzedakah is changing in the 21st century. Free. 7:30pm. Congregation B'nai Israel, 3600 Riverside Blvd., Sacramento. *For more information, contact Marissa Hubbs at 916-446-4861 or marissa@bnais.com.*

December 7, 2013. American Jerusalem: Jews and the Making of San Francisco. This documentary is the story of the pioneering Jews of San Francisco. Escaping persecution in Europe, these Jews played a central role in transforming San Francisco from a sleepy village to a thriving metropolis. In the process, they reinvented themselves, becoming a distinctly new kind of Jew. Free child care is provided to B'nai Israel members. Free. 7:00-9:00pm. Congregation B'nai Israel, 3600 Riverside Blvd., Sacramento. *For information, contact Marissa Hubbs at 916-446-4861 or marissa@bnais.com.*

December 7, 2013. Interfaith Family Discussion Group. This series is intended to shed light on the interfaith family experience, especially when different religious practices and expectations seem to collide. Rabbi Alfi stresses the importance of honoring the beliefs and traditions of each household member and, often, their extended families. Free. 10:30am-Noon. Congregation B'nai Israel, 3600 Riverside Blvd., Sacramento. *For more information, contact Marissa Hubbs at 916-446-4861 or marissa@bnais.com.*

December 10, 2014. First session of Religious Ethics in the 21st Century. Rabbi Alfi tackles some of the toughest issues of Jewish ethics as applied to modern life. We discuss politics, economics, Israel, Jewish communal relations, and many other issues. Bring a brown bag lunch. Free. Noon-1:00pm. Law Offices of Greenberg Traurig. 1201 K St., 11th Floor, Sacramento. *For information, contact Marissa Hubbs at 916-446-4861 or marissa@bnais.com.*

December 11, 2013. Leisure League Senior Program at Temple Or Rishon. It's time to dust off your cowboy boots and join us for an afternoon of Country Western line dancing! Learn how to dance while having a fun time with your Leisure League friends. Feel free to watch and enjoy the music or join in the dancing. \$5 includes lunch and entertainment. Leisure League is funded by The Jewish Federation of the Sacramento Region and

The Trust Fund for the Jewish Elderly. Noon-2:00pm. Temple Or Rishon, 7755 Hazel Ave., Orangevale. For more information or to RSVP, contact federation@jewishsac.org or 916-486-0906.

December 12, 2013. Federation's Committee on Inclusion and Disabilities Meeting. 7:00pm. Federation office, 2014 Capitol Ave., Sacramento. For more information, contact inclusion@jewishsac.org.

December 12, 2013. Conversations with B'nai Israel's Authors: *Proud Americans: Growing Up as Children of Immigrants*, by Judie Panneton. As the daughter of Holocaust survivors, Judie Panneton has a keen understanding of the immigrant's journey. This book includes a collection of inspirational stories about the children of immigrants, some famous, others unknown. Judie is an award-winning journalist with experience as a print, TV, and radio reporter. Free. 7:00-8:30 pm. Congregation B'nai Israel, 3600 Riverside Blvd., Sacramento. For more information, contact Marissa Hubbs at 916-446-4861 or marissa@bnais.com.

December 13, 2013. PJ Library Playgroup. Are you looking for a comfortable way for you and your child to learn more about Judaism, or just a fun way to spend Friday mornings? Join us for a fun-filled morning of stories, songs, art, play, and snack. Free. 10:00-11:30am. Jewish Federation, 2014 Capitol Ave., Sacramento. For more information, contact pjlibrary@jewishsac.org or 916-486-0906.

December 26, 2013. Leisure League Senior Program at the Albert Einstein Residence Center. Entertainment with Mark Lipson. The quartet has an impressive repertoire including romantic, nostalgic, novelty, ballads and up-tempo music. Members are Ozzie Palos (tenor), Kent Borrowdale (lead), Stan Trumbull (bass), and Ken Potter (baritone). This quartet represents over 150 years of experience. \$5 includes lunch and entertainment. Leisure League is funded by The Jewish Federation of the Sacramento Region and The Trust Fund for the Jewish Elderly. Noon-2:00pm. 1935 Wright St., Sacramento. For more information or to RSVP, contact federation@jewishsac.org or 916-486-0906.

December 29, 2013. Ewaste Collection at Congregation B'nai Israel. Collecting computers, TV's, monitors, DVD's, VCR's, cell phones, and more to help keep our environment clean. Free. 10:00am-3:00pm. Congregation B'nai Israel parking lot, 3600 Riverside Blvd., Sacramento. For more information, visit www.bnais.com or contact Todd Mendell at ptmen@alum.rpi.edu or Chuck Rosenberg at chuckrosehill@gmail.com.

December 31, 2013. Noon Year's Eve Family Festival. Join PJ Library at Crocker Museum to learn about New Year's festivities from around the world through music, dance, and activities from local cultural groups. Stop by the PJ Library table as we share information about Rosh Hashanah. Free. 10:00am-2:00pm. Crocker Art Museum, 216 O St., Sacramento. For more information, contact pjlibrary@jewishsac.org or 916-486-0906.

The Jewish Federation of the Sacramento Region wishes the following 2013 B'nai Mitzvah and their families a hearty mazel tov!*

Timmy Allender
Miranda Asch
Lily Bearson
Eli Behar
Abby Berkowitz
Harrison Bernales
Alyssa Bertelsen
Benny Beville
Noah Blank
Gabriel Carillo
Jack Cartwright
Rachel Chancellor
Andrew Chinich
Spencer Cohen
Molly Crane
Alana Curtis
Hannah Lynn Davis
Chana Ellenberger
Rachel Ellenberger
Leah Ezekial
Yotam Farago
Max Glenn
Jason Goldman
Lily Goldstene
Edina Goore
Brendan Guttman
Madeline Halseth
Jack Handen
Jake Harouni
Akiva Axelrad Hausman
Uriel Herszage
Elijah Howe
Katherine Huggins
Hanna Hunley
Andrew Jeffrey
Talya Kalman
Holden Kass
Madison Koumelis
Alexandra Kramer
Talya Kurzrock
Lidoor Levy
Liroon Levy
Ben London
Sarah Mantell
Ava McCray
Jacob Mendoza
Jenna Mirtle
Taylor Mulkey

Max Muller
Jacob Nalangan
Alice Newman
Joshua Nielson
Tamir Offen
Elijah Ott
Hallie Perlman
Noah Pettinato
Sam Pettinato
Danielle Porter
Maya Racket
Elliot Raskin
Isaac Roachford-Gould
Hana Rosenblatt
Tazio Rosenberg
Lily Rose Rothbardt
Daniel Salman
Jonathan Salman
Aaron Schroeder
Benjamin Schwartz
Jacob Schwartz
Sam Schwartz
Rebeka Shapiro
Josie Share
Sadie Share
Liran Sierra
Lauren Silva
Amy Sommercamp
Emma Sperber
Rhiannon Stewart
Jacob Sullivan
Rachel Trauner
Grace Wallach
Eliza Wechsler-Azen
Lauren Weinberg
Elijah Whiteman-Owens
Mia Whitfield
Jonah Wiener-Brodkey
Leeza Wong
Ido Zafrir
Joseph Zales
Mickey Zeff
Natalie Zimmerman
Natasha Zimmerman
Evan Zorman

*Information collected from synagogues in Federation's 13-county region.



The Jewish Federation
OF THE SACRAMENTO REGION

Yom HaShoah Book of Remembrance— Remember Our History, Honor Our Loved Ones

Plans are underway for the 2014 Sacramento Yom HaShoah remembrance. One way we remember and honor those who experienced the Holocaust directly is through the “Book of Remembrance.” The Book was first compiled and distributed as part of the 2003 Yom HaShoah program and is updated annually. The Book includes a listing of family, loved ones, and friends of Sacramento-area residents who perished in the Holocaust. It also includes names of survivors who are now deceased. Although the Book already commemorates many people remembered in past years, there are more that Sacramento could be commemorating.

Honor your loved ones by submitting their names on the form below. If you would like to expand or change a listing from the earlier Books, also please use the form below.

The names will be printed, along with the Kaddish, poems, readings, and other expressions of remembrance in the program booklet for the communitywide commemoration hosted by Congregation Bet Haverim and held April 27, 2014, at 7:00pm at Mosaic Law Congregation, 2300 Sierra Blvd., Sacramento.

Please e-mail the information using the format below to ssugerma@comcast.net or print all information clearly (use additional forms as needed) and mail by March 21, 2014 to:

The Jewish Federation of the Sacramento Region (beginning January 1, 2014):
Attention: Yom HaShoah
2130 21st St.
Sacramento, CA 95818

Include your contact information for questions and future updates.

Remembered by (your name) _____

Address: _____ Home Telephone: _____

Work Telephone: _____ Email: _____

In memory of those who did not survive

Person(s) to remember (List name if you know it— otherwise list only relationship)	Relationship to you (if known)

In memory of those who survived and are now deceased

Person(s) to remember	Relationship to you (if known)

*The Communitywide Yom HaShoah Commemoration is sponsored by the Jewish Community Relations Council of the Jewish Federation.
For more information, contact Simone Monnier Clay at simone.monnier.clay@gmail.com.*



Is it Time to Move On? ***Holocaust Education in the 21st Century***

Dr. Simone Schweber

Expert on teaching and learning about the Holocaust
Author of many books and articles
Honored around the world for her work and lectures

A COMMUNITY EVENT

Saturday, January 4th

6:30-8:30 pm

Congregation Beth Shalom
4746 El Camino Ave.

Free of Charge

For details, e-mail Liz@cvhen.com



David Lubin Lodge #37

Open discussion

**December 19, 2013. 7:00pm,
Albert Einstein Residence Center.
1935 Wright St., Sacramento**

**For membership information
contact Bernie Marks, 916.363-0122**

This ad is sponsored by
The Jewish Federation of the Sacramento Region

CONGREGATION B'NAI ISRAEL

**Since When Did Jewish Cooking Become
Bad for Our Health? The Myths and
Realities of Jewish Cooking**



Elaine Corn

Award-winning food
columnist and radio
personality.

Saturday, January 11, 6 pm at CBI

Lecture is free, but there will be a fee for the
amazing, judged, brisket cook-off, beer tasting
and dinner that follows. For information and
reservations for the dinner, contact Marissa at
446-4861 or marissa@bnais.com.

Shabbat on Snow
@ Heavenly Mountain



Join Temple Bat Yam &
Adventure Rabbi for a Great
Day of Skiing and Celebrating
Shabbat

10am @ Tamarack Lodge
12:30pm Shabbat Service
(<30min) outside Tamarack
Lodge

Dec. 21, 2013
Feb. 15, 2014
& Mar. 15, 2014

www.adventurerabbi.org

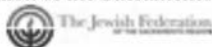
www.tbytahoe.org

info@tbytahoe.org

530.542.1211

3260 Pioneer Trail
South Lake Tahoe, CA 96150

This Ad is Sponsored by the Jewish
Federation of the Sacramento Region



Shabbat on Snow is a Free Event



We present the sixth in a series of forums on
elder abuse and related topics.

CHALLENGES IN ELDER HEALTH CARE: Managing Multiple Medications

**Speaker: Calvin Hirsch, MD, Professor in the
Division of General Medicine (Geriatrics) at
UC Davis Medical Center**

Sunday, January 19, 2014
2:30 pm to 4:30 pm

Congregation B'nai Israel
3600 Riverside Boulevard
Sacramento, CA 95818

No charge, but please reserve your place:
RSVP to NCJW_ElderAbuse@comcast.net or
(916) 204-8777 with your name, telephone,
email, and the number of people in your party.

www.ncjwsac.org infoncjwsac@gmail.com

WHY IS THE MIDDLE EAST SO DIFFICULT FOR WESTERNERS TO UNDERSTAND?

DR. MORDECHAI KEDAR
Israeli Scholar of Islamic Studies



Mosaic Law Congregation
January 16, 2014
7:30 pm
2300 Sierra Blvd.
Sacramento
(916) 488-1122

Event is free and open to the public
[www.jewishpress.com/indepth/
analysis/dr-mordechai-kedar/](http://www.jewishpress.com/indepth/analysis/dr-mordechai-kedar/)

Plant a Tree in the Sister City Friendship Garden!



On August 14, 2012, the Sacramento City Council unanimously **voted YES on Ashkelon, Israel** becoming the Capital City's 10th Sister City. Join Federation's Sister City partners and plant a tree in honor of Ashkelon and Tu B'Shvat!

January 12, 2014

10:00-11:30am

**South Natomas Community Center Complex
2912 Truxel Rd., Natomas**

For more information, contact Melissa Chapman at mchapman@jewishsac.org or 916-486-0906 ext. 301.



**Federation's Committee on Inclusion and Disabilities
invites you to an evening of Havdallah &
Roller Skating designed for children with
special needs and their families!**



February 8, 2014 ★ 7:30-9:30pm

King's Skate Country: 10408 Franklin Blvd., Elk Grove

This event is free of charge, open to all ages and abilities (including wheelchairs), and sensory-friendly. Dairy snack bar open and dairy snacks from home welcome.

All children must be supervised by a parent. For more information or to RSVP, contact: inclusion@jewishsac.org or 916-486-0906, ext 304.



Jewish Family Service

A program of the Jewish Federation of the Sacramento Region

THIS YEAR, THE STARS HAVE ALIGNED

Chanukah and Thanksgiving fall on the same day for the first and only time (well at least for the next 75,000 years)!

To celebrate this unique occasion, **we wanted to thank you** for your past support of the Jewish Federation's work—and encourage you to renew your support—in a way that expresses what both holidays have in common.

Chanukah and Thanksgiving are about **showing our gratitude by giving back**. This year, Federation gave back to our community by reinstating Jewish Family Service.

We need your help to keep it going and ensure that every member of our community has enough to eat, a listening ear, and the knowledge that we care.

Please Take This Moment to Make a Difference | It Won't Happen Again for 75,000 Years!

Every gift counts. It only takes a minute to fill out the pledge card below and drop it in the mail or give us a call.

Thank you for your generous support.



The Jewish Federation
OF THE SACRAMENTO REGION

I hereby pledge \$_____ to the **2014 JEWISH FEDERATION ANNUAL CAMPAIGN**.

Signature _____

Name(s) of Contributor(s) _____

Mailing Address _____

Phone _____ Fax _____ E-mail _____

Congregation Affiliation _____ Profession _____

MAKE CHECKS PAYABLE TO JEWISH FEDERATION OR PAY BY CREDIT CARD.

Card# _____ Expiration Date _____

Name on credit card _____ Billing Zip _____

2130 21ST ST., SACRAMENTO, CA 95818 • PHONE: 916-486-0906 • WWW.JEWISHSAC.ORG

The Jewish Federation of the Sacramento Region's

Big Event!

February 1, 2014

California Automobile Museum

2200 Front St., Sacramento

7:00-10:00pm

Cruise on by for an evening
with food, friends, and
fabulous automobiles.

A minimum gift of \$500 to the 2014 Annual Campaign is required to attend.



The Jewish Federation
OF THE SACRAMENTO REGION

**www.jewishsac.org/bigevent
916-486-0906**



DID YOU KNOW YOU CAN DONATE A CAR?

It's an easy way to make a difference.
Just call or email us for simple instructions.

916-486-0906

federation@jewishsac.org



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NOMINATE AN OUTSTANDING TEEN \$36,000 VOLUNTEER LEADERSHIP AWARDS



The 2014 Diller Teen *Tikkun Olam* Awards will recognize up to five Jewish teens throughout California and five from across the United States for exceptional community service and leadership in helping to repair the world.



Nomination Forms & Information:

www.dillerteenawards.org
dillerteenawards.sjfcf.org

Nominations Deadline:

January 5, 2014



The Diller Teen Tikkun Olam Awards are generously funded by the

Helen
DILLER
FAMILY FOUNDATION

a supporting foundation of the
Jewish Community Federation and Endowment Fund