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**Special Supplement:** 16th Annual Sacramento Jewish Film Festival!

Honoring Jewish Disability Awareness Month

Sac's Newest Sister City
Receives Donated Ambulance

Meet NCJW Inc.'s Outstanding Advocate for Social Change!



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A publication of The Jewish Federation of the Sacramento Region



## **INSIDE THIS ISSUE...**



'Thank You' Results in the Gift on an Ambulance for Sacramento's Newest Sister City

NCJW Sac Section Member Honored as Outstanding Advocate for Social Change page 9

Demographics, Legality, and Peace Implications for the "West Bank" page 11

Staff Picks page 17

Road Trip! Stockton page 18

Israel Beyond the News page 19

Torah Words page 20

Advice: Communication is a Two-Way Street page 23



Jewish Disability Awareness Month Celebrates the Human Spirit



Women of Reform Judaism Centennial Celebrated Locally and Throughout the Country



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## the VOICE your source for local and global Jewish news Fiscal Responsibility Means Asking the

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The Jewish Federation of the Sacramento Region

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## **Right Questions**

Budgets. They keep you on track and they keep you up at night. Taking responsibility for the community's budget ... well, you can imagine the sleepless nights.

Although I never much enjoyed math, I have this strange ability to work with numbers. I enjoy the challenge of finding creative strategies to reduce expenses while increasing output. In my previous position, I was tasked with cutting \$1 million from our campaign budget as the economy began to tailspin. We were able to effectively do so by investing resources and energy smartly, streamlining efforts, creating partnerships, and engaging volunteers.

In May of 2011, I was presented with a budget that reflected the harsh realities of a stressed economy. We saw an opportunity to use some of the tools gained from previous experience and offered a 2-year plan to get us back on track.

As mentioned in recent months, we have cut every unnecessary expense- even some necessary ones. We reduced our staff in half and eliminated more than \$300,000 in expenses. And still, we are challenged.

Fiscal responsibility is primary for us. We examine every choice carefully and make decisions based on facts and process. Up to this point, we kept asking, "What else can we cut?" We have cut everything we can. So our question needs to change. We need to start asking, "How do we increase our revenue?"

That's where you come in. We have a goal of just over \$600.000 for the 2013 Annual Campaign. The 2012 Annual Campaign raised just under \$500,000. While math might not be your thing either, this formula is simple. We need to raise significantly more dollars just to maintain the basic level of services we've worked so hard to provide.

The new Jewish Service Network is generously funded for only one year. In just four short

months, we are seeing the impact it is having on people's lives- those who are isolated, those who are in need of food, and those who are in harm's way. But it is a delicate seedling that needs a great deal of nurturing and attention. It needs an investment of time and dollars.

While we need not panic, there is a sense of urgency. If we don't find a way to raise the necessary dollars, something will have to go. Do we want to say goodbye to PJ Library? Do we want to say goodbye to our Jewish Community Relations Council? Do we want our only community newspaper to fold or for the only communitywide celebration of Israel's Independence Day to be disbanded? Do we want our seniors to be without centralized programs? Do we want to see another Social Service program close its doors?

I imagine if you are reading this, your answer to all of the above is "No!" So I ask you to stand behind us. Show us that what we offer matters. Let us know that you, too, care about a strong Jewish Community that has a central address to meet our most critical needs. The 2013 Campaign currently sits just under \$200,000. We have 6 months of opportunity before us.



Melissa Chapman is the Executive Director of the Jewish Federation.

## JUST Jewish

Many years ago, a former colleague convinced me to do what I swore I never would— it wasn't skydiving, it wasn't singing karaoke, and it wasn't returning to live in the south. It was something much more ominous, something I might live to regret for the rest of my life. She convinced me to visit JDate.

To say I was reluctant is an understatement. I spend my days in front of a computer, I told her, why would I want to spend my nights there too? And, since I have always felt I was born in the wrong decade— my mother (z"I) and I seemed to be switched at birth— online dating seemed dangerous to me and not in a good way.

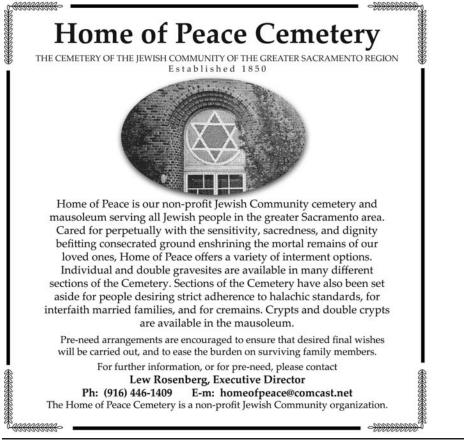
My friend was persistent so I took the plunge despite great trepidation. I agreed that I would complete the application and then decide whether to hit "Submit." She sat alongside me and like all good coaches, mopped my sweating brow while I began the excruciating task of powering through a 20-page application, trying to convince complete strangers that I was worthy of their time and attention. I soldiered through even though I knew some of the folks on the site and began talking to the computer, saying, "Um, no you're not!" or "That's not true!" in response to much of what their profile said. I, of course, was completely honest, a tactic that I thought, for sure, would scare anyone away.

Then the moment of truth came. I already knew I was never planning to hit "Submit" when, all of a sudden, in what became an out-of-body experience played out in slow motion, my finger mistakenly hit the button. My friend jumped clear out of her seat when I screamed at the top of my lungs, "Abort! Abort!" To my great relief, my life did not become available for the world to see. I could remain blissfully anonymous.

After the nightmare ended, I took a look at my application. "I don't look so great on paper," I thought. I keep kosher, I attend Shabbat services weekly, I volunteer at my synagogue— what many people have termed "so Jewish." Really? I always thought of myself as "just Jewish," ironically, a term that has come to signify unaffiliated or younger Jews. Am I really "more" Jewish than another Jew? Absolutely not. I just express my Judaism in a way that feeds my soul and provides me with a sense of community, and I do my best to respect others who express theirs in their own way— whether through religious practice, love of Israel, lifecycle events, holidays, social justice, etc. That's what I like about working at Federation— we don't ask for ID cards when you walk through the door. We are here to meet you where you are since, when it's all said and done, we are all "just Jewish."



*Elissa Provance is the Director of Communications and Managing Editor of the VOICE for the Jewish Federation.* 





### 'Thank You' Results in the Gift of an Ambulance for Sacramento's Newest Sister City



When Sacramento City Council members wrote a note to Los Angeles resident Dina Leeds acknowledging her thoughts on their upcoming Sister City vote, they had no idea they were setting in motion a project that would lead to the dedication of an ambulance for Ashkelon, Israel, Sacramento's newest Sister City. The purchase was made by Leeds' son, Robert, for American Friends of Magen David Adom (Israel's Red Cross), with money raised at his Bar Mitzvah.

"While we love Israel and Robert took on this project, we chose Ashkelon as a tribute to this remarkable City Council," Dina Leeds said at a ribbon cutting ceremony organized by American Friends of Magen David Adom (AFMDA), the Jewish State's first responder that provides rapid and skilled emergency response personnel, StandWithUs, a non-profit Israel advocacy organization, and the Jewish Federation in front of City Hall on January 8, 2013. "You answered my letter. That's what this is about— a City Council that understands what it means to be public servants."

an ambulance donated to Magen David Adom by 13-year-old

Surrounded by his family; City Council Members Steve Cohn, Jay Schenirer, and Allen Warren; Deputy Consul General of Israel for the Pacific Northwest Gideon Lustig; Chief Executive Office of American Friends of Magen David Adom Arnold Gerson; and the Jewish Federation's Sister City Project Chair Barry Broad, 13-year-old Robert Leeds said, "People have asked me why I chose this project and I answered that at age 13, a Jewish boy becomes a man, but it's not about the party; it's about becoming a man and how a man takes responsibility by standing up for my brothers and sisters in Israel."

Acknowledging gifts from Jewish, Christian, and Muslim friends that made the ambulance purchase possible, Robert followed his mother's sentiments in honoring Sacramento's City Council.

"I am privileged to live in this country," he said. "I honor its people. I am its people. I didn't choose Sacramento. You chose me."



bert.

Councilmember Cohn explained, "In Hebrew, we say *tikkun olam*, repair the world. This is a great example of that. Robert heard about (the City Council vote for Ashkelon) and wanted to make an important contribution. His Bar Mitzvah was not just for receiving gifts, but for giving gifts."

The ambulance, which was on view during the press conference, will leave Sacramento and head for the port city of Ashkelon, which became Sacramento's 10th Sister City by a unanimous vote in August 2012. The City Council also presented Robert with a resolution acknowledging his gift.

Deputy Consul Lustig, an Ashkelon native, who presented Robert with a letter from Ashkelon Mayor Benny Vaknin, said, "I represent a city that I grew up in— a beautiful, vibrant city with a young population and top notch technology; the largest, most sophisticated desalinization plant, agriculture, and greenhouse technology; and the most beautiful white sand and blue Mediterranean beaches. On behalf of the State of Israel and the City of Ashkelon, thank you for your generosity and for being an outstanding young person."

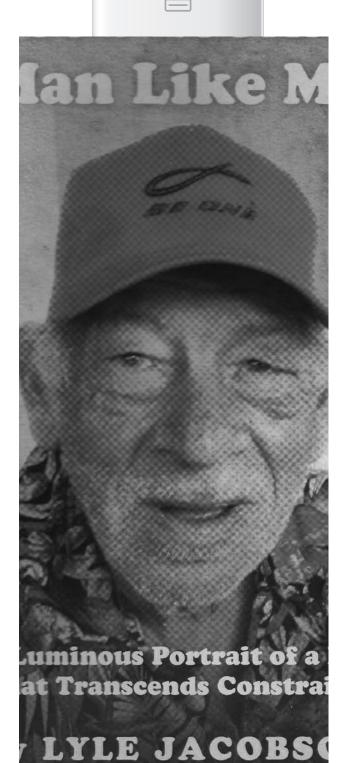
Added AFMDA's Gerson, "As we celebrate the new Sister City partnership and your beautiful city, we celebrate heroes like Robert Leeds. Most 13-year-olds tend to look inward and assess how becoming an adult will impact their lives. Robert looked outwardly and he reminds us of putting others first. He is brave and selfless. That's what heroes are made of."

The Sister City Initiative, led by Broad, and its resulting vote, was seen as a victory against local anti-Israel antagonists. The Jewish Federation continues to advocate for partnership projects between Sacramento and Ashkelon, to meet the mission of Sister Cities Council of Sacramento, which is to "Promote peace through mutual respect, understanding and cooperation."

"This is a fantastic way to begin our Sister City relationship," Broad said. "This is what we envisioned— a positive, affirmative relationship that would be inspirational and create person-toperson understanding."

For more information about the Sister City initiative, visit www.jewishsac.org (click on Israel).

#### Jewish Disability Awareness Month Celebrates the Human Spirit



Wendell "Wendy" Jacobson likes Starbucks, cars, and a beer with a cigarette at the end of the day. As a child, he learned to ride a bike, do his chores, and depend on his brothers Ralph and Lyle. Wendy, now 72 years old, also has cerebral palsy, osteomyelitis (a bone disease), and epilepsy.

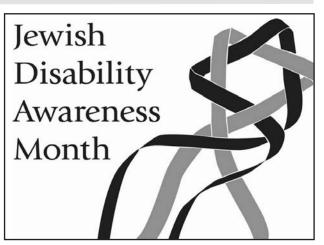
"My mother had her hands full," noted Lyle Jacobson, author of *Good Lookin' Man Like Me: A Luminous Portrait of a Life that Transcends Constraints*, the story of growing up with Wendy, and the featured speaker at a program honoring Jewish Disability Awareness Month (JDAM) on February 6, 2013.

Raised in a small Kansas town of 1,500 people during the 1940s, an era when no one had an awareness of cerebral palsy, Jacobson said his parents were devastated and uncertain when they found out about Wendy's disability, especially after the doctor recommended putting their first-born son in an institution.

"I don't know what enabled them to overcome that advice," he said, noting his parent's decision to keep his oldest brother at home. "Growing up, my parents framed the family in such a way that we never saw Wendy as unusual. He was just part of the family. We worked to treat him with dignity."

Federation's Committee on Inclusion and Disabilities, Co-Chaired by Deborah Gonzalez and Peggy Blincoe, has organized various JDAM programming since 2011. Gonzalez, a speech therapist, said she was especially interested in Jacobson's stories for two reasons.

"First, this was a world before special education," she explained. "Wendy had a family that had high expectations. They figured out how to modify his bicycle and for him to be part of the family. Also, the book shows how Wendy views the world how he keeps track of time with his calendar and of people by the car they drive. There's a lot about the human spirit and a person first, disability second message. For the community to see that it's not such a scary world and that you can get to know a person like Wendy sends a wonderful message. It gives everybody an understanding of how important it is to include



individuals with special needs and their families."

The Jacobsons moved to California by way of Kansas, Louisiana, and Utah in 1954 because the state was fast becoming known for its progressive services for individuals with special needs. Wendy attended a day program while his brothers went to Encina High School. He currently lives independently thanks to a program managed by Alta California Regional Center and travels via Paratransit to Easter Seals, where he participates in arts and crafts, watches movies, and sings in talent shows— he recently performed *Lean On Me*, Jacobson said.

The idea for the book came after the passing of Jacobson's mother four years ago. He realized how many insightful and humorous stories there were and he began writing them down. Perhaps most importantly, Jacobson thought Wendy's life was instructive and could teach people about their own lives.

"I didn't have visions of a bestseller but I thought if I documented our life, it may have meaning for those who have known Wendy and for those who aren't aware of the value of people like him."

Meet the Jacobson brothers and learn more about their story on February 6, 2013 at 7:00pm at the JDAM program sponsored by the Jewish Federation and hosted at KOH Library and Cultural Center, 2300 Sierra Blvd., Sacramento. Books will be available for purchasing and signing. Kosher refreshments served. JDAM programming also includes Shabbat Across America on March 1, 2013 where the community is encouraged to invite an individual with a disability and their family to their home for Shabbat. For more information, contact inclusion@jewishsac.org.

Wendell "Wendy" Jacobson

- 1. Use People First Language in publications, mission statements, meetings, events, and in regular conversations. People first language recognizes that individuals with disabilities are first and foremost people. It emphasizes each person's value, individuality, dignity, and capabilities.
- 2. Make sure facilities are welcoming to people with disabilities. Take a tour of facilities in your community and survey the facility for physical issues that can be changed to make buildings more accessible.
- 3. Convene partners to look at ways to make your community more accessible and inclusive. Gather interested volunteers and professionals to participate. This group can help to highlight the needs, strengths, opportunities, and challenges of people with disabilities in your community.
- 4. Make meetings as accessible as possible and place a universal access sign on all meeting announcements. For example, a universal access sign can tell someone if a meeting place is physically accessible, if there will be TTY for those with hearing difficulties, and if an interpreter can be supplied upon request.
- 5. Involve your community! Send out a newsletter, mini-magazine, or email message to the Jewish community about Jewish Disability Awareness Month. Plan programs and promote them to members of your community through this vehicle.
- 6. Work in cooperation with other Jewish organizations to plan an

inclusion Shabbat. This special Shabbat provides the opportunity to examine issues of concern to the disability community in congregations or organizations and create a roadmap for further initiatives. Inclusion also means creating and implementing services for all people.

- 7. Consider the establishment of special community funds, such as an adaptive technology fund, community interpreter fund, special education fund, special equipment fund, transportation fund, a fund that ensures a sign language interpreter is available at an event, or a fund to purchase books in Braille for the blind.
- 8. Educate your community's professionals and lay leadership on the "do's and don'ts" of working with people with disabilities.
- 9. Invite an elected official to your programs and/or facilities that serve people with disabilities and explore key issues on the local and state levels. Educate your community about the significance of issues of concern to people with disabilities and their families.
- 10. Launch a Jewish service-learning project involving children with disabilities and their peers. Incorporating Jewish ideals into service projects strengthens communities and provides volunteers with an opportunity to explore and strengthen their Jewish identities.

Adapted from the Jewish Disability Awareness Month Resource Guide, Jewish Federations of North America, 2012.

### Accessible Computer Allows All to Learn

Thanks to the generosity of Tamara and Baryohay Davidoff, individuals with disabilities will have access to a specially designed computer, affording them the opportunity to view information related to community services and inclusion as well as to explore The Israel Museum's Dead Sea Scroll Exhibit.

Named after their 6-year-old grandson who has special needs, The Michael Boussina Inclusion Project will provide a dedicated computer at the KOH Library and Cultural  Center with specially designed software, for example, voice recognition, allowing users to learn about cultural events and museum exhibits worldwide.

The family also plans to convene an annual workshop for both the Jewish and general community that highlights programs for individuals with special needs as well as support groups.

"I want to be an agent of help," said Baryohay Davidoff, explaining that Michael is non-verbal due to a rare genetic condition.

"Without the type of support my daughter received, it would have been enormously difficult for her."

The opening of The Michael Boussina Inclusion Project begins with havdalah at 7:00pm on February 2, 2013 at KOH Library and Cultural Center, 2300 Sierra Blvd., Sacramento. For more information, contact Taliah Berger at 916-541-3720 or taliah@ kohlcc.org.

## You're Invited to Hillel at Davis & Sacramento's Annual Fundraiser - "L'Chaim to Hillel!"



Sunday, March 3, 2013 2:00 - 5:00 p.m. 328 A Street, Davis, CA



Live Auction by David Sobon Kosher Wine & Beer Tasting Hors d'oeuvres & Dessert

> Entertaining "Grape vs. Grain Debate" With UCD Robert Mondavi Institute Faculty

For More Information & Reservations administrator@hillelhouse.org **\$** 530-756-3708

#### NCJW Sac Section Member Honored as **Outstanding Advocate for Social Change**



By the time Claire Lipschultz was 7 years old, she had already developed a passion for human rights.

"I grew up in the city of Chicago in a comfortable but lower middle class neighborhood," she shared. "I had the wonderful freedom of traveling all over the city via public transportation- taking the bus to the subway to the bus to get to places."

It was during those rides that Lipschultz gazed out the window and saw people living a very different life from the one she knew.

"I felt deeply that I should do something to make life fair," she said.

As the recipient of the Outstanding Advocate for Social Change Award from the National Council of Jewish Women Inc. (NCJW) for her work on human trafficking both locally and statewide, Lipschultz has met her goal and then some.

Coming of age on the cusp of the social change movement, when the cultural landscape was defined by the struggles for women's and civil rights, Lipschultz attended the University of Illinois, Champaign, and was moved to activism, for example, starting the campus NOW (National Organization for Women) Chapter. She continued her education at New York University School of Law with the sole purpose of pursuing social policy. Among other issues, she has effected change in the health care arena, reproductive rights, and, now, human trafficking as Co-Chair with Theodora Wilner, of the NCJW Sacramento Section's Stop Human Trafficking Project.

The award, to be presented at NCJW's Washington Institute in March, honors an individual NCJW member who has been instrumental in moving her section

forward toward accomplishing NCJW's mission in an identifiable and pioneering way.

"Claire has used her gifts of advocacy and passion to truly make a difference," noted Jodi Cohan, NCJW Inc. Vice-President.

Building on the foundation that members of NCJW's Sacramento Section created, Lipschultz created a Human Trafficking Initiative that was funded in part by the Jewish Federation and that included education, awareness, and legislation.

Referring to events during the past year that included a forum on human trafficking with presentations by the FBI, local service providers, and other experts; a Passover initiative that encouraged the community to incorporate prayers and practices connecting the Passover story with trafficking victims; and participation in the March Against Slavery as well as other coalitions, Lipschultz said, "Our efforts really did open the eyes of many people to the fact that human trafficking exists in Sacramento and in California. We helped people get away from the narrow stereotypes."

The next step was taking the issue to the state level where Lipschultz spearheaded Senate Bill 1193, carried by Senate President pro Tem Darryl Steinberg and co-sponsored by NCJW. Signed into law in September 2012 and touted in the human trafficking community as the most encompassing, far-reaching legislation of its kind, the law requires eight different categories of businesses, such as adult entertainment, transportation hubs, and massage establishments, to post notices about human trafficking that include national hotlines and resources.

Despite the victory, Lipschultz knows the work isn't done. She said she wants to continue working with service providers who assist human trafficking survivors, address the challenges of coordination between law enforcement and survivors in the Sacramento region, and educate medical personnel about how to identify possible human trafficking victims.

"Nothing I did could have been done without the support and acknowledgement of our Section," she said. "I am blessed in my life to be able to work at my passion. I would like to demonstrate that it's possible to live a full life and one of service."

For more information about NCJW's work to end human trafficking, visit ncjwsac.org.



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#### **Women of Reform Judaism** Centennial Celebrated Locally and Throughout the Country



Lindie Henderson is no stranger to Women of Reform Judaism (WRJ), an affiliate of the Union for Reform Judaism (URJ). She just completed a two-year term as President of the WRJ Pacific District, which serves the west coast, British Columbia, and Canada; she has served on the WRJ Board since 2001; and she is a member of the Campaign Committee and the WRJ Centennial Committee, which includes a year of celebratory activities, including a local Centennial Shabbat Service on March 1, 2013, and culminates in the 49th Assembly and Centennial Celebration Gala in San Diego in December.

"I'm involved mostly because I deeply believe in the work of women in congregational life," Henderson said. "I am a committed, reform, progressive Jew and that's where I've chosen to

#### put my energy. If we want to preserve Judaism in North America and a Jewish future for our children and grandchildren, someone's got to do this work."

Henderson's service work started when she was in her 20s and had a young family, and continued in the mid-1990s when she served as President of Congregation B'nai Israel's (CBI) Sisterhood (now Women of B'nai Israel or WBI), which is one of the founding Sisterhoods of WRJ.

"I believe strongly in women connecting with other women and the need to do so in a safe place," she explained.

The Centennial Shabbat, which includes a Friday evening and Shabbat morning service at CBI and a havdalah service hosted by Temple Or Rishon Saturday evening, will be celebrated across the country. CBI also contributed archival material for a display at the WRJ Fried Leadership Conference in January in Cincinnati, the home of Reform Judaism.

According to its mission statement, WRJ is the "collective voice and presence of women

in congregational life. Stronger together, we support the ideals and enhance the quality of Jewish living to ensure the future of progressive Judaism in North America, Israel, and around the world." The organization represents more than

#### Mortgage Rates as of 12/15/2012\* :

\*Conforming Loan Amount <\$417,000 \*Purchase & Refinance of Single family primary residence \*0% origination charge\* Rates Subject to change daily:

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	30 Yr Jumbo	3.50%	3.65%
	15-Year Fixed(Conf)	2.75%	2.81%
6	15 Yr Jumbo	3.00%	3.10%
	Linda Wang Zweig	Call: 916-414-	8300
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		az@agreatfinancial.	
	Apply On-line: http://www.a	greatfinancial.vlend	ing.com
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65,000 women in nearly 500 affiliate groups and has promoted women's leadership; advanced women's Jewish identity; enhanced *tikkun olam* through social action, advocacy, and social justice; strengthened congregations and communities; and supported youth and families.

Describing Sisterhoods as "unsung heroes," Henderson said WBI has been a major support for the congregation, for example, donating a total of \$100,000 toward the Capital Campaign and mortgage reduction effort as well as additional funds for maintaining and refurbishing; contributing to the kitchen remodeling, the religious school, and youth groups; and providing education and training.

"My personal journey has been amazing," Henderson said. "What's been afforded to me by the generosity of WBI has absolutely changed my life."

For more information about the March 1st WRJ Centennial Shabbat, contact Henderson at Ilhenderson1@gmail.com.

### BE A PART OF Congregation Beth Shalom's TORAH DEDICATION

Congregation Beth Shalom Invites you to Attend the Completion and Dedication Ceremony of our Torah Scroll Watch the scribe complete the Torah Scroll and then join us as we march the Torah to its new home in the Beth Shalom Ark. Cake and punch will be served in honor of the Torah Dedication and **Carry Cohn's 91st birthday.** 

**D**ATE AND **T**IME February 10, 2013 | 4:30 pm to 6:30 pm

CONGREGATION BETH SHALOM 4746 El Camino Ave, Carmichael

Torah dedications/sponsorships are still available. For more information, please call 916-485-4478, email office@cbshalom.org or visit www.cbshalom.org

SUNDAY, FEBRUARY 10, 2013 THIS AD IS SPONSORED BY THE JEWISH FEDERATION OF THE SACRAMENTO REGION

## **Demographics, Legality, and Peace** Implications for the "West Bank"

by Al Sokolow, Federation Editorial Board Member

What are the circumstances of the Jewish communities in Judea and Samaria, the historic designation of the region now often called the "West Bank" of "Palestine?"

George Rooks outlined the demographics, legality, and peace implications of these communities in a presentation on January 13, 2013 at Congregation Bet Haverim (CBH) in Davis. Rooks, Chairman of the CBH Israel Matters Committee, and his wife, Hila, reside half of the year in Ashdod, Israel, and half in Davis. The Rooks' spent much of the past Fall traveling in Judea and Samaria.

Eschewing the misleading "settlements" label, Rooks noted that many of the communities are well-established and economically and socially sustainable. They represent the continued presence of Jews in the region since hundreds of years before 931 BCE, when the kingdoms of Judea and Northern Israel were created.

These communities contain about 360,000 Jews (excluding Jerusalem) and about 1.7 million Palestinian Arabs in the 2200-square mile region. First established under Israel's Labor governments of the early 1970s, the communities vary in their origins, ideological orientations, and religious composition as Rooks detailed:

- About 15 percent of Jews in Judea and Samaria live in secular communities.
- + 29% reside in ultra-Orthodox communities.
- 24% live in national religious (strongly Zionist) communities.
- + 32% reside in mixed religious-secular communities.

Some residents moved to the region to fulfill the historic Jewish identity with the land; others because of the availability of relatively inexpensive housing. Israel recognizes 122 communities as "authorized," while another 102— including small hilltop communities— are not certified. Most Jews in the region live in concentrated "blocs" in the vicinity of Jerusalem or the "Green Line," and most are located in Area C under Israeli civil and security control, outside of the Areas A and B which contain most of the Palestinian population.

In support of the Jewish identity of Judea and Samaria, Rooks presented these facts:

Jewish population. Almost all Arab towns have biblical Jewish names.

- + At no point in history has Judea and Samaria been under Palestinian Arab sovereignty, as seen in the long period of Turkish Ottoman control and the more recent British mandate.
- Israel "reacquired" Judea and Samaria in a war of self-defense in 1967, not in a war of conquest.

Still, Israel, since 1967, has regarded the region as "disputed territory," with sovereignty yet to be determined.

Rooks pointed out the legitimacy under international law of Israel's control of Judea and Samaria. Most of the Jewish communities occupy land that was never in private ownership and no "forcible transfers" of people were involved, referring to provisions in The Hague Convention and the Fourth Geneva Convention.

"If there is a final peace agreement, there is every expectation that Israel will gain sovereignty over part of the territory," he said.

For more information about Congregation Bet Haverim, visit bethaverim.wordpress.com.



#### + The region is the ancestral home of the



Hannah G. Solomon founded the National Council of Jewish Women (NCJW) in 1893. Since its birth, NCJW has worked to realize progressive goals based on Jewish ideals. From coast to coast and as far away as Israel, NCJW embodies its founder's spirit as the organization for progressive Jewish women seeking social justice and the wellbeing of women, children and families. NCJW provides opportunities for all people to stand up and speak out for social change.

#### NCJW FOUNDER'S DAY LUNCHEON

"120 YEARS OF IMPACT AND MOVING FORWARD"

#### MARCH 10, 2013

#### THE SACRAMENTO COMMUNITY IS INVITED TO JOIN US AS WE KICK OFF THE CELEBRATION OF NCJW'S 120<sup>TH</sup> ANNIVERSARY

In recognition of his efforts in the fight to end modern day slavery and his efforts to advance social justice, President Pro Tem of the California State Senate, Darrell Steinberg, will be given the Hannah G. Solomon award, NCJW's highest honor.



Our speaker will be California's dynamic Insurance Commissioner, Dave Jones, who will honor us with a talk about the Affordable Care Act, what it means for Californians: the impact, the hurdles and the opportunities.

SACRAMENTO MARRIOTT RANCHO CORDOVA 11211 POINT EAST DRIVE (AT SUNRISE AND FOLSOM BOULEVARDS) RANCHO CORDOVA, CA 11:30 A.M. SUNDAY, MARCH 10, 2013

EVENT AND MENU INFORMATION AT <u>WWW.NCJWSAC.ORG</u> QUESTIONS? EMAIL US AT <u>INFONCJWSAC@GMAIL.COM</u>

COVER: \$36 PER PERSON GUESTS WELCOME (NONMEMBERS WHO JOIN NCJW ON FOUNDER'S DAY WILL RECEIVE \$10 DISCOUNT ON DUES)





## THURSDAY MARCH 7, 2013

#### Deaf Jam: 7:30pm

Aneta Brodski is an Israeli-born teenager living in Queens, New York. She is passionate and driven and well-liked by her high school classmates. Unique among her classmates, Aneta longs to fully participate in the hearing world. 7:30pm, 1 hour 20 minutes, American Sign Language and English with English subtitles Director: Judy Lieff

Official Selection Mill Valley Film Festival 2012 Official Selection New York Jewish Film Festival 2012 Official Selection Boston Jewish Film Festival 2012

### Plays with the short film, **The Wine Bar**

On a winter night in New York City, Henry wanders into an upscale wine bar looking for a beer. Obviously out of place, Henry innocently offends both the snooty Bartender and Evelyn, the pretty young woman quietly reading next to him. When Steven, Evelyn's hotheaded boyfriend, comes in looking for a fight, Henry decides to take matters into his own hands. 12 minutes

Director: Christian Remde

## SATURDAY MARCH 9, 2013

#### The Matchmaker: 7:30pm

Arik, a teenage boy growing up in Haifa in 1968, works for Yankele Bride, a matchmaker. Yankele, a mysterious Holocaust survivor, has an office in back of a movie theater that shows only love stories. As Arik begins to learn the mysteries of the human heart through his work with Yankele, he falls in love with Tamara, who has just returned from America. Arik's life collides in unexpected ways as he lives through a summer that changes him forever. 7:30pm, 1 hour 52 minutes, Hebrew with English subtitles Director: Avi Nesher

Panavision Audience Choice Award-Silicon Valley Jewish Film Festival 2011

Best Israeli Film-Israel Film Festival NY 2011

Silver Plaque Award-Chicago International Film Festival 2010 Opening Night Film-Los Angeles Israeli Film Festival 2010 Nominated for 7 Israeli Academy Awards-Including Best Picture

### Plays with the short film, **Flawed**

Andrea Dorfman deftly traces her encounter with a potential romantic partner, questioning her attraction and the uneasy possibility of love. But, ultimately, Flawed is less about whether girl can get along with a boy than whether a girl can accept herself, imperfections and all. 12 minutes, English

Director: Andrea Dorfman



## SUNDAY MARCH 10, 2013

#### Portrait of Wally: 1:00pm

Egon Schiele's tender picture of his mistress, Walburga ("Wally") Neuzil is the pride of the Leopold Museum in Vienna. But for 13 years the painting was locked up in New York, caught in a legal battle. This documentary traces the history of this iconic image. 1:00pm, 1 hour 30 minutes, English

Director: Andrew Shea Official Selection-Tribeca Film Festival 2012 Official Selection DOCAVIV 2012 Official Selection Philadelphia Film Festival 2012

#### Hava Nagila (The Movie): 3:00pm

Featuring interviews with Harry Belafonte, Connie Francis, Glen Campbell, Leonard Nimoy, Regina Spektor and more, Hava Nagila follows the song from the shtetls of Eastern Europe to the kibbutzim of Palestine to the culde-sacs of America. 3:00pm, 1 hour 25 minutes, English Director: Roberta Grossman

Jewish International Film Festival 2012 Sydney, Australia Closing Night Film Boston Jewish Film Festival 2012 Closing Night Film San Francisco Jewish Film Festival 2012 Opening Night Film

#### Plays with the short film, Don't Tell Santa You're Jewish

At her hockey league's Christmas party a 7-year-old girl is encouraged by her mom to pretend she's not Jewish so she can sit on Santa's knee. This coming-of-age comedic tale addresses the anxiety of not fitting in. 3 minutes 23 seconds, English Director/Writer: Jody Kramer



#### **Tickets:**

Single Movie Tickets \$10.50 regular \$9.50 Students, seniors, Friends of the Festival \$8.50 groups of 15 or more

All Festival Pass \$40 regular \$36 Students, seniors, Friends of the Festival

#### Sunday Pass \$20 regular

8 Students, seniors, Friends of the Festival

Tickets available at tickets.com, thecrest.com, or 800-225-2277

#### Parking:

The Crest will validate parking for the public lot on 10th St.between K & L Sts.

#### Nosh:

Dessert & Coffee following the Saturday movies Cookies & Coffee in between the Sunday movies Kosher snacks available at the concession stand

## IGTH ANNUAL SACRAMENTO JEWISH SACRAMENTO JEWISH

"Is oodles a number?" asked Sid Garcia Heberger while thinking about how many films she has screened in the years since the annual Sacramento Jewish Film Festival, now celebrating its 16th year, began at The Crest Theatre.

Heberger, The Crest manager, is the co-founder of the annual Festival with Margi Park-Landau, who said of the upcoming event, "I truly believe because our Festival is smaller, we really present the crème de la crème."

Still, Heberger compared the film screening process to 'kissing a lot of frogs.'

"It's important as a film programmer to understand the distinction between 'this is something I really like and what audiences will like,'" she explained. "When considering films, I'm thinking, 'Am I pulled into the story? Am I thinking about other things?'"

The telltale sign for the film aficionado is, "How long does it bounce around in my brain? How long does it follow me around behind my shoulder?'" Heberger asked, pointing to the spot where a great film resonates. "If I'm talking about it for days and weeks— that's the feeling I'm looking for."

And that's the feeling she and Park-Landau are sure audiences will experience during this year's lineup. A mix of drama, intrigue, humanity, romance, and joy, the films— four features and three shorts— have something for everyone.

For example, about *Deaf Jam*, the opening night film, Heberger said, "This is very beautiful and very exciting. It's not just about a young Israeli woman. It will resonate with the art community, the poetry community, and the music community. It's dynamic, energetic, and takes viewers to a whole new place. There are challenges, there is adversity, abilities and disabilities, and bridge building."

Saturday evening's feature, *The Matchmaker*, portrays the story of a Holocaust survivor in Israel whose job it is to make matches. Describing the main character as "charming and mysterious," Heberger said the film is about the relationship between the survivor, and the mystery that surrounds him and his young apprentice.

*Hava Nagila (The Movie)* is the closing film and one that was shown as a teaser at a prior Sacramento Jewish Film Festival when it began production several years ago.

"I'm excited about the final product," Heberger said. "It's a vibrant film by the director of *Blessed is the Match*. The film is joyous, interesting, and delves into the history of the song and its relevance in popular culture.

One of the short films, *Flawed* is an animated film about a young woman with a big nose who falls in love with a plastic surgeon and wrestles with self-acceptance.

"It shows how to look at people's flaws as an opportunity and not to take people at face value," Park-Landau explained, adding that the Festival's 16th year is a significant one since it represents a coming of age in many cultures and it also ushers in the Federation as the official sponsor.

"The Federation has broadened its announcements of art and cultural events by sponsoring the Festival," noted Park-Landau, "and, by doing so, is elevating arts and culture in our community."

Added Heberger, "The new leadership at the Federation recognized the importance of the Film Festival and they are sponsoring it in a way we hope will bring the Festival to a larger community," with Park-Landau noting to the general community as well so the event transcends the Jewish community.

That's significant because at the end of the day, the goal of the Festival— 1 of 300 Jewish Film Festivals in the world— is simple: to entertain. Heberger said it best.

"We want people to step in and for a moment, just let go and be entertained."



## STAFF PICKS

## In honor of the 16th Annual Sacramento Jewish Film Festival, we wanted to know what everybody's most memorable Jewish film was—

that could mean it's a Jewish-themed film, is produced or directed by a member of the tribe, or that a Jewish actor is in the starring role.

Melissa Chapman, Executive Director

I'm actually waiting for this year's Jewish Film Festival. I know I'm bound to find a new favorite!

#### Sara Allen, Development Director

Dirty Dancing for sure! I still know every song by heart (and a few of the dance moves, embarrassingly). I wish there were still places like Kellerman's— I would vacation there in a heartbeat!

#### Ardyth Sokoler, PJ Library Director

One of my most memorable experiences was viewing *Schindler's List* with a group of friends from my graduate program at the University of Judaism. When we left the theatre, we walked in the darkness and silence of the evening for several blocks. Our discussion lasted late into the night and it was a shared experience that impacted all of us.

#### Elissa Provance, Communications Director

The first time I saw *Fiddler on the Roof* was as a young child at Radio City Music Hall. Theoretically, it was a stage performance and not a movie. Still, since that time, I've seen the movie dozens of times and I sit and mouth the dialogue and sing the songs every time. I know Anatevka is a fictional place but I swear, I think I'm from there.

#### Jessica Birch, JCRC Director

My favorite Jewish movie is *My Big Fat Greek Wedding*, which might as well have been about a Jewish family— Jewish mother, Greek mother, much the same! I also recommend that every family with Bar or Bat Mitzvah-age children see *Keeping Up with the Steins*. It's over the top hilarious and poignant too.

Meg Barker, Program Associate

I love all Woody Allen movies but my favorite is *Midnight in Paris!* 

## ROAD TRIPE



The Jewish Federation of the Sacramento Region serves Sacramento and several outlying counties. We'd like to bring our community closer with Road Trip!, a monthly feature that highlights what makes the areas we serve so special. Our next stop is Stockton, just 90 miles east of San Francisco and one of the country's oldest congregations, plus home to a wine country, family friendly sporting events, and did we mention the world renowned Asparagus Festival?!



#### **Temple Israel**

**1850:** Captain Charles Weber donates a parcel of land on the north bank of the Stockton Channel, near Miner and Hunter Sts. to Ryhim Ahoovim (Beloved Friends), a Jewish Benevolent Society later to become Temple Israel.

**1855:** Congregation Ryhim Ahoovim dedicates its first synagogue in Stockton. The congregation has the distinction of being one of the three oldest congregations in California.

1861: The building moves to Hunter Street, betweenFremont and Lindsey, due to flooding at the old site.1866: First known Constitution and By-laws are published.

**1892:** Temple Israel officially changes from the Polish ritual to that of the Reform movement.

**1905:** A new building is constructed on Hunter St. to house the growing congregation. The original building is maintained for the Religious School.

**1930:** The building constructed in 1905 is moved to Madison St. A new facade is added to the newly moved building. The Jewish Community is built immediately to the north of the synagogue. The building still stands, though it is no longer owned by the congregation.

**1960:** The congregation moves to its present location at March Lane and El Dorado Sts.

#### Meet the Leadership

Rabbi Jason Gwasdoff: Spiritual leader since 1993. Worship services are held on Friday nights and are open to the community. During the school year, special Family Services are held once a month. Laurie Merrill: President, 2012 Board of Directors. Lindy Passer: Cantorial Soloist and Director of the Adult Choir (Kolot), Teen Choir (Shirat Noar), and Junior Choir, and director of the annual Purim Shpiel. Karma Fordis Lindner: Directs the educational programs and serves as the Temple Administrator.

#### **Temple Activities**

**Religious School:** Serves students in grades Pre-K-12 and Hebrew School for students in grades 4-7. Youth in grades 9-12 also participate in a youth group, giving them the opportunity to socialize and deepen their friendships with other Jewish youth.

*Adult Education:* A wide variety of classes, including Introduction to Judaism, Hebrew, Torah Study, Text Study, and Dance are offered.

*Israeli Dancing:* Sundays, Wednesdays, and after Family Shabbat nights.

*Women of Temple Israel:* Dedicated to creating a warm and welcoming environment for all those who walk through our doors.

Upcoming Events February 1, 2013: Shabbat & Cinema February 9, 2013: Women's Shabbaton March 2, 2013: Purim Shpiel & Carnival April 5, 2013: Yom Ha'Shoah Service April 11, 2013: Adult B'nai Mitzvah class begins June 2, 2013: Annual Food Fair

#### What to Do

*Wine & Chocolate Weekend/February 9-10, 2013:* The area's finest wines are paired with decadent chocolate concoctions, making for a deliciously and possibly romantic experience. For more information, contact 209-367-4727 or visit www.lodiwine.com.

Ripon Almond Blossom Festival/February 22-24, 2013: Always the last weekend of February, and the first festival of the season, featuring a carnival, fun run, and well-known community parade. For more information, contact 209-599-7519 or visit www.riponchamber.org. The Brubeck Festival, University of the Pacific/March 18-23, 2013: Jazz music festival celebrating the musical, intellectual, and philosophical ideas of Dave Brubeck. For more information, contact 209-946-3113 or visit www.brubeckfestival.com.

Haggin Museum: An art and history museum, it has been referred to by Sunset magazine as "one of the undersung gems of California." Art collection features works by such noted 19th-century painters as Albert Bierstadt, Rosa Bonheur, and William-Adolphe Bouguereau, as well as many other American and European artists. 1201 N. Pershing Ave.

*Fairs & Festivals:* Lively celebrations centered around crops such as asparagus, cherries, pears, almonds, grapes, wine, and more. Plenty of music, demonstrations, and contests to keep you entertained. *Farmer's Markets:* The place to go for fresh produce and flowers and handcrafted items.

*Lodi Wine Region:* Stockton is surrounded by the Lodi Wine Appellation, which has more than 80 wineries all within a short drive.

#### Where to Eat

*The Breadfruit Tree:* To trigger your curiosity and excite your palate, an extensive and changing repertoire of savory and colorful dishes from the islands of Jamaica, Barbados, Trinidad, Guadeloupe, St. Vincent, and more. 8095 Rio Blanco Rd. *Centrale Kitchen & Bar:* Locally owned American bistro in Stockton's reemerging midtown district, the "Miracle Mile." The menu is a modern take on classic American cuisine focusing on fresh local ingredients.

1825 Pacific Ave., #2.

*Chitiva's Salsa & Sports Bar:* Serves up authentic Mexican food, tasty tropical drinks, and a giant side of fun six nights a week. During the evenings, the fajitas and enchiladas play second fiddle to the DJs and live bands on center stage. 445 W. Weber Ave., #122.

## Israel Beyond the News

Israel Beyond the News follows The Israel Calendar, launched by the American-Israeli Cooperative. Each month, Temple Or Rishon member Eddi Benjamini highlights a different theme about a side of Israel that you won't see in the mainstream press. This month we look at Israel and U.S. Relations.



#### Background

Despite the disparity in geographic and demographic size, the affinity between Israel and the United States is strong. Both countries are democracies and share a host of core values including a similar defining ethos as nations of immigrants.

This close relationship is rooted in the past. The American Founding Fathers expressed their respect and admiration for the Jewish civilization and for their contribution to the ideals that are the basis of the American Constitution. The American support of Zionism also is rooted in the past. Presidents from John Adams and John Quincy Adams to Abraham Lincoln and Woodrow Wilson advocated the reestablishment of Palestine as the Jewish homeland.

The modern inception of political Zionism has been supported by American administrations and Congress. It came into a major expression with Presidents Wilson's, Harding's, and Hoover's support of the Balfour Declaration in which Britain promised Palestine to be a national home for the Jewish People. Also, in 1922 and 1944, the House and Congress unanimously declared support of the Balfour Declaration.

In 1947, the U.S. supported and voted for the UN Resolution of Partition of Palestine for the creation of Jewish and Arab states. On April 14, 1948, the United States immediately recognized the newly established State of Israel. Today, the U.S. and Israel are the closest of friends and allies.

#### **Commercial and Scientific Cooperation**

The U.S. and Israel have a thriving two-way trade relationship and there also are significant bilateral science and technology development efforts.

The U.S. is Israel's largest trading partner with high levels of mutual imports and exports. 28% of Israel's exports are to the U.S. while 11.8% of Israel's imports are from the U.S. The top products in this exchange are diamonds, machinery, agricultural products, aircraft, optics, medical instruments, and pharmaceuticals. The two country's direct mutual investment is primarily in manufacturing. Israel is among the top 20 direct investors in the U.S.

Global American companies like Intel, Motorola, and Google have established major Research and Development centers throughout Israel. They have become the preeminent foreign outpost for computer technology, telecommunications, and software industries. Roughly 100 U.S. companies are active in Israel, taking advantage of the Israeli highly skilled technical workforce with mutual benefits. A deep commitment to common values and interests binds Israel closely to the U.S. While Israel has been the single largest recipient of U.S. aid since the 1970s, that support has established a two-way street and the U.S. now benefits from Israel's experience and knowhow.

America benefits from Israel's experience, innovations, and willingness to share its expertise. Increasingly, U.S. homeland security and military agencies are turning to Israeli technology to solve some of their most vexing technical and strategic problems. In the war against terrorism, Israel has been a valued U.S. partner who has saved American lives and bolstered America's defense.

The U.S. is as much a favored ally of Israel as Israel is a favored ally of the United States given the facts that Israel provides America with unique scientific data, research and development, and intelligence, and the U.S. is pledged to provide Israel with a potentially significant military umbrella in case it is needed.

Today, the two nations work together in arenas like high-level strategic planning and the development of security and clean technology methods of energy production.

#### **People to People**

On a personal basis, the two nations share strong ties. A very large proportion of Israelis, and many Americans, have relatives and friends in both countries. The number of mutual phone calls between Israel and the U.S. is one of the highest per capita in the world.

Tourism has played an important role between the two nations with hundreds of thousands of Israelis and Americans visiting each other's country annually. Many Americans and Israelis study in each other's country and even establish residency. Hundreds of thousands of Israelis have settled in the U.S. and more than 120,000 Americans have settled permanently in Israel.

Stay tuned for Israeli Women's History in March.

# **TORAH WORDS**

by Rabbi Alan Rabishaw



Just about this time every year, the great denier of the Holocaust, Mahmoud Ahmadinejad, president of Iran, reminds his people of a "holocaust" that took place in Iran some 2,000 years ago. According to his tale, Esther and Mordechai, the heroes of our Purim story as recorded in the Scroll of Esther, were not the victims, but the perpetrators. Ahmadinejad teaches that it was Mordechai who ordered the massacre of more than 70,000 Persians. Ahmadinejad continues by reminding his people that, even until this day, the Zionists commemorate this "holocaust" with singing, drinking, and frivolity.

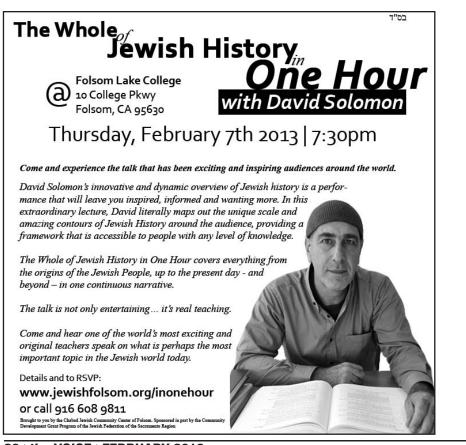
Our read of the story is a little different. Purim is a very simple holiday. Some 2,000 years ago, an evil man named Haman made a plan to kill all the Jews of the Persian Empire. Mordechai discovered Haman's plot and, along with his niece, a woman named Esther, prevented the plot from happening. Their incredibly heroic efforts transformed a plan to kill all the Jews into the death of the man, and the people, that sought to destroy us.

Against the backdrop of modern day Iran, and their pursuit of nuclear weapons, the Purim story reminds us that the world must learn to recognize evil, take it seriously, and use our energy and resources to eradicate it. Purim recognizes that evil is often blurred, and blurred evil can lead to grave and dangerous consequences. The fact that Haman was ready to carry out his massacre of the Jewish people should be a reminder that evil people usually plan to do what they say they are going to do.

Ahmadinejad's vulgar reading of our Purim story ought to motivate us to make sure that Iran is never allowed to have nuclear weapon capabilities. Ahmadinejad's denial of the Holocaust, together with his fabrications, is a sobering reminder that he holds a vision of a world that does not include you or me, or the State of Israel, or anything else we hold dear.

As Americans, as a Jewish community, and as lovers of Israel, we are uniquely qualified to understand the seriousness of the issues we face today. We understand that a strong and secure Israel is the key, not only to our Zionist dream, but to the safety and security of the civilized world. When Israel is threatened, so too are American values. And if G-d forbid Israel is destroyed, life as we know it is not far behind.

Rabbi Alan Rabishaw is the spiritual leader of Temple Or Rishon in Orangevale.





20 | the VOICE | FEBRUARY 2013

## OUT & ABOUT

Tipoff to the start of the 12th Annual Latke Cup began with Brian Heath (35) and Mark Ellinghouse (44) vying for the ball. Congratulations to Congregation B'nai Israel for their 93-87 victory over Mosaic Law Congregation at the December event. Congregation Beth Shalom wishes a mazel tov to Max Glenn and his parents, Jeff and Gayle Glenn, on his February 16th Bar Mitzvah. Max is a 7th-grade student at Arden Middle School and loves to play basketball and watch the Kings. His mitzvah project was making and delivering holiday baskets to the elderly in our community that are isolated and not actively involved in any of Temples. Community artist Peter London opens a new show on February 6, 2013. This work devotes itself to drawing closer to Nature, a reflection of experiences during the past few years that brought London from "me being over here and Nature over there, to Nature and me being on the same side of the fence." The series, entitled, "If trees could sing, this is what their songs might look like," opens at the Sacramento Temporary Contemporary Gallery, 1616 Del Paso Blvd., Sacramento, 6:00-9:00pm.







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## Join us for an informative and engaging evening with Gary Kenzer, CEO of **Honest**Reporting

## February 27, 2013 7:00-8:30pm Jewish Federation 2014 Capitol Ave., Sacramento

This program is designed for teens and adults. Refreshments will be served. Ample street parking available.

HonestReporting monitors the media, exposes cases of bias, promotes balance, and effects change through education and action.

Please contact 916-486-0906 or email federation@jewishsac.org to attend.





## **ADVICE:** COMMUNICATION IS A TWO-WAY STREET

by Deborah H. Gonzalez, MA-CCC/SLP

February is Jewish Disability Awareness Month so the VOICE invited Deborah Gonzalez, a speech-language pathologist who works with children and adults with communication and swallowing disorders, and Co-Chair with Peggy Blincoe of Federation's Committee on Inclusion and Disabilities, to share her advice about communicating with a person who has a hearing loss— from both the speaker's perspective as well as from the perspective of the person with the hearing loss.

When one is faced with difficulty expressing one's thoughts, ideas, or emotions, it can be everything from socially isolating to medically dangerous. While numerous types of communication disorders exist, one of the most common involves hearing loss. Communication is a two-way street, and both the listener with the hearing loss, and his or her communication partner, play a role in reducing the problems that may arise during a conversation.

If you are the speaker, consider the following:

+ The best way to speak clearly to someone with

a hearing loss is to face him or her, speak a little bit more slowly, a little bit more loudly, and with natural voice intonation— not a monotone.

- Try not to cover your mouth while talking since that prevents your partner from taking advantage of lip cues.
- + If asked to repeat, do so once, and then try rephrasing with different vocabulary.
- Do what you can to limit background noise. That means closing the window if the garbage truck is outside, turning the TV to "mute" to have a conversation, and avoiding important conversations in a noisy environment.

What if you are the person with hearing loss? Here are some tips for what you can do to make communication easier:

- Acknowledge your hearing loss so that people will be more likely to look directly at you when talking and speak clearly when addressing you.
- If you own hearing aids, wear them. Check with your hearing healthcare professional to see what's new in hearing assistive technology to make your communication situations flow more easily.
- Watch the talker's mouth instead of looking down. Try to concentrate on the topic of conversation, even if you are missing a few words or phrases. This may be difficult for new hearing aid users, who may have spent several years "tuning out" during conversations, movies, lectures, or religious services.
- Anticipate difficult listening situations and plan ahead. If you're dining out with friends, suggest a

time that is not likely to be busy, or recommend a restaurant that you know is relatively quiet.

- Avoid saying "Huh?" or "What did you say?" when you have heard at least part of what the speaker was saying. Instead, try saying, "I know you said you are talking about the new house you are building, but I didn't catch where you said the house is located." This way, the talker does not have to repeat everything that was said.
- If you have the slightest doubt that you understood a message correctly, confirm the details. It could save you some embarrassment or complications later.
- Use positive words when you need help from your communication partner, such as "Could you please speak a bit louder?" instead of "You're going to have speak louder if you want me to understand you."
- Watch the speaker's face. Did the speaker say, "I need to go home?" Or was it, "I need a phone?"
   Watch the person's face and you will probably figure it out because "home" and "phone" look different on the lips.
- + Be patient with yourself, your family and friends, and people you encounter. Don't blame yourself or others for your difficulties. And don't be apologetic if you need clarification. Better that you find out where your gate change is in a timely manner than miss your connecting flight!

This information was adapted from Patricia B. Kricos, Ph.D., University of Florida, Gainesville, Florida, Better Hearing Institute.

You are invited to the biggest birthday party of the year! Sunday, April 28, 2013





Celebrate everything Israel at this year's Jewish Heritage Festival

10:00am-2:00pm + Capitol Avenue & 20th Street in Midtown

Enjoy food trucks, shopping, and exciting entertainment and activities for all ages!

**STAY TUNED FOR DETAILS!** 

## CALENDAR

#### **RECURRING EVENTS**

#### Sundays

February 17, 2013. Doings in the Cemetery. Genealogists Victoria Fisch and Jeremy Frankel, both members of the Commission for the Preservation of Pioneer Jewish Landmarks and Cemeteries in the West, discuss interpreting dates, symbols and common inscriptions in Jewish cemeteries and alternative methods for finding burials. 10:00am-Noon. Albert Einstein Residence Center, 1935 Wright Rd., Sacramento. For more information, visit www.jgss. org or e-mail Mort Rumberg at mortrumberg1@earthlink.net.

Introduction to the Torah Bookshelf weekly e-learning with Rabbi Joel Zeff explores the fundamental texts and authors that form the most important sources of Jewish Law. Live, online, interactive class allows you to write chat questions to which Rabbi Zeff will respond in real time. 7:00am. Visit Noahidenations. com, click on "Academy of Shem" in the Education section, select "Introduction to the Torah Bookshelf" (password is a12s, if asked).

Friday

Saturday

Session 1 - 11:45 AM

Session 2 - 2:30 PM

Open to all. Please sign on a few minutes before the class is scheduled to start. For more information, contact 916-481-1159.

Men's Tefillin Club. Every second Sunday to lay Tefillin, learn Torah, and enjoy breakfast. 9:00-10:00am. Chabad Jewish Community Center, 302 B South Lexington Dr., Folsom. For more information, contact 916-608-9811 or visit www. JewishFolsom.org.

#### Mondays

Monthly discussion group led by Rabbi Melamed on the second Monday of every month at the KOH Library and Cultural Center, 2300 Sierra Blvd., Sacramento. 1:30-2:30pm. Free. For more information, contact 916-484-7333 or jacks.dad@att.net.

Derech L'Chaim JACS (Jewish Alcoholics, Chemically Dependent Persons, and Significant Others). Every Monday. 10:30-11:30am. 2nd Floor Card Room, Albert Einstein Residence Center, 1935 Wright St., Sacramento. JACS is based on the 12 Steps of Alcoholics Anonymous with

Shabbat Service at 7:30 pm with special d'var Torah

Torah Study (9 AM) or Jewish Meditation (9:30 AM)

Contemplative Shabbat Morning Service (10:30 AM)

Path to Eldering

For further information, contact Marissa Hubbs at 446-4861

Congregation B'nai Israel \$ 3600 Riverside Blvd. Sacramento

Deni Marshall - Creating Your Spiritual

Steven Orkand - Ethical Will Writing

Rabbi Shula Calmann - Making the

Connection: Eldering in Action

Glenn Hammel - Being with an Aging

Parent: New Meanings and New Roles

**Congregation B'nai Israel** 

**Spiritual Eldering: Harvesting Wisdom** 

A special Shabbaton for the entire community Friday, February 1 and Saturday, February 2

and musical selections

Pot luck lunch (11:30 AM)

a Jewish focus. Confidential and anonymous. Please contact 916-591-8608 before attending for the first time.

Jewish Book Club at Temple Or Rishon. Every fourth Monday at 7:00pm. 7755 Hazel Ave., Orangevale. All are welcome. For our reading list, visit www.orrishon.org, select Programs for All Ages, then Book Club. For more information, contact Alison Braverman at 916-988-7110 or alcinp1@aol.com.

Loaves and Fishes. The third Monday of each month, the Jewish community serves lunch to the homeless at Loaves and Fishes. 1321 North C St., Sacramento. Volunteer at 7:30am to help prepare food or at 10:45am to help serve. For more information, contact mary@mosaiclaw.org.

Mommy and Me! for ages 9-18 months. Free. Days and times to be determined by participants. Kenesset Israel Torah Center, 1165 Morse Ave., Sacramento. For meeting date, time, and more information, contact Melina at 818-426-6694.

#### Tuesdays

Baby and Me. Program for families with children birth to 2 years. Art, singing, movement, and fun! Temple Or Rishon, 7755 Hazel Ave., Orangevale. **10:30am.** For more information, contact Marcia at 916-988-4100 or educator@orrishon.org.

Israeli Dancing. For more information about dates and venue, join Israelidancesacsubscribe@yahoogroups.com or contact Jeanette at 916-799-7213.

Rabbis' Monthly Lunch and Learn. Rabbi Alfi explores issues in Contemporary Judaism. First Tuesday of the month. Join us with your lunch at Congregation B'nai Israel, 3600 Riverside Blvd., Sacramento. Noon-1:00pm. No RSVP required. For more information, contact Rabbialfi@ bnais.com.

#### Wednesdays

February 13, 2013. Leisure League. Purim Celebration Talent Show. Singers, dancers, joke tellers, and more. Monthly Senior Program at Temple Or Rishon. \$5, includes lunch. 7755 Hazel Ave., Orangevale. For more information or to RSVP, contact Federation at 916-486-0906 or federation@ jewishsac.org.

Shalom Gan K'ton. For children 18 months-5 years. Temple Or Rishon, 7755 Hazel Ave., Orangevale. 10:00am. \$50/10 sessions with scholarships available. For more information, contact educator@orrishon.org.

*First and Third Wednesday* Jessie Yoshpe Hadassah Study Group. Exploring Judaism Through the Holidays and More. KOH Library and Cultural Center, 2300 Sierra Blvd., Sacramento. *For more information, contact Soni Meyer at 916-383-5743.* 

#### Thursdays

February 28, 2013. Leisure League. Singer Mike Branson who has performed on radio, television, stage, and recordings. He has worked with The Fabulous Drifters, The Platters, The Dean-O-Holics, and Lou Rawls. Monthly Senior Program at the Albert Einstein Residence Center. \$5, includes lunch. 1935 Wright St., Sacramento. For more information or to RSVP. contact Federation at 916-486-0906 or federation@ jewishsac.org.

David Lubin Lodge, B'nai B'rith. Third Thursday of each month. 8:00pm. Albert Einstein Residence Center Eatery. 1935 Wright St., Sacramento. For more information, contact Bernie Marks at 916-363-0122.

Jewish Women's Support Group. Lead by Zalia Lipson. Chabad of Roseville, 3175 Sunset Blvd., Suite 104A, Roseville. 6:45pm. \$40 per session. For more information or to register, contact 916-624-8626 or ZaliaL@aol.com.

#### Fridays

Gan K'ton. For young children 18 months-5 years. Sing, play, create, listen to, and taste all the wonders of being Jewish, along with preparing for Shabbat. 10:00am. \$10/class. Enrollment and fees required. Scholarships available. Temple Or Rishon, 7755 Hazel Ave., Orangevale. For more information, contact Marcia at 916-988-4100 or educator@ orrishon.org.

Tot Shabbat. Services, Singing, Storytelling, and Oneg for all children, including all who are young at heart. Temple Or Rishon, 7755 Hazel Ave., Orangevale. 6:00pm. For more information, contact Marcia at 916-988-4100 or educator@orrishon.org.

#### Saturdays

Taste of Torah. Second Saturday. Learn, laugh, sing, and "taste" the Torah. Free program for families with young children and children of all abilities. Temple Or Rishon, 7755 Hazel Ave., Orangevale. 10:30am. For more information, contact Marcia at 916-988-4100 or educator@orrishon.org.

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#### **GENERAL EVENTS**

January 29-February 26, 2013. Israel. Separating Fact from Fiction. Five consecutive Tuesdays on the only true Democracy in the Middle East. \$30 for full course or \$10 each class and drop-ins. 7:00-9:00pm. The Missouri Street Theatre, 1125 Missouri St., Fairfield. For more information or to RSVP, contact 707-592-5300 or visit www. JewishSolano.com/Israelcourse.

February 1, 2013. 2013-14 Shalom School applications available for Preschool, and Kindergarten-6th Grades. Call for tour and more information about our programs. Free. 2320 Sierra Blvd., Sacramento. For more information, contact 916-485-4151 or shalomdove@ shalomschool.org, or visit www. shalomschool.org.

February 2, 2013. Spiritual Eldering: Harvesting Wisdom. 9:00am Torah Study or 9:30am Jewish Meditation; 10:30am Contemplative Morning Service; 11:30am Pot luck lunch. Session 1: 11:45am Creating Your Spiritual Path to Eldering with Deni Marshall or Writing an Ethical Will with Steven Orkand; Session 2: Making the Connections: Eldering in Action with Rabbi Shula Calmann or Being with an Aging Parent: New Meanings and New Roles with Glenn Hammel. Free. Attend one or all events. Congregation B'nai Israel, 3600 Riverside Blvd, Sacramento. For more information, contact Marissa at 916-446-4861 or marissa@ bnais.com.

*February 3, 2013.* Introduction to Jewish Family Research with Victoria Fisch and Jeremy Frankel. Overview of Jewish emigration to the Western hemisphere and the most up-to-date methods for finding and preserving the story of your family for future generations. 2:00-4:00pm. Congregation Bet Haverim Social Hall, 1715 Anderson Rd., Davis. *For more information, contact Victoria at 916-365-6106.* 

February 5, 2013. Lunch and Learn with Rabbi Michal Loving. Introduction to the practices of Reform Judaism. Learn about the holidays, family life, and synagogue practices. Bring a brown bag lunch. Free. Noon-1:00pm. Congregation B'nai Israel, 3600 Riverside Blvd., Sacramento. For more information, contact Marissa at 916-446-4861 or marissa@ bnais.com.

*February 5, 2013.* Being a Sikh in America: Challenges Despite Common Values

with Dr. Gurtej Cheema. The story of Sikhs in America and their experiences since September 11, 2001. Free. 7:00-8:30pm. Congregation B'nai Israel, 3600 Riverside Blvd., Sacramento. For more information, contact Marissa at 916-446-4861 or marissa@ bnais.com.

February 7, 2013. Meet Barry Broad, author of *Requiem for the Damned*, who will discuss his new book and answer questions. Free. 7:30pm. Nevada County JCC, 506 Walsh St., Grass Valley. For more information, contact www. ncjcc.org or arlene.waxman@ me.com.

*February 9, 2013.* Randy Neal, Western Regional Director of Christians United for Israel, describes his recent trip to Israel with more than 30 area pastors. Congregation Bet Haverim Social Hall, 1715 Anderson Rd., Davis. 3:00-5:00pm. Sponsored by the Israel Matters Committee. For more information, contact Al Sokolow at 530-758-3246 or ajsokolow@ucdavis.edu.

*February 10, 2013.* Torah Dedication and Celebration. Culmination of Congregation Beth Shalom's Year of the Torah project. 4:30-6:30pm. 4746 El Camino Ave., Carmichael. *For more*  information or to RSVP, contact office@cbshalom.org.

February 10, 2013. Achim: A Discussion Group for Men with Dr. Glenn Hammel. Sponsored by the Brotherhood of Congregation B'nai Israel, Dr. Hammel leads an insightful, educational and entertaining discussion, dedicated to the "issues" men face in their lives. Free. 7:00-8:30pm. Congregation B'nai Israel, 3600 Biverside Blvd., Sacramento. For more information. contact Marissa at 916-446-4861 or marissa@ bnais.com.

February 12 and 26, 2013. Religious Ethics in the 21st Century. Rabbi Alfi of Congregation B'nai Israel tackles some of the toughest issues of Jewish ethics as applied to modern life. All are invited. Bring a brown bag lunch. Free. Noon-1:00pm. Law Offices of Greenberg Trauig, 1201 K Street, 11th Floor, Sacramento. For more information, contact Marissa at 916-446-4861 or marissa@ bnais.com.

February 13 and 20, 2013. How to Visit the Sick with Dr. Mark Blum and Dr. Glenn Hammel. Dr. Mark Blum is a medical ethicist and hospice medical director with extensive experience dealing with the sick, the dying, and their families. Dr. Glenn Hammel is a neuropsychologist whose speciality includes end-oflife psychotherapy. \$15/B'nai Israel members, \$20/nonmembers. 7:00-9:00pm. For more information, contact Marissa at 916-446-4861 or marissa@bnais.com.

February 24, 2013. The Magic of Purim! Join Kenesset Israel Torah Center and PJ Library as we celebrate Purim. Features a children's costume contest with prizes, including aift certificates to local toy stores. Snacks, crafts, fun, and favors for all! Free. 3:00-4:30pm. (After the show, everyone is invited to attend the Purim Seudah Meal at 5:00pm. RSVP and separate fee required.) Kenesset Israel Torah Center, 1165 Morse Ave., Sacramento. For more information, visit www.kitcsacramento.org.

February 27, 2013. February 27, 2013. Gary Kenzer, CEO of Honest Reporting: Defending Israel from Media Bias. Presented by Federation and the JCRC. Designed for teens and adults. Honest Reporting monitors the media, exposes cases of bias, promotes balance, and effects change through education and action. Free. Refreshments served. 2014 Capitol Ave., Sacramento. For more information, contact Federation at 916-486-0906 or federation@jewishsac.org.

February 28, 2013. UC Davis Lecture Series: Survival Through Any Means Necessary: Jewish Involvement in "Criminality" in Postwar Germany. Kierra Crago-Schneider, UC Davis. Discussion about the lengths to which many Jewish displaced persons were willing to go in order to survive and to ensure their emigration from Germany. Free. 7:00-8:30pm, Congregation B'nai Israel, 3600 Riverside Blvd., Sacramento. For more information or reservations. contact Marissa at 916-446-4861 or marissa@bnais.com.

March 1, 2013. Shalom School's Annual Early Childhood Education Art Exhibition & Reception. Stroll through gallery classrooms to view masterpieces children have created through their fine arts program at Shalom School. Free. 10:30am-Noon. 2320 Sierra Blvd., Sacramento. For more information, contact 916-485-4151 or visit www. shalomschool.org.

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For more information, contact Ardyth Sokoler at pjlibrary@jewishsac.org or 916-486-0906 ext. 311



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