

JUNE 14
SIVAN-TAMMUZ
5774

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Summer
— OF —
GIVING

A publication of The Jewish Federation of the Sacramento Region

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SUMMER OF GIVING

In the March issue of the VOICE, Nancy Leaderman was mistakenly identified as Dr. Nancy Leaderman. We apologize for the error.

the VOICE

your source for local and global Jewish news

the VOICE is a publication of The Jewish Federation of the Sacramento Region.

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Something Went Terribly Wrong in Rialto

Something very disturbing happened a few weeks ago at the Rialto School District in Riverside County in southern California. The school district gave 2,000 8th graders an assignment intended to hone their skills in "critical thinking."

But something went terribly, terribly wrong.

The assignment began: "When tragic events occur in history, there is often debate about their actual existence. For example, some people claim the Holocaust is not an actual event, but instead is a propaganda tool that was used for political and monetary gain. You will read and discuss multiple, credible articles on this issue...."

One of those "credible" sources was an article from an explicitly anti-Semitic website called www.biblebelievers.org.au. Not only did the article deny that the Holocaust ever occurred but it went on to say that "with all this money at stake for Israel, it is easy to comprehend why this Holocaust hoax is so secretly guarded." In addition, the website claimed that *The Diary of Anne Frank* was a fabrication and more bizarrely, that the number of Allied soldiers killed in World War II was greatly exaggerated.

Predictably, when news of the assignment went public, there was a firestorm of criticism from the media, elected officials, and Jewish organizations. Sadly, at first, the District tried to defend the assignment, then weakly apologized to people for "misunderstanding" their intent (i.e., they blamed the victims for their oversensitivity), and finally had to cancel the assignment and admit the whole thing was just plain wrong.

The Anti-Defamation League said that it "did not have any evidence that the assignment was given as part of a larger, insidious, agenda."

In my view, the fact that this assignment was not the product of school officials with an agenda of Holocaust denial almost makes

it worse. After all that has been said about the Holocaust, that educators could, with casual indifference and apparently benign intentions, blunder into Holocaust denial by thinking that there are "two sides" to the question of whether the Holocaust occurred, is very frightening indeed.

Sometimes, as in Rialto, Calif., evil comes at us in a form that is almost banal; at other times, it comes at us with explosive violence, as recently occurred in Overland Park, Kan. and as occurred 15 years ago this month in Sacramento, when our synagogues were firebombed by neo-Nazis. Unfortunately, no matter how peaceful life may seem in tolerant Sacramento, somewhere in the world Jews are under threat.

As Theodore Herzl wrote in 1895, "We are one people— our enemies have made us one without our consent, as repeatedly happens in history. Distress binds us together, and thus united, we suddenly discover our strength."

An injury to one of us anywhere is an injury to all of us and we must meet every challenge head on, with eyes wide open.



Barry Broad is the President of the Jewish Federation.

THE LIVES WE TOUCH THROUGH THE WORK OF THE FEDERATION

It was a cold evening in February of 2003 when I arrived in Kiev and marched through the darkness flecked with fresh snow to the ravine at Babi Yar. The air was filled with the solemnity of stolen lives and the ravine seemed to still hold the screams of 62 years. It was impossible to sleep— perhaps it was the jet lag, or the first experience standing in a place where our narrative changed, or the overwhelming sense of the “Former” Soviet Union that still loomed in the hallways of our hotel.

After countless hours of travel and a sleepless night, I travelled to the outskirts of Zhitomir, Ukraine. While I have never believed in time travel, I'm certain I stepped into a world that could have been 60, 70, or 150 years ago. With a package of food in hand, bundled in my entire winter wardrobe, I pushed back a tattered sheet that was serving as a door. It was a stone hut with no running water, a small log that was nearly gone to provide heat, and a bed shared by a 77-year-old woman and her 55-year-old disabled daughter. Although there was nearly a foot of snow outside, they had to trek to the backyard to use the restroom (a hole in the ground) with nothing more than cloth shoes on their feet and a jacket that had survived World War II. Through a translator I learned this was the first visitor she had had in months. Her \$23/month pension had run out and she was worried about how she would feed her daughter. When we asked why she chose to stay and face such challenges, she simply shrugged her shoulders and said, “This is my home.”

In 2005, I travelled to Poland and faced the meticulous and maniacal architecture that ensured certain death— the perfect seal of a gas chamber, the calculated angles of shower heads, the steel springs with just the right amount of torque. I was left breathless by these small details and the focused precision of death. After taking a train from Auschwitz to the Warsaw airport, my spirit was lightened by a young group of Jewish youth who were going on their own Birthright Israel experience. They stirred with excitement throughout the entire flight and stood proud when we landed as they began to sing Hatikva.

In the summer of 2007, on a trip to St. Petersburg and Moscow, I was met with an oppressive heat and utter imbalance. Hospitals with no cooling systems, doctors walking the halls dripping wet and smoking cigarettes. Museums laden with gold, rooms made of amber, priceless paintings perspiring from humidity. Countless numbers of hungry, sick, and homeless. Riches beyond imagination and disparity beyond comprehension.

I visited a homebound senior in his 5th-floor, 200-square-foot apartment, to deliver medication. He wore a diaper and was covered in only a sheet. As our eyes met, he grabbed my hand and started to weep. Later that day, I was able to function again from being surrounded by the sounds of laughing children, eager to show off the day's

craft project at a Jewish camp program for underprivileged children.

These experiences have not only shaped me as a Jewish communal professional, but they have guided me through my own personal Jewish journey. Despite the immense challenges we continue to face, I know we have a strong infrastructure in place. The Federation system includes a global network of dedicated partners like the Joint Distribution Committee and the Jewish Agency for Israel, which help us to ensure that every Jew, no matter where they live, knows they are not alone. And this is all due to the strength of a collective system with arms all over the world. A system called The Federation.

Interested in learning more about Federation's global work? Contact Melissa Chapman at 916-486-0906 ext. 301 or mchapman@jewishshsac.org.



Melissa Chapman is the Executive Director of the Jewish Federation.

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There is No Answer to “this”

“Will this ever end?”

That was the subject line on an email from a close friend. Before even opening it, I intuitively knew this would be about the recent Anti-Defamation League (ADL) survey regarding global anti-Semitism and, sure enough, it was. Her source was nbcnews.com with the headline, “Anti-Semitism ‘Infects’ One in Four People, Global Survey Finds.” As it happened, I had just read a *New York Times* article, the headline of which was, “26 Percent of World’s Adults Are Anti-Semitic, Survey Finds.” So much for intuition.

Following are selected results from the survey, which was based on responses from 53,100 adults in 102 countries from around the globe to 11 negative statements that the ADL described as stereotypes about Jews:

- ✦ Only 54% of people polled are aware of the Holocaust—and an alarming 32 percent of them believe the mass genocide of Jews was a myth or has been greatly exaggerated.
- ✦ 26%— more than 1 in 4 or 1.09 billion people— of the respondents are “deeply infected” with anti-Semitic attitudes.
- ✦ Just 38% of those who live in the Middle East/North Africa region say they've heard of the Holocaust, and of that number, 63% don't believe it actually happened or think it was exaggerated— the highest concentration in the world.
- ✦ 9% of Americans surveyed harbor at least 6 of the 11 anti-Semitic views.
- ✦ About 31% of respondents believe Jews “are more loyal to Israel” than the U.S.

- ✦ The area with the most pervasive anti-Jewish sentiment is the West Bank and Gaza at 93%; Laos in Southeast Asia has the lowest number, at 0.2%.

So what is the answer to “Will this ever end?” We all move to Laos? Probably not very realistic.

In all honesty, “this” will likely never end so what we have to do is reframe the question to “What is each of doing to ensure a Jewish future?” For some, it might be sending our children to a Jewish preschool, day school, or religious school. For others it is traveling to Israel on a family trip, peer trip, or Birthright trip. Involving our teens in synagogue youth groups and/or post-B'nai Mitzvah education programs to help build and sustain Jewish identity might be another tactic. Giving our time and money to local and global Jewish causes that reflect our values is always welcome. Reaching out to Federation for the necessary tools to fight this evil locally and globally is another step we can take. Will any of these strategies work? I don't know. But I know that doing nothing will surely lead to the end of “us,” not “this.”



Elissa Provance is the Assistant Director of the Jewish Federation and Managing Editor of the VOICE.

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- Phyllis Johnson,
Chateau at River's Edge resident



Phyllis is a vibrant, active woman who thrives on the activities offered at the Chateau at River's Edge. She loves the social side of being able to meet people, and Phyllis' family sleeps better knowing the caring, friendly staff is always there when she needs them.

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MAKING SURE NO ONE SUFFERS IN SILENCE

The core purpose of Jewish Family Service (JFS) is to serve the most vulnerable in our community. Sometimes that means providing food from our Kosher Food Pantry; delivering Holiday Outreach Baskets to isolated individuals; or creating programs for seniors that provide socialization and friendship.

However, a hidden portion of our community often suffers in silence at a time when support is needed the most. That is where support groups come in.

Support groups bring together people facing similar life issues, whether it is the loss of a loved one, a serious illness, an addiction, or the ending of a relationship. As the Community Social Worker, I interact with community members in need on a daily basis. I listen to them, I visit with them, and I advocate for them. I see their suffering firsthand from across their kitchen table. It wasn't long before it became apparent that many people with whom I came in contact wanted access to therapeutic support groups from within their own community that reflected Jewish teachings. In response, JFS launched two support groups—one to address bereavement and one for individuals living with chronic illness.

The first bereavement group began in January and offered support for individuals grieving the death of a loved one. This first six-week session was facilitated by Rabbi Shula Calmann and Cantor Julie

Steinberg, LCSW, and offered individuals a safe and supportive environment to work through their grief, understand the various aspects of grief, and work toward acceptance of their loss, all while looking at their experience through a Jewish lens. Feedback from participants was overwhelmingly positive. One participant noted that the group environment was "warm and welcoming" and "participants felt safe to express their pain and sorrow."

A second six-week session began in May and was facilitated by Rabbi Seth Castleman and Ellen Sorkin, MA, PPS. Several participants from the pilot group returned and expressed their gratitude that the group was being offered again.

Also in May, JFS offered a four-week support group for individuals living with chronic illness, facilitated by me and Laini Golden, MSW. The group covered topics ranging from advocating with medical professionals; relaxation techniques; and coping with the stress of living with a chronic illness. The goal of each group was to allow individuals to not feel alone with their chronic illness and to provide a setting where individuals could interact with others dealing with similar issues. Participants in this group welcomed the opportunity to discuss their frustrations and difficulties working with medical professionals in a safe and positive environment. Participants also received resources and tools to advocate for themselves with their medical providers and family members; to feel less isolated by their feelings; to improve their coping skills; to reduce stress surrounding the issues; and to

gain a sense of empowerment over their situation.

As JFS continues to evolve, we will continue to address the needs of the most vulnerable among us through more direct service provision. Of course, we can only do that through community support. Remember to answer the call on Super Sunday, June 8th. Together We Accomplish the Extraordinary.

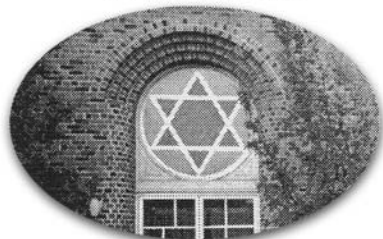
If you or someone you know is in need, contact Alicia Mittleman at 916-205-0688. All calls are confidential. For general information about JFS, contact Elissa Provance at 916-486-0906 ext. 304 or eprovance@jewishsac.org.



Alicia Mittleman, LCSW, is Federation's Community Social Worker.

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The Impact of HATE CRIMES ON HOUSES OF WORSHIP



"In the Wake of Hate" author, Ariel Schwartz.

Fifteen years after arsonists set Congregation B'nai Israel (CBI), Congregation Beth Shalom, and Keneset Israel Torah Center ablaze, 30 CBI congregants volunteered to participate in "In the Wake of Hate," a dissertation project about the impact of hate crimes committed against religious minorities. The study's author, Ariel Schwartz, is a fourth-year doctoral candidate in Religious Studies at Northwestern University, who will spend a year writing her dissertation and hopes to defend in 2016. As part of the study, she also is working with a Muslim community in Joplin, Mo., where a mosque was burned down in 2012.

"This study is a long time coming," said Schwartz, adding that while preparing for her Bat Mitzvah in 1999, she read about the Sacramento attacks in her hometown newspaper in Albany, New York, and decided to collect and send books to CBI for her Bat Mitzvah project. "Even at age 12, I was thinking about other communities going through something like this."

A Hebrew day school graduate, Schwartz is no stranger to religious hate crimes. In 2008, she was working for the American Joint Distribution Committee and living in Mumbai, India, when terrorists attacked several popular tourist destinations, including a Chabad house, where they killed six people, among them the rabbi and the rebbitzin who was five months pregnant.

While Schwartz points out that there is limited institutional rigor regarding the collection of hate crime statistics, the Hate Crimes Statistics

Act Report of 2012 cited 1,340 people, or 18.7% of victims of hate crimes, were targeted due to their religious beliefs. Jews represented the most targeted faith, comprising 62.4%, followed by Muslims at 11.6%. Complicating the accuracy of these statistics, said Schwartz, is different faith communities' perceptions around reporting, for example, mistrust of the police or FBI; discerning the difference between a crime against a religious group versus a race; and assessing motive.

Schwartz is especially interested in people's experiences in having a place of worship desecrated, noting that it's part of the Jewish lineage, beginning with the destruction of the First and Second Temples. Discussing the recent Kansas City attacks at Jewish institutions by a local leader of the KKK, as well as the spate of school shootings around the country, Schwartz said, "I care less about the perpetrator than I do about the people affected. What are the short- and long-term effects? What does a community do? How do they reshape themselves? How do they relate to their religious beliefs and practices?"

Schwartz spent a month in Sacramento, conducting 30 two- to four-hour interviews and learning about the CBI community through Shabbat and Torah study participation. While she is still in the process of culling through transcripts of both Sacramento and Joplin congregants, preliminary results show a few distinctions between the two communities. For example, CBI has a long-established history as opposed to the Islamic Society of Joplin, which is relatively young. The distinction may account for varied relations to places of worship.

"Community members had no chance to sit with their feelings because they were focused on moving forward and rebuilding," Schwartz explained. "The point is to talk about how each community experienced a similar loss, a loss of a place of worship. We (people in general) are anti-hate crime but we haven't spent time talking about bringing religious communities together and having them support other religious communities. Ideally, hate crimes wouldn't happen but we live in the real world."

For more information about "In the Wake of Hate," contact Schwartz at ariel.g.schwartz@u.northwestern.edu.

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Federation is at the Heart of Jewish Identity for Fed Exec

It's been three years since Melissa Chapman stepped into the Executive Director position at the Jewish Federation of the Sacramento Region. the VOICE sat down with her to talk about her career; her unflappable commitment to the Federation system; and what keeps her awake at night.

the VOICE: You have worked for Federation for more than 16 years. What is it about the Federation system that sustains you?

Melissa Chapman: Israel is what keeps me here. I'm a first generation American on my mother's side. It's how I keep the spirit of my grandmother's family and their pioneering efforts alive. Knowing if we don't protect the Jewish community—however that looks to people—no one will. Israel is no longer something that brings us together, especially in Northern California. I want to change that dynamic. I cannot think of us as Jews without thinking about Israel. Also, because I am a secular Jew, it is important to me to be invested in the community every day. Federation is that vehicle for me. I think it will always be that for me. It's how I'm connected; it's the heart of my Jewish identity.

VOICE: What has your career trajectory been?

MC: I've done just about every job in the Federation system. I started as a secretary in the Women's Division in 1998 and then became a Campaign Associate doing Israel missions and special events when I was brought in to facilitate an 850-person mission to Israel for the Chicago Federation's Centennial Anniversary. The success of that mission led to the Chicago Federation launching its Missions Department and organizing 3-5 trips a month. We were known as the "Center of Jewish Travel." I became the Director of Missions and then Assistant Vice President of Campaign. I also managed the King David Society, for donors of \$25,000-

\$100,000. I've been to Israel 19 times with Federation and also have been to Ukraine, Russia, Morocco, Cuba, and Poland. I've been exposed to the global network that most don't even know exists. The safety net is not just in our community—it's on an airplane ride from Poland to Israel or at a Cuban synagogue in Havana where 20 Jews come together Friday night or on the outskirts of Kiev. I've had the great privilege of being exposed to stories and people and the impact that donors can make.

VOICE: That's quite a career path! What have been some of the highlights?

MC: Landing two 747s on Hatzetim Air Force Base and seeing over 400 of those participants land in Israel for the first time, some 80+ years old. Planning President—then-Senator—Obama's first trip to Israel. But among the most meaningful accomplishments has been bringing Jewish Family Service (JFS) back to our community. The other things are exciting and full of hoopla but it's not the same as reading a note from an isolated senior that says "Thank you. I am glad my community didn't forget about me."

VOICE: If the Annual Campaign grew, what additional resources and services would Federation be able to provide to our community?

MC: The possibilities are endless. We'd be able to hire a second Social Worker. We'd be able to better address the teen dilemma, which is something we are all dealing with. If we don't engage them as teens, how can we involve them as 20-somethings? We want to do leadership development for the entire community since every synagogue and organization is constantly looking for leaders and constantly recycling leaders. I would also survey the community and ask, "What is it you need or are looking for that would make you feel like part of the larger whole?"

VOICE: Many in our community might not be familiar with the global work of the Joint Distribution Committee (JDC) or the Jewish Agency for Israel (JAFI), both of which are part of the Federation system. Why is the global work so important to us locally?

MC: Obviously, we want to take care of our local community but who else will visit an 80-year-old grandmother living in the Former Soviet Union on a \$20/month pension? Who else will airlift Ethiopians out of Gondar or send emergency teams to Haiti to deal with hurricane victims? Even if there are only 200 Jews left in a small community, they still deserve a vibrant life. I've been fortunate to work with JDC and JAFI and have the experience on the ground. They provide a safety net in every corner of the world. They don't have the luxury of wearing blinders. I like to say that Federation is about people we don't know and we will never meet but who need us.

VOICE: You are a Lion of Judah (minimum women's only gift of \$5,000). As a Jewish communal professional at a non-profit, that has to be difficult for your family. Why have you made that commitment?

MC: I have to lead by example. I can't ask anyone to do something I am not willing to do myself. I actually started giving a gift to Federation in high school. It was \$5 and I have increased it each year since. Back then (1990), I thought I was saving the world. I never believed I would ever be able to make a \$5,000 gift. I feel it's my moral and Jewish imperative to pay into a system that's protecting our family. I want to make sure there is always a Jewish community. I don't see it as a sacrifice; I see it as a priority in my life.

VOICE: What are you most proud of after three years in Sacramento?

MC: That's simple. Closing a half a million dollar deficit; bringing back JFS; and facilitating the purchase of a new home for our community.

VOICE: What are your goals for the coming year?

MC: Sustaining all of it!

Want to know more? Contact Chapman at 916-486-0906 ext. 301 or mchapman@jewishsac.org.

Local Hospice Program Launches “Shalom Hospice”



From left, Rabbi Seth Castleman; Bristol Hospice Executive Director Dawn Lambie; and Bristol Medical Director, Dr. Mark Blum.

Bristol Hospice-Sacramento, LLC, announced a new program designed to meet the unique needs of the Jewish community.

The brainchild of Bristol’s Medical Director Dr. Mark Blum, the Shalom Hospice Program will augment core services offered to all Bristol patients, among them, nursing, case management, social services, physical care, and home visits, with specialized services for Jewish patients dealing with end-of-life issues.

“I’d been thinking about this for 15 or 20 years,” said Blum, who has been involved in hospice care since 1981 and who has been with Bristol since 2008. “End-of-life care is so complex. Each ethnic community has their own traditions and concerns about how they deal with it.

With enthusiastic support from its leadership, Shalom Hospice will join the list of other specialized programs offered by Bristol— one for veterans and one called “Namaste” that is tailored to the individual—and includes staff sensitivity training so

they can learn about Jewish practices and traditions around death and dying; support from Bristol’s on-staff rabbi, Seth Castleman, who will be available to counsel and support patients and their families and advise about funeral planning and the Chevra Kadisha as well as perform funerals; community education programs; resource and referral to other Jewish community organizations; and professional trainings for community care facilities.

“Bristol Hospice leadership recognizes the importance of providing individualized hospice care to all of our patients and families,” said Bristol Executive Director Dawn Lambie. “The staff are fully committed to embracing the value this program will bring to our community. We are honored to develop this meaningful service for the Jewish community.”

Castleman, who joined Bristol in mid-February, has worked as a chaplain at Ground Zero after 9/11 and during Hurricane Katrina as well as in the prison system. The name, he explained, represents the Hebrew word “shalom,” meaning “peace” and

“shalom,” which means wholeness, both of which represent Bristol’s approach to care.

“What is unique is that those who are not connected to religious practices start seeking more religious involvement, for example, comfort, safety, and familiarity,” the rabbi noted. “For others, it provides a structure. Our agenda is to serve Jews of all backgrounds and beliefs. We say, ‘This is the Jewish tradition. What feels right for you?’”

Ninety-five percent of what Jewish patients will receive is the same care as other patients but with the additional support and counseling regarding Judaism as it relates to end-of-life.

“This work feeds me,” Castleman said. “I usually leave a visit feeling I gained more than I gave.”

Both Castleman and Blum have had their own personal journeys with hospice— both even used the word “karma” to describe the paths that led them to their work. For Castleman, it was spending the last weeks and moments at the bedside of his Aunt Harriet, who was in her 100th year; for Blum, it was throwing away a memo describing the position of Medical Director for a hospice program at Kaiser and then receiving a call suggesting he apply for the position a month after his father passed away after battling Leukemia.

“I applied, got the job, and it changed my career in medicine,” he remarked, adding, “You get to my stage of a career in the business I’m in and you think about a legacy. What will you be remembered for when you’re gone? It sounds egotistical but I think of this Jewish hospice program as a legacy that I can leave the community.”

Castleman said, “(The Shalom Hospice Program) is a great opportunity for the Jewish community. We know about *gemilut chasadim* (acts of loving kindness); *bikur cholim* (visiting the sick); and preparing the body (*tehora*). To have hospice come in and say this is the Jewish tradition is what feels right.”

For more information about Bristol Hospice and the Shalom Hospice Program, contact 916-782-5511.

I had attended **Leisure League senior programs for 15 years** and was sad when they ended. Now I attend every meeting since the **Federation resurrected them**. There is delicious food, great entertainment, and a chance to visit with friends. These programs have brought me such a feeling of warmth, a feeling that has been created by **THE FEDERATION**.



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I am a proud citizen of the United States but I began my life here as a young woman who **immigrated to America to escape the horrors of war in Bosnia**, a war that ripped us from our language, our culture, our homeland—everything that was familiar to us vanished. Today, I work on behalf of the Jewish community, a community that, because of **Jewish Family Service, helped us build a new life in America**. This work enables me to give back to those who were there for me and my family and who support **THE FEDERATION.**



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JPAC's Advocacy Day— A Discussion of Campus Climate

by Jessica Braverman Birch, Jewish
Community Relations Council Director

Delegates from Jewish organizations throughout California gathered in Sacramento on May 13, 2014 to learn about challenges facing Jewish students on college campuses. The Campus Climate panel was part of the Jewish Public Affairs Committee of California's annual Advocacy Day.

"The academic community looks at itself as a liberal, very inclusive, very diverse community, but those things don't happen by accident, they take a deliberate effort to make our diverse students and staff feel safe and comfortable so that they can exercise what we lovingly refer to as academic freedom," said Dr. Sheree Meyer, panel moderator and incoming Dean of the Undergraduate Studies Department at California State University, Sacramento.

Panelist Nancy Appel, Associate Director of the Pacific Northwest Region of the Anti-Defamation League (ADL), noted, "Campuses have really been roiled in

the last several years over the Israeli-Palestinian conflict, over events on campus that go beyond what might be permitted and might infringe upon rights of Jewish or other students; biased presentations in classrooms; Jewish students feeling intimidated by speaking their opinions in classrooms, at an event, or elsewhere because they sense an intimidating atmosphere."

Avi Levine, a UC Berkeley student and President of Tikvah, Students for Israel, told the 100 Jewish leaders, "In my involvement on campus and in the Jewish community, I have taken on the responsibility of advocating for Israel as a homeland for the Jewish people and its right to self-determination. When you go on campus and see a poster equating Zionism with Nazism— this statement really hits your identity. That is where it crosses the line, truly attacking who I am as an individual and why I care about Israel— it's more than a political issue."

Currently, the trend has been for more strategic advocacy to combat intimidation tactics toward Jewish students and the Boycott, Divestment, and Sanctions movement, which calls for divesting from companies doing business with Israel, a

resolution most recently defeated at the University of California, Davis.

Added panelist State Senator Lois Wolk, "I believe that there is currently a distinct lack of understanding and support for the First Amendment on campus, with faculty and students alike. We need to reaffirm civic and civil discourse."

This spring, California Assembly Speaker John Perez authorized the creation of the Assembly Select Committee on Campus Climate and appointed Assemblymember Shirley Weber to chair this effort. Weber spent 41 years as a professor at San Diego State University, where she founded the Africana Studies Department and taught Women's Studies, Chicano Studies, and Black Studies. She now serves on the Assembly's Higher Education Committee.

"The (Campus) Administration has to set the standards of climate and safety and zero tolerance," she said. "Campuses have to do a better job of laying out expectations at the beginning of school. Administrators and faculty need direct policies about hate crimes such as already exist for sexual harassment. The ultimate goals are that every child, faculty, and staff member feels safe on our campuses."

SAC TEENS LOBBY AT STATE CAPITOL



Sacramento teens from Congregation B'nai Israel (CBI) had the opportunity to flex their political muscle during a L'Taken California Social Justice Seminar in March. A program of the Religious Action Center of Reform Judaism, L'Taken brings California high school students together for a weekend of social justice programming culminating in each participant lobbying at the State Capitol.

For Daveed Waithaka and Mira Shulman, the experience opened their eyes to the political process and helped them discover their voices as they advocated before legislative staffers on a variety of issues including immigration, abortion, paid sick leave, and minimum wage.

"I've been to the Capitol but I've never gotten to talk to people," said Waithaka, a

16-year-old sophomore at the Performing Arts Virtual Learning Academy, who spoke about immigration. "I have a lot of Hispanic friends and it's hard for them. It's hard to hear what they go through. I learned that advocacy is a big deal. You influence yourself and other people around you to change minds."

CBI Rabbi Mona Alfi would agree. She thinks the biggest lesson students learned is that "their voice matters and that they can have input on their State Legislature."

Elk Grove High School freshman Mira Shulman participated because as a teen, she felt she should begin learning more about current events. The 15-year-old said she is particularly interested in abortion and immigration.

As part of the process, Shulman and others wrote speeches that were presented to legislative staffers.

"I felt like we were getting heard," Shulman said. "I learned what goes on regarding lobbying."

Denise Crevin, CBI's Keshet Director who is responsible for teen programming, said, "It was wonderful to see teens from different reform congregations in California interact. They worked together to learn about issues and then decide what was important to them and why. I love that they were able to learn practical life skills within the framework of their Judaism and to see how their Judaism informs their views on issues being debated by our representatives in the State Legislature."

Added Alfi, "It's teaching responsible citizenship. As a minority, it's important for us to be our own advocates. As a religious group we are called upon to be engaged in tikkun olam. And in both cases, it is important not to sit and wait, but to be involved. Or as Hillel said: If I am not for myself, who will be for me? If I am only for myself, what am I? And if not now, when?"

Perhaps Waithaka summed it up best: "I was totally enlightened," he said. "There were things I didn't know I could do as a person to make my community better."

THANK YOU TO EVERYONE

who attended the Open Houses at Federation's new building and a special thank you to the following organizations who donated a mezuzah!

Albert Einstein Residence Center | Chabad of Solano County | Congregation B'nai Israel | Congregation Bet Haverim
Congregation Beth Israel | Congregation Beth Shalom | Jewish Community Foundation of the West | Jewish Community Relations Council
Keneset Israel Torah Center | Mosaic Law Congregation | National Council of Jewish Women | Shalom School | TDX | Temple Or Rishon



Summer — OF — GIVING

The year was 1967. The place was the corner of Haight & Ashbury. As many as 100,000 people converged on the City on the Bay. The "Summer of Love" gave way to the Hippie Revolution, acid rock, and liberation movements of all kinds.

Nearly five decades later, the Sacramento region welcomes the "Summer of Giving," a time for us to look at our community and decide what is important to us. The "Summer of Giving" is about Federation's Super Sunday on June 8th and the Life & Legacy program, a two-year initiative administered by the Jewish Community Foundation of the West, that promotes after-lifetime giving.

So answer the call on Super Sunday and give generously so we can continue growing Jewish Family Service; ensure a strong Jewish Community Relations Council; make sure every Jewish child receives a PJ Library book each month; help develop the next generation of Jewish leadership; and celebrate Israel each year at the Jewish Heritage Festival. And consider leaving a legacy gift to one of the participating Life & Legacy organizations (see p.19).

Like the donors below, who have already indicated their intent to leave a legacy gift to the Jewish Federation, make the "Summer of Giving" something to be talked about for decades to come—
just like the "Summer of Love."

Barry Broad | Alice Cartwright | Lynn & Michael Dean
Anne & Hal Eisenberg | Janie & Frank Gumpert | Linda & Marvin Kamras
Daniel Khazzoom | Marc Koenigsberg & Robb Layne | Carol Loew | Jean Rubin
Betsy & Michael Singer | Gretchen & Alan Steinberg | Louise & Joel Zimmerman

Summer

"DEEDS OF **GIVING**
FOUNDATION OF

—Pirke



FEDERATION IS AT THE
Root of Jewish Life

F GIVING

NG ARE THE VERY
F THE WORLD."

Avot



Ensuring a Future for Jewish Family Service



Anne and Hal Eisenberg

“Summer of Giving.” In fundraising terms, this is what might be called the “pitch” or the “elevator speech” or the “creative concept.” But for Anne and Hal Eisenberg, this “Summer of Giving” is no different than any other season of any other year. That’s because the Eisenbergs have touched every corner of the Sacramento Jewish community through their work and generosity and will continue to touch it by being among the first to step forward to participate in the new community Life & Legacy program. Inspired by the program, they established a Jewish Family Service (JFS) endowment for the Federation and signed a Letter of Intent to leave legacy gifts to other organizations important to them.

Both see their gift of \$25,000 establishing the JFS endowment as taking advantage of an opportunity that the Sacramento region has not seen before— involving the community in thinking about the future and what they care about and doing it now. They believe that

is was tragic when JFS failed, saying, “The essence of a Jewish community is compassion and taking care of those who cannot care for themselves.”

Deeply involved in the community for more than four decades, the couple— who recently celebrated their 50th wedding anniversary— believes that active involvement is what keeps a community strong and defines what it means to be Jewish.

“We feel this is our community, our home,” they said. “The stronger our community, the more we give to it and the more we get back.”

And, no doubt, they have both given. Anne’s professional resume represents her leadership, fundraising, community-building, and administrative skills with positions such as Interim then Assistant Director of Federation; Jewish Community Relations Council (JCRC) Director; and head of Federation’s Women’s Division and the Business and Professionals Women’s Group, while her volunteer leadership includes the National Council of Jewish Women; Hillel at Davis and Sacramento, where she successfully served as Co-Chair of its Building Campaign; and her current position as a Board member of the Jewish Community Foundation of the West (JCFW). Hal, a retired attorney, also has shown his leadership prowess, serving on the Boards of Federation, Congregation B’nai Israel, Hillel at Davis and Sacramento, the Albert Einstein Residence Center, and JCRC as well as working with the Bureau of Education.

Expressing their concerns about shrinking dollars, challenges to fundraising for all of the community’s Jewish organizations, and a generation that will not have the opportunity to accumulate wealth as others before them have had, Anne said, “We all want to leave our children and those we care about something, but if you leave them 90% of your estate, then 10% can be donated to organizations that you care deeply about. The 10% is not missed by the kids and you’re creating a different kind of legacy and being a good example to your children. We need to ensure the future of our Jewish community.”

Added Hal, “Talking about a legacy gift is a positive experience. It’s not out of pocket right now and people can feel good about helping to ensure the future of organizations and services they care about.”

The JFS endowment at JCFW does not bear their name because the Eisenbergs want it to be seen as a community endowment and they encourage anyone who is considering a legacy gift to Federation to specify JFS as the beneficiary.

“We want people to feel vested,” said Hal, “and they feel vested when they are involved.”

In addition to the JFS Endowment, donors may contribute to the Federation’s General Endowment or the Teen Israel Endowment. For more information, contact Melissa Chapman at 916-486-0906 ext. 301 or mchapman@jewishsac.org.

Top 10 Legacy Giving Myths by Hannah Olson, Director of Philanthropy, Jewish Community Foundation of the West

Think you can’t leave a legacy gift? Think again! We’ve busted the top 10 myths around legacy giving.

10 I already give money annually.

Regular giving is an important part of how area non-profits keep their doors open. A legacy gift helps ensure that your support continues.

9 I don’t want the publicity associated with legacy giving.

If you’re not the kind of person who wants the world to know about your generosity, you can choose to remain anonymous.

8 Only seniors leave a legacy gift.

Seniors are an important and influential group, but any person can plan to support the causes and organizations they cherish.

7 I will need to hire a lawyer.

Consider making your favorite non-profit a beneficiary of a portion of your life insurance policy or retirement fund. This change can usually be made without an attorney.

6 I won’t get to decide what happens to my gift.

Even though you won’t be here to see the impact your legacy gift will be making, you can pre-determine where your dollars will go and stipulate how they should be spent.

5 If the organization dissolves, so will my money.

If you are worried that your organization might not be around when your gift is ready, you can indicate that you’d like it to go to a particular cause (social services) as a second choice to your favorite organization (Jewish Federation).

4 My kids are getting all my money.

Consider leaving just a portion of your estate to charitable causes. A gift like this will leave your children with both financial support and be an ethical lesson in the importance of building a better world.

3 I might need my money.

It’s true you might, however, this type of gift represents what you want to give once you are no longer here to need your assets.

2 I want my money to go where it’s most needed.

If you have a mission that you’d like to accomplish, the Jewish Community Foundation of the West can help you plan your legacy gift around accomplishing that mission.

1 I have to be a millionaire to leave a legacy.

You can make a gift of any amount of your estate. Whether your estate is worth a few shekels or a few billion, your gift is your legacy. And your legacy should live on!

For more information about legacy giving, contact Olson at 916-441-1613 or director@jcfwest.org.

**LIFE &
LEGACY**TM
Assuring JEWISH TOMORROWS



HOW WILL YOU ASSURE JEWISH TOMORROWS?

Whatever you cherish most about Jewish life...learning, community, worship, caring for those in need or social justice, by leaving a legacy you ensure that the things you value are sustained for future generations.

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TO DISCUSS
CREATING YOUR
JEWISH LEGACY
CONTACT:

Hannah S. Olson
director@JCFWest.org
916.441.1613
www.JCFWest.org



Living With Alzheimer's: Middle-Stage Workshop Series

The Jewish Federation is partnering with the Alzheimer's Association, Northern California and Northern Nevada Chapter, for a 3-part series open to individuals who are caring for loved ones with Alzheimer's disease in the middle stage.

Living with Alzheimer's: For Caregivers

When someone is diagnosed with Alzheimer's, friends and family have many questions. What does the diagnosis mean? What kinds of plans need to be made? What resources are available to help? Hear directly from those affected and learn what you need to know, what you need to plan, and what you can do at each point along the way.



DATES: **(attend all three):**

July 31, 2014
August 7, 2014
August 14, 2014

TIME:
6:30-8:30pm

LOCATION:
The Jewish Federation of the
Sacramento Region
2130 21st St.
Sacramento, CA 95818

Registration required.
Participation limited to 25 people.
RSVP to 916-486-0906 or
federation@jewishsac.org.

Thursday, July 31st

Part 1

1. Symptoms of middle stage
2. Communication
3. Relationship changes
4. Providing for personal care
5. Providing for hospitalizations

Thursday, August 7th

Part 2

1. Behavior changes
2. Medication management

3. Home safety
4. Driving
5. Living alone
6. Wandering

Thursday, August 14th

Part 3

1. Day services
2. In-Home care services
3. Senior living options
4. Caregiver needs

SAVE THE DATES!

June
8

SMILE WHEN YOU DIAL ON SUPER SUNDAY!

Help the Federation close the 2014 Annual Campaign on Sunday, June 8th from 10am-2pm. Bring your cell phone!

Sept
4

FEDERATION'S ANNUAL MEETING

5:30-6:30pm

An opportunity to meet community members we impact, Teachers of the Year, and new Board Members!

Jewish Federation
2130 21st St., Sacramento

Parking in the rear of the building. Light refreshments served.

RSVP to mchapman@jewishsac.org or 916-486-0906.



The Jewish Federation
OF THE SACRAMENTO REGION

I am the mother of an 18-year-old son who has Autism. My husband and I are grateful to **the Federation for creating the Committee on Inclusion and Disabilities.**

Together we will continue to raise sensitivity and strive to make everyone feel welcome as valid members of our Jewish community. These new family memories to treasure are a result of the commitment to inclusion by **THE FEDERATION.**



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DOWN WITH THE BORING SHAVUOT CHEESECAKE!

by Mollie Katzen, JNS.org



Mollie Katzen

Fresh cheese is a staple in classic Shavuot foods, traditionally wrapped in a soft, egg-like blintz that is then fried lightly in butter. Variations on this theme can keep things interesting and expand your kitchen craft. You can try freshening up your blintz package with a cheese upgrade—namely, simple homemade ricotta, which tastes sublime.

Cheesecake is another way to expand the joy of this holiday. Small cheesecake bars, topped with early strawberries, are a wonderful way to usher in the transition-to-summer month of June.

Cheesecake Bars

If you love cheesecake, but feel guilty after eating it, pursue it in a small way instead. These bars hit that spot perfectly, especially when adorned with a perfect small, ripe strawberry.

Yield: About 1 1/2 dozen

Ingredients:

1/2 cup (packed) light brown sugar
1 1/2 cups unbleached all-purpose flour
1/2 teaspoon salt
1/2 cup (1 stick) unsalted butter, melted
1 1/2 cups cottage cheese
1/2 cup (half an 8-ounce package) cream cheese, softened



1/3 cup granulated sugar
1 1/2 teaspoons pure vanilla extract
2 teaspoons fresh lemon juice
2 large eggs, beaten
A handful or two ripe strawberries (optional)

Directions:

1. Preheat the oven to 350°F (or 325°F if using a glass pan). Have ready a 6-by-9 inch baking pan (ungreased) or the equivalent.
2. In a medium sized bowl, combine the flour with 1/4 teaspoon of the salt, and the brown sugar, crumbling the sugar into the flour with your hands until uniformly distributed. Add the melted butter, and stir to thoroughly combine. Press this mixture firmly into the bottom of the pan.
3. Combine the cottage cheese, cream cheese, granulated sugar, vanilla, lemon juice, and eggs in the bowl of a food processor, and buzz until completely smooth. Pour this mixture into the pan, spreading it into place.
4. Bake in the center of the oven for 30 minutes, or until the top surface is firm to the touch. Remove from the oven, and allow it to cool completely before chilling. Let it chill for at least two hours, and serve cold, cut into 1 1/2-inch squares. Ideally topped with sliced strawberries.

Homemade Ricotta

Homemade ricotta is not only more soulful than anything you can buy. It's also more economical, producing approximately one pound of cheese for the price of a half-gallon of milk.

You can determine the thickness of the cheese simply by keeping watch over the project and wrapping it up (in

every sense) when the cheese achieves your preferred texture. The longer it stands, the firmer it becomes. Time and gravity—and your taste—are the textural determinants. You also get to decide on the salt content. Try this for dessert or brunch, with some artisan honey warmed and spooned over the top like a syrup, and possibly also some fresh fruit, toasted nuts, and scones or little cookies. You can get cheesecloth in most grocery stores.

Ingredients:

1/2 gallon whole milk
1 cup whole milk yogurt
1/2 cup fresh lemon juice
1/2 teaspoon salt (or to taste)

Directions:

1. Combine the milk and yogurt in a large saucepan or a kettle, and whisk until smooth. Place over medium heat, and warm for about 15 minutes, or until tiny bubbles form along the sides. The top surface may bulge slightly, and a little skin might develop. All normal.
2. Remove the pan from the stove, and pour in the lemon juice without mixing. Let the mixture stand at room temperature for an hour to curdle.
3. Prepare a four-layer cheesecloth net about 16 to 18 inches square. Lay this inside a medium-large fine mesh strainer or colander balanced over a bowl. Long pieces of cheesecloth will drape down the sides. Pour the curdled mixture into the net so the liquid drips into the bowl, and the solids remain in the cheesecloth. Don't press it or try to hurry the process along in any way, or you'll lose some of the cheese. The whey needs to drip at its own pace.
4. After about an hour, lift the side-flaps of cheesecloth and without actually knotting them, tie them neatly around the cheese. Let it stand, slowly dripping, for another two hours—or even longer, if you like a firmer, drier cheese.
5. Salt the cheese to taste, transfer it to a tightly covered container, and refrigerate. It will keep for about five days.

With more than 6 million books in print, Mollie Katzen is listed by the New York Times as one of the best-selling cookbook authors of all time and has been named by Health Magazine as one of "The Five Women Who Changed the Way We Eat." Her new book, The Heart of the Plate: Vegetarian Recipes for a New Generation, was published in September 2013 by Houghton Mifflin Harcourt.



TZOFIM (Israel Scouts) Friendship Caravan is Coming to Sacramento & Davis!

Tzofim ("Scouts" in Hebrew) spreads a message of peace, peoplehood, and friendship through song and dance. Their performances are focused on Israeli youth and culture and strengthening ties between families living in Israel and the United States. Come dance with us!

LEISURE LEAGUE

July 1, 2014, Noon-2:00pm

Temple Or Rishon, 7755 Hazel Ave., Orangevale

July 2, 2014, Noon-2:00pm

Albert Einstein Residence Center, 1935 Wright St.,
Sacramento

Open to seniors. \$5 includes lunch and entertainment.

RSVP needed! 916-486-0906 or federation@jewishsac.org.

COMMUNITY EVENTS

July 1, 2014, 7:00-8:00pm

Shepard Garden Center, 3330 McKinley Blvd., Sacramento

July 2, 4:30-6:30pm

Davis Farmer's Market, Picnic in the Park
Davis Central Park, C Street, between 3rd and 5th Streets

Free and open to the public. Contact Jessica Braverman
Birch, JCRC Director, at 916-486-0906 for more info.



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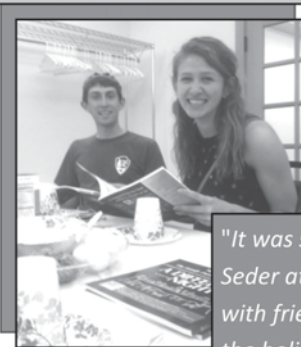


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Tzedek & Social Justice Activities

"Baking with Challah for Hunger at Hillel has been an amazing way for me to be a part of fighting hunger locally & globally."
- Rebekah Solomon, Sophomore



Shabbat & Holidays

"It was such an honor to co-lead the Seder at Hillel this year. Passover with friends at Hillel reminded me of the holiday's importance."
- Naftali Moed, Sophomore

"Thanks to the Israel Fellow at Hillel, I was able to educate myself & become more confident as a pro-Israel advocate on campus."
- Paula Reves, Senior

Social & Learning Opportunities

"I have come to love the people at Hillel as family. I am proud to call Hillel my home away from home."
- Sam Rothmann, Senior



Israel & Hebrew Study



Your Support Makes a Difference



To donate, please visit www.hillelhouse.org Hillel, 328 A St., Davis, CA 95616 530-756-3708 jcohan@hillelhouse.org

Join us for Mosaic Law Congregation's
**3RD ANNUAL
 KIDDUSH CUP GOLF TOURNAMENT!**
Benefiting Youth & Israel

When? Friday, June 13th
 Where? Whitney Oaks Golf Club
 2305 Clubhouse Drive, Rocklin, CA
 Registration & Lunch begin at 11:00 AM
 Shotgun Tee Time Promptly at 1:00 PM



Ⓢ \$ 125.00 - INDIVIDUAL GOLFER FEEPER PLAYER
 Includes Cart, Green Fees, Lunch, Range, & Networking Hour

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SIGN UP TODAY! Visit www.MosaicLaw.org to complete the registration form... pay on-line or mail your payment to: Kiddush Cup, c/o Mosaic Law Congregation, 2300 Sierra Blvd., Sacramento, CA 95825.

For more information, please call the Mosaic Law Office, 916-488-1122.

Congregation Beth Shalom



Where Everyone is Family

**Join us for
 Summer
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**Friday Shabbat
 Services**

- ◇ **First Friday - 6:00 pm**
 Family Shabbat
- ◇ **Second Friday - 7:30 pm**
 Combined Choir and Band
- ◇ **Third Friday - 7:30 pm**
 Shabbat with a Beat
- ◇ **Fourth Friday - 7:30 pm**
 Choir Shabbat

Saturday Morning Torah Study - 9:00 am

4746 El Camino Ave, Carmichael CA 95608
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*Evening
 in Eden*

Sunday June 1
 Annual Auction Gala
Kenesset Israel Torah Center
 6:00 pm-9:00 pm
 1159 Morse Ave., Sacramento

Join us for our Shavuot Tikkun
 Tues. night June 3

More information:
kitsacramento.org

ת"ב

"The shift toward greater observance and greater interest in Jewish study evident today across the denominational spectrum is due to the Rebbe's influence."

Rabbi Adin Even-Yisrael (Steinsaltz)

You are invited to join an inspirational evening exploring the

Timeless Teachings
of the

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Discover the revolutionary perspective of the most influential rabbi of modern times and its relevance and meaning to our modern lives

Presented by local community leaders
 with special guest

Rabbi Yehuda Krinsky
 personal secretary of the Rebbe
 for over 40 years

Monday, June 9th - 7:00 PM
 at the Hyatt Sacramento

\$15.00 in advance/\$20 at the door/Sponsor \$180

RSVP Online at

www.therebbe.eventbrite.com

Optional Pre-Event:
 Expanded In-Depth Learning Seminar

For more information contact: 916-608-9811x101

JOIN US

The belief that progressive ideals
 put into action can improve the world
 is what motivates us at NCJW.

Our advocacy and volunteer efforts
 impact our community addressing the
 needs of women, children and families.



sometimes mom's chicken soup just isn't enough

For the past year, a dedicated group
 of our members has worked tirelessly
 on behalf of comprehensive healthcare reform,
 contributing to the success of 8 million people
 now signed up and receiving healthcare.

If you have a desire to work with people
 whose efforts make a difference, we invite
 you to attend our next event and find
 out about us and our latest projects.

NCJW

National Council of Jewish Women Sacramento Section

Visit our website at ncjwsac.org
 to learn how to get involved.



The Jewish Federation
 OF THE SACRAMENTO REGION



**Spend June with
 PJ Library Playgroup!**

Friday, June 13, 2014
Tuesday, June 24, 2014
10:00-11:30am

Jewish Federation
 2130 21st St., Sacramento

For more information, contact
pjlibrary@jewishsac.org.



Two summers ago, I had the opportunity to travel on a teen trip to Israel. The month I spent there was life-changing. I literally found my home.

This trip **cemented my Jewish identity**, brought me together

with lifelong friends, connected me to the land in a way I never thought possible, and **gave me the tools I need to educate people about our homeland.** None

of this would have been possible without the help of **THE FEDERATION.**

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I am 5. **We read every night before going to bed.** I like

the story "Something From Nothing."

It is about a boy whose grandfather makes him things from his favorite blanket. We reuse boxes to make things to play with at our house too.

My little brother, Will, snuggles with us as **we read the books from PJ Library.** They are like a present for us from **THE FEDERATION.**

**Together We Accomplish the Extraordinary.
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TORAH WORDS

by Rabbi Shula Stevens



“The sparks of holiness lie scattered everywhere...” – The Baal Shem Tov

You never know where holiness is going to pop up. For example, driving my daughter to a sports practice session at 5:15am in the pouring rain, I had a glimpse of it. Day in and day out, my daughter’s coach shows up faithfully and, in doing so, lights in each of her students the spark of accomplishment, determination, and confidence before they even start their school day.

Seeking out creative meanings in our texts and traditions is one of the great joys of Jewish life. There is, however, another, quieter side to fulfilling the Torah. This aspect of Jewish practice is beautifully illuminated in the opening verses of *Beha’a lot’cha* (Numbers 8:1-12:16):

HaShem spoke to Moses, saying: “Speak to Aaron and say to him, ‘When you mount the lamps, let the seven lamps give light at the front of the menorah.’ *Aaron did so*; he mounted the lamps at the front of the menorah, as HaShem had commanded Moses.”

One of our oldest and most familiar symbols, the menorah and its meaning, stretch back to the Burning Bush, where Moses first encountered G-d, forward to the events of Chanukah and into the present, where its lights stand for dedication. Even today, we see lovely replicas of it in our sanctuaries because its light is meant to remind us of the unwavering relationship between G-d and the Israelites. So, how do we shine a light on G-d? Aaron’s actions have much to teach us.

One might think that Aaron, the High Priest of all Israel, would have been given a more high-profile task, something more ‘glamorous’ than daily attending to the menorah— cleaning its lamps, filling them with oil, trimming the wicks, and making sure the lights were facing the front so they could be seen. Yet, we see this great man lovingly and patiently attending to the lights with a quiet humility that’s easy to miss. “*Va-ya’as keyn Aharon...*” (“Aaron did so”). So much unfolds from those three small words.

One commentator points out that, day after day, Aaron brought the same sense of reverence to his appointed task as he did on the day the menorah was first inaugurated. And Rashi teaches that Aaron did not creatively modify his task to suit his whim or his own motives. He simply

did what was asked of him wholeheartedly, and without thought of reward, from a sense of inner connection to G-d. This, the Sages teach, made his service very pure.

I have learned that in times of ‘darkness,’ one of the fastest ways to see past it is to simply look around and appreciate all the people who quietly emulate Aaron’s example. Thousands of people in our Jewish community and beyond, patiently, lovingly, and quietly “light the lamps” every day, to the blessing of us all.

It’s important not to underestimate the part we play by carrying out seemingly simple, everyday tasks with love and gentle reverence. This is how we “mount the lamps in front” for all to see. “Aaron did so,” and may we all be strengthened to follow his example.

Rabbi Shula (Colleen) Calmann is a Pastoral Counselor in private practice. Also a trained cantor, she received ordination from Rabbi Zalman Schachter-Shalomi in 2003.



Mom’s High Tea

Relax and enjoy a special high tea designed for moms of children with special needs. Organized by the Jewish Federation’s Committee on Inclusion and Disabilities.

June 22, 2014
Noon-2pm

Estelle’s Patisserie
901 K St., Sacramento

\$25/person plus gratuity.

Dairy/vegetarian menu. RSVP to inclusion@jewishsac.org by June 16th.

For more information, contact inclusion@jewishsac.org
or RSVP to 916-486-0906.



The Jewish Federation
OF THE SACRAMENTO REGION

CALENDAR

RECURRING EVENTS

Sundays

Introduction to the Torah Bookshelf weekly e-learning with Rabbi Joel Zeff. 7:00am. Visit Noahidenations.com, click on "Academy of Shem" in the Education section, select "Introduction to the Torah Bookshelf" (password is a12s, if asked). Open to all. For more information, contact 916-481-1159.

Men's Tefillin Club. Every second Sunday to lay Tefillin, learn Torah, and enjoy breakfast. 9:00-10:00am. Chabad Jewish Community Center, 302 B South Lexington Dr., Folsom. For more information, contact 916-608-9811 or visit www.JewishFolsom.org.

Mondays

Monthly discussion group led by Rabbi Melamed on the second Monday of every month. KOH Library and Cultural Center, 2300 Sierra Blvd., Sacramento. 1:30-2:30pm. Free. For more information, contact 916-484-7333 or jacks.dad@att.net.

Derech L'Chaim JACS (Jewish Alcoholics, Chemically Dependent Persons, and Significant Others). 10:30-11:30am. 2nd Floor Card Room, Albert Einstein Residence Center, 1935 Wright St., Sacramento. JACS is based on the 12 Steps of Alcoholics Anonymous with a Jewish focus. Confidential and anonymous. Please contact 916-591-8608 before attending for the first time.

Jewish Book Club at Temple Or Rishon. Every fourth Monday at 7:00pm. 7755 Hazel Ave., Orangevale. All are welcome. For our reading list, visit www.orrishon.org, select Programs for All Ages, then Book Club. For more information, contact Alison Braverman at 916-988-7110 or alcinp1@aol.com.

Loaves and Fishes. The third Monday of each month, the Jewish community serves lunch to the homeless at Loaves and Fishes. 1321 North C St., Sacramento. Volunteer at 7:30am to help prepare food or at 10:45am to help serve. For more information, contact mary@mosaiclaw.org.

Tuesdays

Baby and Me. Program for families with children birth to 2 years. Art, singing, movement, and fun! 10:30am. Temple Or Rishon, 7755 Hazel Ave., Orangevale. For more information, contact Marcia at 916-988-4100 or educator@orrishon.org.

Israeli Dancing. For more information about dates and venue, join Israelidancesac-subscribe@yahoo.com or contact Jeanette at 916-799-7213.

Wednesdays

Shalom Gan K'ton. For children 18 months-5 years. 10:00am. Temple Or Rishon, 7755 Hazel Ave., Orangevale. \$50/10 sessions with scholarships available. For more information, contact educator@orrishon.org.

First and Third Wednesday. Jessie Yoshpe Hadassah Study Group. Study Guide of Jewish Ethics. 9:45am. KOH Library and Cultural Center, 2300 Sierra Blvd., Sacramento. For more information, contact Soni Meyer at 916-383-5743.

Thursdays

David Lubin Lodge, B'nai B'rith. Third Thursday of each month. 8:00pm. Albert Einstein Residence Center Eatery, 1935 Wright St., Sacramento. For more information, contact Bernie Marks at 916-363-0122.

Jewish Women's Support Group. Led by Zalia Lipson. Chabad of Roseville, 3175 Sunset Blvd., Suite 104A, Roseville. 6:45pm. \$40 per session. For more information or to register, contact 916-624-8626 or ZaliaL@aol.com.

Fridays

Gan K'ton. For young children 18 months-5 years. Sing, play, create, listen to, and taste all the wonders of being Jewish, along with preparing for Shabbat. 10:00am. \$10/class. Enrollment and fees required. Scholarships available. Temple Or Rishon, 7755 Hazel Ave., Orangevale. For more information, contact Marcia at 916-988-4100 or educator@orrishon.org.

Tot Shabbat. Services, Singing, Storytelling, and Oneg for all children, including all who are young at heart. 6:00pm. Temple Or Rishon, 7755 Hazel Ave., Orangevale. For more information, contact Marcia at 916-988-4100 or educator@orrishon.org.

Saturdays

Taste of Torah. Second Saturday. Learn, laugh, sing, and "taste" the Torah. Free program for families with young children and children of all abilities. 10:30am. Temple Or Rishon, 7755 Hazel Ave., Orangevale. For more information, contact Marcia at 916-988-4100 or educator@orrishon.org.

GENERAL EVENTS

June 1, 2014. Evening in Eden, Keneset Israel Torah Center's annual fundraiser. Join us for our annual auction gala. Taste fine foods, wine, and beers. Drink up the cool sounds of live music while you have a chance to enjoy our beautiful campus on a spring evening. Local celebrity auctioneer David Sobon will be on hand to guide the proceedings of our silent and live auction. Tickets \$75/person and may be purchased at <http://kitsacramento.org/evening-in-eden/> or contact Laura Weisberg at 916-296-7164 or weisberg@winfirst.com. 6:00-9:00pm. 1159 Morse Ave., Sacramento. For more information, contact Laura Weisberg at 916-296-7164 or weisberg@winfirst.com.

June 6, 2014. Tzedek Shabbat: B'tzelem Elohim—Pride Shabbat with Dale Kasler. Free. 7:30pm. Congregation B'nai Israel, 3600 Riverside Blvd, Sacramento. For more information, contact Melissa Grand at 916-446-4861 or mgrand@bnais.com.

June 9, 2014. Timeless Teachings of the Lubavitcher Rebbe. Discover the revolutionary perspective of the most influential Rabbi of modern times and its relevance and meaning to our modern lives. Presented by local community leaders with special guest Rabbi Yehuda Krinsky, personal secretary of the Rebbe for over 40 years. He is the Chairman of Chabad World Headquarters. \$15 in advance/\$20 at the door/Sponsor \$180. 7:00pm. Hyatt Sacramento. RSVP at www.therebbe.eventbrite.com. For more information, contact 916-608-9811 x 10.

June 11, 2014. Leisure League at Temple Or Rishon. Join us for Bingo! \$5 includes lunch and entertainment. Funded by The Jewish Federation of the Sacramento Region and The Trust Fund for the Jewish Elderly. Noon-2:00pm. 7755 Hazel Ave., Orangevale. For more information about Leisure League or to RSVP, contact 916-486-0906 or federation@jewishsac.org.

June 26, 2014. Leisure League at the Albert Einstein Residence Center. Kim Davis has studied and played music for the past 13 years. In addition to flute, she has also studied piano, clarinet and the saxophone family. In Fall 2012, Kim graduated CSU Sacramento with a Bachelor of Music degree in Jazz Studies and Classical Flute Performance. \$5 includes lunch and entertainment. Funded by The Jewish Federation of the Sacramento Region and The Trust Fund for the Jewish Elderly. Noon-2:00pm. 1935 Wright St., Sacramento. For more information about Leisure League or to RSVP, contact 916-486-0906 or federation@jewishsac.org.

CALLING ALL BUSINESSES AND JEWISH ORGANIZATIONS IN THE SACRAMENTO REGION!

The Jewish Federation is preparing a **Resource Directory** and we want **YOU** to be a part of it!

Whether you are a doctor; computer technician; real estate agent; attorney; social service professional; chef/caterer; builder; DJ; accountant; academic tutor; or any other type of professional, you'll want to be included.

It's the most affordable marketing out there! Pricing is on an annual basis.

Business Listing

(includes name, address, telephone number, and website): **\$54**

Display Advertising

(all ads black & white except for inside front/back cover and back cover)

- ★ 1/4-page ad (2.25"x3.75"): **\$72**
- ★ 1/2-page ad (4.75"x3.75"): **\$118**
- ★ Full-page ad (4.75"x8"): **\$180**
- ★ Full-page Inside front/back cover and back cover (color): .. **\$360**

Reserve your space at jewishsac.org/resourcedirectory.

For more information, contact Elissa Provance at 916-486-0906 ext. 304 or eprovince@jewishsac.org.

Thanks to the 2,000 community members who joined us on May 4th for the

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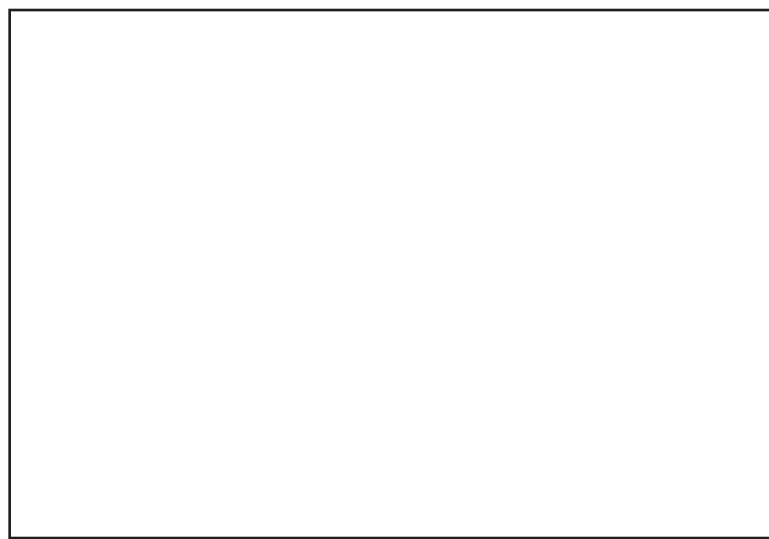
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