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10 REASONS TO ANSWER THE CALL



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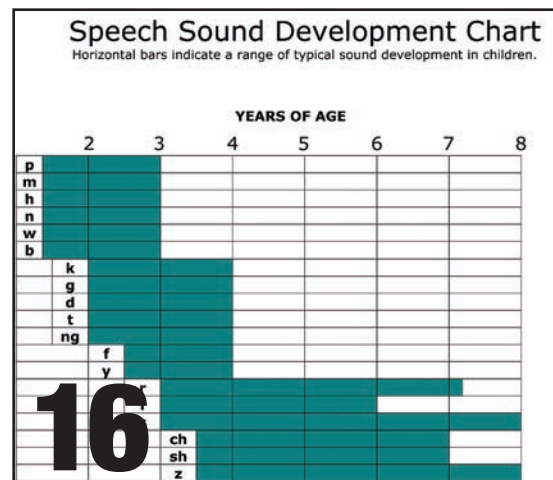
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Super Sunday: Answer the Call

the VOICE

your source for local and global Jewish news

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A Time to Say Thank You

I often struggle with what to write in this column each month. Not that I find myself at a loss for words— I can talk to a wall— but how, after 23 columns, can I stay relevant and offer something thought-provoking or profound?

Last month's column came with no struggle, no hesitancy. When it comes to Israel, the words just flow. For a few months, I have been thinking about what I could write to mark my 2 years with Federation. I could give an overview of our challenges and successes, but that might come off as self-congratulatory. What I really wanted everyone to understand is that a Federation is only as successful as the collective whole.

And then it hit me. It is time to say Thank You! If you read this on a regular basis, you have a good idea of what we've been through these past 24 months— a total transformation. None of this would be possible without all of you.

So I offer you two of the most profound words I know, words that none of us use enough, words that carry great power. Thank You. Thank you to every donor, volunteer, staff person, and community leader who has supported us along our path of rediscovery. Thank you for sticking with us over the years and for understanding the power of a vital central address for our Jewish Community.

Most importantly, thank you for believing in us. Because of you, we have been able to deal with the loss of Jewish Family Services by creating the Jewish Service Network. Because of you, we have reestablished relevancy, partnerships, and a clear vision.

On Sunday, May 5th, we will be calling you to say Thank You for all you've done. We hope you keep believing in us the way we believe in you.



Melissa Chapman is the Executive Director of the Jewish Federation.

The Guardian Angels Among Us

Ever since I was a child, my mother (z"l) always told me I had a guardian angel. It's not that I haven't had to persevere through challenges and heartache, or that I had what most would call 'good luck,' but it is true that situations I have faced in my life have had uncanny and unanticipated ways of working out. For example, 20 years ago, as a new arrival to Sacramento, I applied for a job that I just knew was meant for me, but I came in short, landing in the number two position on the coveted candidate list. So close! My disappointment was deep but I soldiered on. Six months later, I received a call and a job offer from that agency after it was discovered that the first candidate was not the best fit after all. I ended up staying with that agency for 17 years. Then there was the time I was in deep financial distress. How was I possibly going to pay all of my bills? I really had no idea. Out of the blue, a big fat check showed up in my mailbox as a reimbursement for fees I paid two years before on my vehicle, which was purchased out-of-state. Turns out it was against the

law to charge me for emissions that my car *might* emit over the course of its lifetime.

Not only do I seem to have my very own guardian angel, I also have the opportunity to meet people who are guardian angels to others— donors to Federation who know they make a difference to those in need right here in our community as well as around the world. What a blessing it would be to get to know every person that Federation dollars have touched but it's hard to put a face to everyone— perhaps geography keeps us apart or if we are speaking about local needs, it may be someone who does not feel part of our daily lives. But then I think, I, and my children, have benefited from Federation dollars and I know of many others in our community who also have benefitted. Federation dollars have helped me help my children to build, form, and preserve their Jewish identity. Federation dollars have helped me teach my children that people have a generous heart and a love of Judaism. Federation dollars have

helped me and my children learn how to go from strength to strength. So to my guardian angel and all of the guardian angels out there, I want you to know your generosity matters and that, I, and my children, are among the faces of those you have helped.



Elissa Provance is the Assistant Director and Managing Editor of the VOICE for the Jewish Federation.

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Filling the Gap with the Jewish Service Network

by Alicia Mittleman, LCSW

As the Resource and Referral Coordinator for the Jewish Federation, I have encountered community members from all walks of life. People contact me for a variety of reasons and no two calls are ever alike. I have worked with approximately 55 individual clients and families since I began in September 2012. Inquiries range from housing, financial assistance, and senior services, to health problems, mental health issues, and other areas of need. I refer callers to community resources or to a local synagogue, and in some cases, I visit with those who are homebound and provide case management. Additionally, I have been collecting and analyzing client data and meeting with Rabbis and community leaders to determine specific social service needs and how Federation can address these through our Jewish Service Network.

A few people stand out as a good representation of the type of assistance that is being sought within the Jewish community. A woman in her 50s sought help because she was hungry and had been fishing uneaten food out of restaurant dumpsters after they closed. This client has been able to utilize the Kosher Food Pantry multiple times and has been encouraged to continue to use the pantry as often as needed. Another woman in her 20s sought individual counseling to address depression. Due to her financial situation, she could only afford to pay a minimal amount for counseling so I referred her to an outside agency (see below for information about providing direct counseling services). A third client is a homeless woman in her 60s with severe mental health issues. She utilized the Kosher Food Pantry, but also requested a tent to provide her shelter, which we've been unable to provide for her due to our limited resources.

Based on these and other community members who have reached out to the Federation, the following are steps in process or next steps to grow the Jewish Service Network:

- ◇ We are excited to announce that we will have a Master's-level Social Work Intern from Sacramento State

University working with the Jewish Federation beginning Fall 2013. This intern will provide resources and referrals to members of the community, carry a small caseload of clients, co-facilitate support groups, and assist with program development.

- ◇ We will be offering peer support groups to community members in areas such as bereavement, caring for an aging spouse or parent, and parents of special needs children.
- ◇ We are actively recruiting community members to volunteer with the Jewish Service Network to visit with homebound seniors, provide rides to seniors, call and check on homebound individuals, and deliver outreach baskets during various holidays.
- ◇ We are looking for therapists, social workers, psychologists, and other social service professionals willing to volunteer with the Jewish Service Network to provide sliding scale or free-of-charge therapy to our clients. (Federation will also investigate the feasibility of providing individual and family therapy.)

This is an exciting time to work at the Jewish Federation and watch the community come together to support the Jewish Service Network. This time next year, we hope to be providing even more services and reaching out to more members of the community.

Learn more about the work Alicia is doing on p. 7. If you are in need or know someone in need, contact Alicia at 916-205-0688.



Alicia Mittleman

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Yom HaZikaron: Remembering Israel's Fallen Soldiers

Local Israelis and Sacramento-area community members joined together on April 14, 2013 to commemorate Yom HaZikaron (Israel's Memorial Day) at an event sponsored by the Jewish Federation. The program began with the traditional sounding of a siren for two minutes, giving attendees an opportunity to remember soldiers, family members, and friends.

Hadas Buskila, the Israel Fellow at Hillel at Davis and Sacramento and a survivor with her sister of the 2001 terrorist attack in Jerusalem at Sbarro's restaurant, organized the program with Federation Board member Gil Allon, Hillel Program Director Lauren Trexler, and UC Davis student Sarah Garfinkel. The afternoon included special readings, poems, songs, and video remembrances of fallen soldiers Benny Hillman, Ro'i Klein, and Michael Levin.

Hillman, whose family made aliyah when he was a young child, was killed during the 2006 Lebanon War. His mission was to stop missile fire coming from Lebanon, however, when he and fellow soldiers entered the country, Hezbollah was waiting and ambushed the platoon. Family and friends remembered Klein as funny, imaginative, and a musician. A fellow soldier described how he went from a "sheep to a lion" upon entering battle. Klein was killed when he threw himself on top of a grenade while attempting to rescue wounded soldiers. Levin, a Philadelphia native who joined the Israel Defense Force and became what Israelis refer to as a "Lone Soldier," was motivated to make aliyah and serve after hearing a lifetime of stories by his maternal grandparents, who were Holocaust

survivors. His mother, Harriet, described his high school trip to Israel as a turning point and one that led to the Nativ program and eventually becoming a soldier.

Buskila recounted her personal story of losing her uncle in 1982 and how she threw herself over her sister to protect her at the Jerusalem restaurant.

"I could hear birds in the sky for a single second after the bomb went off," she said, "and then screaming. I swore I would never go back to Jerusalem. My sister still wakes up with nightmares and is afraid of balloons."

Despite her family's trauma, when it came time for her younger brother to serve in the army, she told him that, like their uncle, their father, and like her, he had no choice but to serve his country.

"I would like to congratulate the Federation for the excellent Yom HaZikaron ceremony it sponsored," said community member Alan Edelstein, who, with his wife, Dana, lives in Jerusalem for six months each year. "I would like to especially commend the UC Davis Hillel representatives who organized and participated in the program. It was moving and poignant."

Edelstein added, "Yom HaZikaron, which honors thousands of mostly young men and women, as well as American Jewish volunteers who have given their lives in defense of our Jewish homeland, is one of the most meaningful and solemn days in Israel. The program this year in Sacramento helped capture that feeling for those who attended. I would encourage more members of our community to attend next year."

Lyrics to the song, *A Million Stars*, written

by Israeli actress Amit Farkash following her brother's death in a helicopter crash, were read, as was a poem by Raya Hernik, about a mother who lost her child. The program ended with the singing of Hatikva, Israel's national anthem.

"We continue to hope," said Buskila, "that there will be a day when young men and women will not have to sacrifice their life and we can all live in peace."



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Helping People, Solving Problems

In September 2012, Alicia Mittleman, LCSW, joined the Jewish Federation staff as our community's Resource & Referral Coordinator. Since that time, Alicia has been responding to inquiries, meeting with community leaders, and figuring out how we can continue to build the Jewish Service Network. We've gotten to know her really well during these months and we thought you'd like to get to know the person who is helping us bring social services back to the community.

the VOICE: Tell us a little bit about your background.

Alicia Mittleman: I have a professional background in child welfare and volunteer experience with the elderly, developmentally disabled individuals, and HIV/AIDS research. In my personal life, I'm involved in community causes with animal groups. I've also participated in the AIDS ride to raise money for HIV/AIDS research. I like doing community-based activities. I really enjoy helping people and helping them solve problems. I don't like to see inequities in the world. Social Work is my way to give back and help a small portion of the world become a better place.

the VOICE: You've been here for seven months. What kinds of services have you

been providing?

AM: I've been able to provide resources and information for people who call in, case management on a limited basis, home visits to homebound individuals, outreach to rabbis and community groups, and access to the Kosher Food Pantry.

the VOICE: What are you seeing as the greatest needs?

AM: The greatest need is financial resources— people coming up short when paying their bills. We are trying to fill the gap with the Kosher Food Pantry, which means one less expense a person has to face. I suggested to a caller who was in need of financial help that he come use the pantry so he had more money to pay his bills. It's about helping people learn how to solve problems.

the VOICE: What should community members know about the kinds of needs others are facing?

AM: A lot of Jews are going hungry every night. A lot of Jews spend weeks at a time isolated. A lot of Jews are struggling financially. The perception in this country is if you're poor, you must have mental health issues or drug or alcohol addictions. I've never encountered anyone with those issues. People have just fallen on hard

times and need support. Unaffiliated Jews need connections to the world. It's a greater need than people realize. Some are embarrassed and don't want to talk about it— not even to a rabbi— so they turn to me. For every person who has called me, there are probably 10 more in need of help that haven't called.

the VOICE: What recommendations do you have?

AM: The biggest thing we should tackle is short-term counseling. A discretionary fund would help— I had a homeless woman ask for a sleeping bag but we didn't have the funds to purchase it. The response to the Kosher Food Pantry has been tremendous but we also need people to donate gift cards to grocery stores or Target. We also need to build a volunteer database. I can't do it all. Even if one person agrees to help, that person would help so many others— just by calling on the phone, delivering groceries, or providing rides to synagogues. There are so many people I hear from who want to go to services and can't get there. That connection would do their soul a lot of good.

Learn more about the work Alicia has been doing on p. 5. If you or someone you know needs support, contact her at 916-205-0688.

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Doing the Right Thing Because It's the Right Thing to Do

Federation Board member and Campaign Co-Chair Bob Dresser is one of four faith leaders being honored at the Interfaith Council of Greater Sacramento's (ICGS) Power of One Awards Ceremony on May 9, 2013.

"I became involved with the Interfaith Service Bureau (ISB, predecessor to the Interfaith Council) in the 1980s in connection with the Jewish Community Relations Council (JCRC)," Dresser explained. "I was trying to reach out to improve community relations. I worked with Dexter MacNamara, who did a good job with the ISB and efforts to address hunger by funding local food closets."

The former JCRC Chair joined the ISB Board and learned how much different faiths had in common regarding the pursuit of justice and social and economical betterment. He began working with Jon Fish, current President of ICGS, who Dresser said, "has an appreciation of other views and other cultures. That's good because, without giving up our own beliefs, we are trying to

see what we have in common and hope for peace. It's important for the Jewish community not to be too insular because then, other faith groups wouldn't know our wonderful values of pursuing justice, the worth of the individual, assisting the needy, or our belief that we don't need an intermediary between our prayers and G-d."

The feeling between Fish and Dresser is mutual.

"Bob Dresser is one of four being recognized this year for his outstanding achievement in helping the Jewish faith in Sacramento work closely with many other faiths in a true interfaith capacity and role," said Fish. "He is well-known in many religious circles in Sacramento and those who have associated with him know him to be a gentleman and devout Jewish brother. There are many who are grateful to call him friend."

This is one in a long list of honors that Dresser has received for his community relations work. Earlier this year, he was

honored at the Japanese American Citizens League's Community Day of Remembrance, an event commemorating the 25th anniversary of the Civil Liberties Act of 1988, which provided redress to Japanese Americans incarcerated during World War II. At that time, in his role as JCRC and Human Rights Commission Chair, Dresser wrote letters in support of legislation calling for reparations, which resulted in payments.

"These were more symbolic," Dresser said, "since no payment can replace the dignity of being incarcerated and having your property taken."

What drives Dresser to continue his decades-long volunteer work is simple: *tikkun olam* or repair the world.

"You can do it individually, with your own group— religious or otherwise— or on your own, but you get more done with other people," Dresser noted. "We are working together to do justice as best we can. To work for these causes, to fight poverty, inhumanity, and other issues— it's the right thing to do."

The Power of One Dinner and Awards Ceremony is May 9, 2013, 6:30-8:30pm at Fremont Presbyterian Church. For more information, visit sacramentointerfaith.org/news__calendar/news. To make a donation in honor of Bob, please contact Melissa Chapman at 916-486-0906 ext. 301.



Evening in Eden

Sunday Evening, June 9

Annual Auction Gala

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1159 Morse Ave., Sacramento

Join KITC and Rabbi Joel Zeff as we celebrate with the cool sounds of the **Midtown Jazz Trio**. Taste wines, beers, sushi and other fine foods and enjoy our beautiful campus on a spring evening. **Local celebrity auctioneer David Sobon** will be on hand to guide the proceedings and keep things entertaining as always.

Invitations and for more information: kitsacramento.org

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Remembering Harriette Schwartz: 1930-2013

Harriette Cohen Schwartz (z"l) was famous for making lists. If she were to write a list of things she loved, it would likely include entertaining, organizing, singing, being of service, and people. But nothing could ever replace what she loved most: her family. Schwartz passed away on April 6, 2013 from a rare form of cancer and is survived by her husband of 62 years, Joe Schwartz, five children, nine grandchildren, and one great grandchild.

Originally from Denver, Colo., Harriette grew up in the restaurant business, surrounded by people. From weekly Shabbat dinners that included extended family to guests at her wedding numbering 650, her mother, Ida, was always entertaining so it was just natural for her own home to become a gathering place for people of all ages and backgrounds.

"There were a lot of us," said Marcee Samberg, the oldest of Harriette's children. "Five kids, two parents. I don't think a few more mattered."

Added her sister, Susan Blum, "My mother always had the mantra at holidays, 'I'm cooking for 12, what's one or two more?'" And when she had double knee surgery in 2010, son Bill began organizing Thursday night dinners, inviting a surprise guest each week.

"We had 100 dinners over two years," he said. "The highlight was the cross-section of people from different parts of her life."

Judaism was central in the Cohen household. In 1919, her grandmother, a Russian immigrant, founded Beth Israel Hospital and Home Society, thanks in part to Harriette selling pencils to raise money. A statue of her grandmother, Bella Mintz, now graces what was renamed Shalom Park, a multitiered facility for seniors.

Harriette, too, made Judaism a priority. She was an active member of Congregation B'nai Israel (CBI), as well as a member of Mosaic Law Congregation and Hadassah. She was a contributor to Hillel at Davis and Sacramento and was critical to the early success of the Jewish Federation's Women's Division.

"I am lucky to have worked with (Harriette) on the Music Committee at B'nai Israel,"

wrote Debbie Gordon in a card to the family. "Harriette was always so smart about the Committee's projects and issues. I have to add that I wish she had been lest modest. When Leah Ezray and I were researching her B'nai Israel activities in order to include her in our archives exhibit, we learned of committee after office after project she had undertaken. She insisted she didn't merit inclusion but, of course, she did. The exhibit was called *Women of Valor* and she truly was one."

Close friend Evie Lieb, who worked with Harriette in Federation's Women's Division, described how her friend's involvement was minimal at first, but with the Six-Day War, she realized the importance of a Women's Division.

"This monumental event galvanized Harriette into doing everything she could for the survival of Israel and world Jewry," Lieb said. "After serving at many levels in the Women's Division Campaign and Board, she became Campaign Chairman. The next year, she took over the Presidency of Women's Division, and served on the Board in an official and honorary capacity for years."

She was, perhaps, most famous for "Harriette's Rules," what her children described as a values-based code of ethics or the benchmark against which other people measured their own actions. Many would ask, "What would Harriette do?"

"Emily Post had nothing on her," said Bill of the rules that his sister Susan stored on her cell phone. Among them: "If you don't go to the Bar Mitzvah, you don't go to the party;" "The first invitation you accept is the one you honor;" and "Do not have a centerpiece that blocks the vision of your guests."

"She was respected in her generation and other generations for being non-judgmental," Bill explained. "People would confide in her. One of her newest buddies was a 21-year-old neighbor who would spend hours with her at the house."

Marcee, Susan, and Bill all noted that how their mother lived her life is how she handled her diagnosis.

"There was no boo hooing," Marcee recalled. "She would say, 'I'm too busy living life to think about dying.'"

Said Susan, "Everyone wanted to do things to make her happy but she just wanted to be home with family around."

Bill agreed, adding, "She lived her last months how she lived her life. With her children at the center of her world."



**David Lubin
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Second Thursday of the Month

**For membership information
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Who is crying for them? Who is thinking of them?

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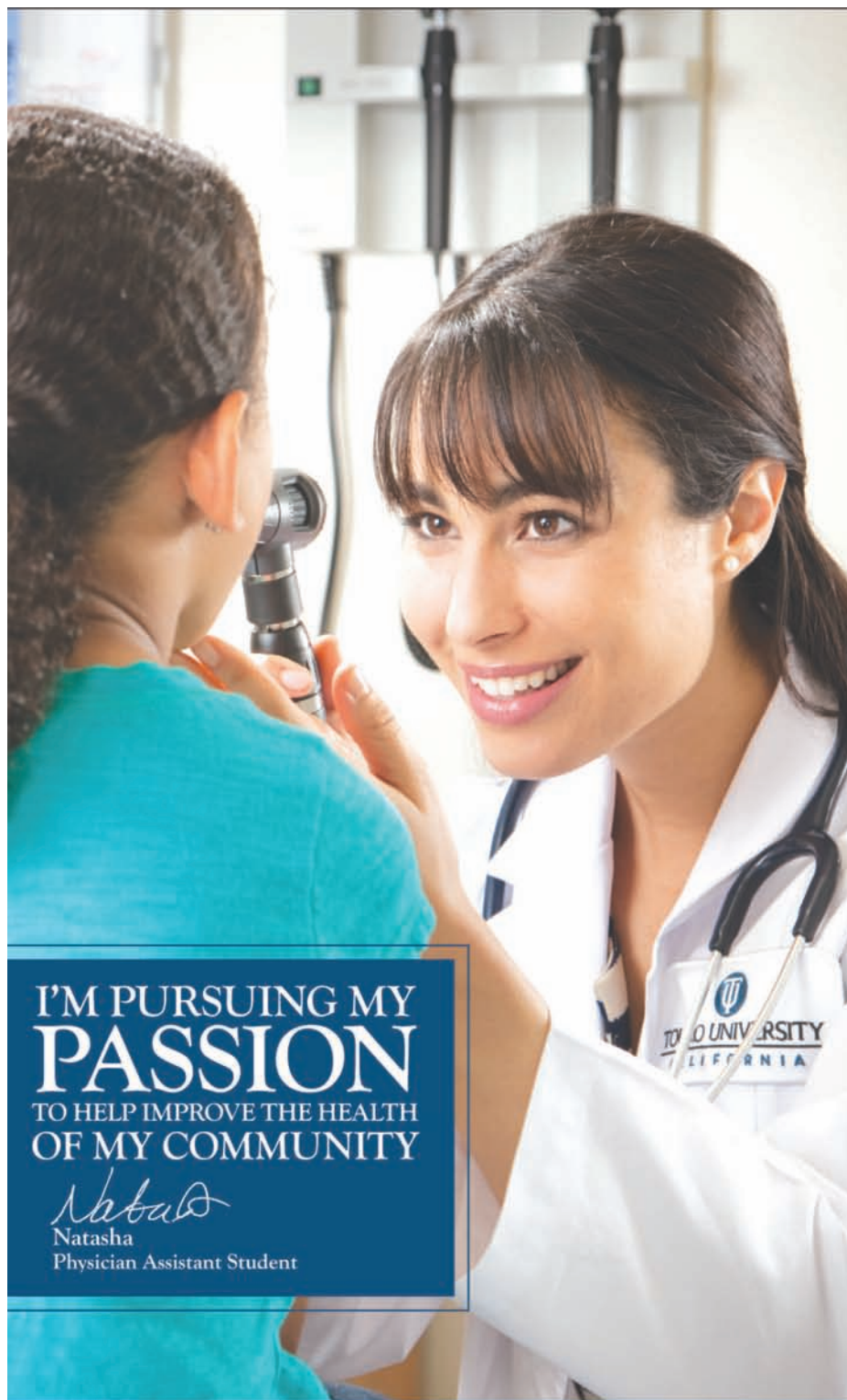
JCRC's Israel Affairs Committee Offers Israel Education Programs

The Israel Affairs Committee of the Jewish Community Relations Council of Sacramento is offering a Chavurah education and outreach initiative on the topic of Israel and its people.

Gail Rubin, Israel Affairs Committee Chair, noted, "Israel faces a number of serious challenges including, but not limited to, the threat of nuclear build-up in Iran; the ongoing war in Syria; political instability in Egypt; as well as efforts in some quarters to delegitimize the Jewish State."

In response to a growing number of members of our local Jewish community who wish to become more educated about Israel for purposes of strengthened advocacy and knowledge about America's closest ally in the Middle East, the Israel Affairs Committee is identifying speakers and/or discussion leaders to present Israel education programs on a variety of topics. The presenters will come to your Chavurah group to discuss a topic of your choosing. Sample topics include Life in Israel; Israel's Education System; Economy of Israel; Israel as a Technology Leader; Israel Security; or History of Israel.

For more information, contact Eddi Benjamini at 916-721-4482 or eddiben@comcast.net, or Gail Rubin at 530-400-9695 or gamarub@aol.com.




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10 REASONS TO

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If you're reading this, let us begin by saying thank you to our supporters. The bottom line is we need more people to support us. It is our day to reach out to the community, and we need your continued support. Without our donors, none of this would be possible. You understand it, you believe in it. We have over 1,000 people to reach out to on their phones...we have over 1,000 people to reach out to. Help us answer the call by volunteering.

10. You can pretend to be part of the Jerry Lewis telethon (tuxedo optional).

9. You get to repeat the phrase "Smile When You Dial."

8. There will be nosh. Good nosh.

7. There will be contests going on throughout the day...see how many hang-ups you get!

6. Got teens in need of community service hours? They love talking on the phone, so this is a great fit!

Every dollar raised goes to fund critical services for our community. Help us make calls, contact Melissa Chapman at mchapman@thevoice.org

ANSWER THE CALL

May 5, 2013 | 10:00am-3:00pm

g thank you because it means you are a Federation
people like you! That's where Super Sunday comes in.
thank them for their generosity, and ask for their
of our work is possible! We need you to help tell our
in it, and you support it. Stop by and bring your cell
ch! Not convinced? Following are 10 Reasons to
unteering. Join Us for Super Sunday!



5. You can check out our offices in Midtown where you will find plenty of parking on Sunday.

4. Did we mention there will be nosh?

3. You can reward yourself with a Cinco de Mayo margarita afterward.

2. What better way is there to be part of the community than to help build it?

And the number 1 reason to join us? You get to make a difference in someone's life as well as your own.

up us do more! For more information, or to RSVP that you will join us to
man@jewishsac.org or 916-486-0906 ext. 301.

ADVICE: Celebrating Shavuot with Milk and Honey

by Evie Lieb



Evie Lieb

Shavuot begins at sundown on Tuesday, May 14th and ends at sundown on Thursday, May 16th. There are a number of explanations for the consumption of dairy foods during Shavuot, the holiday commemorating the giving of the Torah on Mt. Sinai. Exodus contains a reference to “a land flowing with milk and honey;” the Song of Songs refers to spring in the Holy Land as a time when “honey and milk are under your tongue.” Some say that since the laws of Kashrut were first observed by Jews upon receiving the Torah, eating dairy as something special for the holiday helps reinforce those regulations. Also, the correspondence of the holiday to the season when young ruminants stop suckling leads to an abundance of milk with which to prepare dairy dishes.

A wedge or block of cheese drizzled with honey is a really delicious marriage of flavors. Blue, goat, or feta will produce different but equally flavorful results. Apple slices, crackers, or small toasts are perfect accompaniments for this simple hors d'oeuvre that is symbolically so appropriate for Shavuot.

Crostini with Goat Cheese and Fig and Onion Jam

This recipe was created by Cambridge, Mass., food consultant Julia Shanks. It's especially good for entertaining because the jam

component can be prepared way ahead of time and assembly for serving is easy. You won't believe how much the little bit of garlic rubbed on the crostini adds to the enjoyment of this treat! As Julia describes it, “It's mostly about kitchen gardening and cooking, but I do stray off on other tangents, including how to kasher your kitchen.”

Fig and Onion Jam

2 Tbsp butter
1 medium onion, diced
1 C dried figs, coarsely chopped
1/2 C balsamic vinegar
1 C water
2 Tbsp fresh thyme leaves
salt and fresh-ground pepper to taste

Crostini

1 baguette
Olive oil for brushing
2 large cloves garlic, peeled and halved

Soft goat cheese for serving.

Make the jam. In a sauté pan or medium skillet melt the butter. Add onion and cook over medium heat, stirring occasionally, until it begins to brown. Add the dried figs and balsamic vinegar. Cook until the vinegar has reduced by three-quarters (to about 2 Tbsp), watching carefully to avoid scorching the mixture or reducing it too far. Add the water and continue cooking until the figs are nice and soft. Stir in the thyme and season with salt and pepper. Allow to cool before using on crostini.

Prepare the bread. Slice the baguette into 3/4" pieces. Lightly brush one side of each slice with olive oil. Toast the bread. While still warm, rub oiled surfaces with cut side of a clove of garlic.

Spread 1/2 Tbsp goat cheese on each slice and top with a small spoonful of fig jam.

Salad with Baked Goat Cheese

The components of this salad allow for flexibility in the number of servings. All leftovers can be stored and saved for other uses. This

was inspired by a recipe from Chez Panisse restaurant.

Several days ahead prepare marinated cheese by layering 3/4-inch to 1-inch slices of goat cheese log in a short wide-mouth jar or other container, sprinkling each layer with dried herbes de Provence and topping with a bay leaf. When all slices are in, pour extra-virgin olive oil over them, cover and store in the refrigerator. Handle carefully when removing from the oil—they break! (When the cheese is consumed, the herbed oil can be used to flavor cooked vegetables or in another salad.)

Vinaigrette

1/4 tsp salt
Juice of 1/2 lemon mixed with
3 Tbsp balsamic vinegar
1/2 C extra virgin olive oil
1/2 tsp Dijon mustard
Fresh ground pepper
1 large clove garlic, peeled and roughly crushed

In a small bowl dissolve the salt in the lemon juice-vinegar mixture. Slowly whisk in the olive oil, then the mustard. Add fresh-ground pepper to taste. Add the garlic to the dressing and mix well to flavor the dressing. Use vinaigrette at once or store in a covered jar in cool place. Do not leave the garlic in the dressing after the first day.

Breaded Goat Cheese

1 C dried bread crumbs mixed with
1 Tsp dried thyme
Slices of marinated goat cheese
Toasted walnut halves or baguette slices, optional

For each serving, coat one piece of cheese (or more if you like!) with the herbed bread crumbs and place on a foil-covered low-sided baking sheet or toaster-oven pan. Refrigerate until ready to bake. Bake in pre-heated 400-degree oven for about 6 minutes or until cheese is hot and coating is golden. (Store leftover crumb mixture in an airtight container.)

While cheese bakes, place a generous handful of *mesclun* (mixed baby lettuces) for each serving in a bowl big enough for tossing the greens. Toss with vinaigrette and divide the salad among the plates.

With a flat spatula, carefully remove the warm baked cheese pieces one by one from the pan and place atop each salad. If desired, garnish

salads with toasted walnut halves and/or toasted baguette slices.

Moldavian Corn and Feta Cheese Bread

Adapted from *Please to the Table: The Russian Cookbook* by Anya von Bremzen and John Welchman. This is good with soup, vegetarian chili, or just a slice of feta. In addition, the authors recommend topping servings of this cornbread with crumbled feta, baking in a 375-degree oven until bubbly, then topping with roasted red pepper for an appetizer.

2 C crumbled feta cheese
1/2 C sour cream or Greek yogurt
2 large eggs, lightly beaten
2 C milk
6 Tbsp unsalted butter, melted
2 C yellow cornmeal, preferably stone-ground
3/4 C unbleached all purpose flour
1/2 tsp sugar
2 tsp baking powder
1/2 tsp baking soda

Combine in a large bowl the cheese, sour cream or yogurt, eggs, milk, and melted butter. In a medium bowl whisk together the remaining ingredients to combine them thoroughly and evenly. Stir the dry ingredients into the cheese mixture and blend thoroughly. Cover and let stand 15 minutes.

Generously butter or spray a 9"x 13" baking pan. Position a rack in middle of oven and preheat to 375 degrees.

Turn the batter into the prepared pan and bake until light golden and firm to touch, about 30 to 35 minutes. Serve warm or cool on a rack and reheat later.

This bread freezes well. If you are not planning to serve it all at once, wrap individual pieces so that they can be thawed and reheated more quickly.

Note: You can prepare half this recipe in an 8" square pan. The cornbread won't be very high, but the taste is the same. This takes about 20-25 minutes.

*Evie Lieb has been teaching cooking since 1978 and is recognized in Sacramento and beyond as a skilled and inspired pastry chef, baker, and Jewish cook extraordinaire. Inspired and instructed by her mother and aunts who were excellent cooks and bakers, she has written articles and taught traditional Jewish recipes, as well as presented demonstrations of Jewish cooking on television. Evie is currently helping to produce and present *The Perfect Recipe for...*, a series of programs about Jewish cooking at the KOH Library and Cultural Center.*

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May is Better **Hearing and Speech** Month!

by Deborah Hoffman Gonzalez, MA-CCC/SLP

Editor's Note: The following is the second in an occasional series of articles by Federation's Committee on Inclusion and Disabilities (CID) to raise awareness of, provide resources for, and educate the community about individuals with disabilities.

Since 1927, the American Speech-Language-Hearing Association has celebrated Better Hearing and Speech Month each May to raise public awareness of speech and language disorders that affect 14 million Americans.

Speech and language disorders can take many forms and can limit academic achievement, social adjustment, and career advancement. But how is a speech or language disorder detected? When should parents be concerned that a child is not talking or is unable to make certain sounds like an "r" or "th"?

Before answering those questions, it's important to define the components of communication:

Language is made up of socially shared rules that include the following:

- ◇ What words mean (e.g., "star" can refer to a bright object in the night sky or a celebrity)
- ◇ How to make new words (e.g., friend, friendly, unfriendly)
- ◇ How to put words together (e.g., "Peg walked to the new store" rather than "Peg walk store new")
- ◇ What word combinations are best in what situations ("Would you mind moving your foot?" could quickly change to "Get off my foot, please!" if the first request did not produce results)

Speech is the verbal means of communicating, consisting of the following:

- ◇ **Articulation:** How speech sounds are made (e.g., children must learn how to produce the "r" sound in order to say "rabbit" instead of "wabbit")
- ◇ **Voice:** Use of the vocal folds and breathing to produce sound (e.g., the voice can be abused from overuse or misuse and can lead to hoarseness or loss of voice)
- ◇ **Fluency:** The rhythm of speech (e.g., hesitations or stuttering can affect fluency)

Pragmatics refers to:

- ◇ The ability to use language for different purposes (e.g., greeting, requesting, or informing)
- ◇ Changing language according to the needs of a listener or situation (e.g., talking differently to a baby than to an adult or giving background information to an unfamiliar listener)

- ◇ Following rules for conversations and storytelling (e.g., taking turns in conversation, staying on topic, or using verbal and non-verbal signals)

So how do you know if your child is developing appropriately? In general, your child may benefit from an assessment by a speech-language pathologist if:

By age 3 years cannot:

- ◇ be understood by family and/or caregivers
- ◇ correctly produce vowels and such sounds as p, b, m, w in words
- ◇ repeat when not understood without becoming frustrated

By age 4 years cannot:

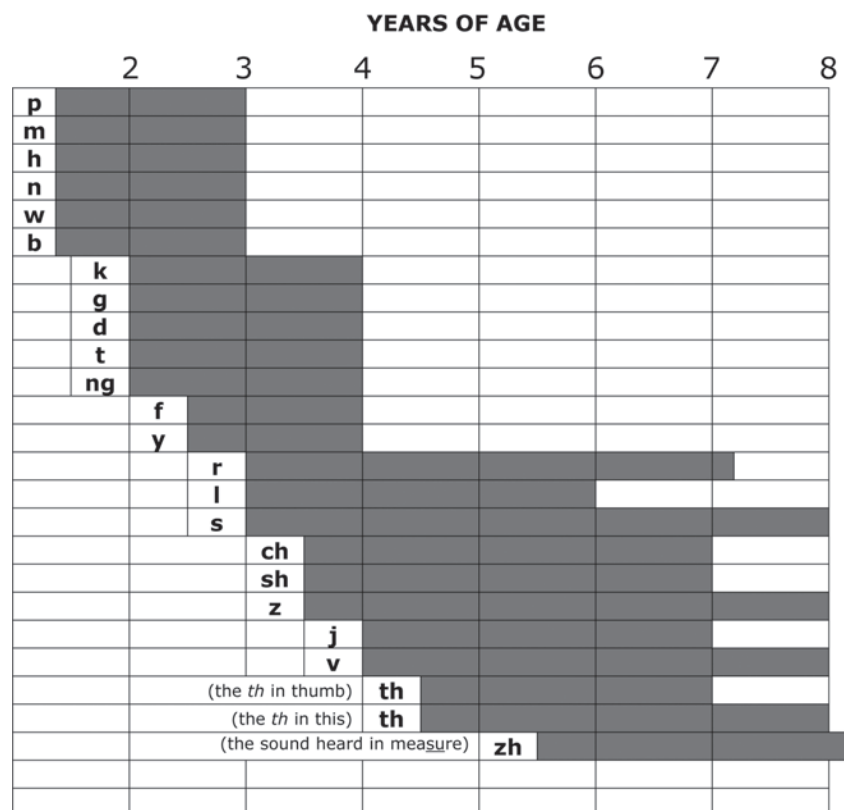
- ◇ be understood by individuals with whom they do not associate regularly
- ◇ be understood by family and/or caregivers
- ◇ correctly produce t, d, k, g, f
- ◇ be asked to repeat without becoming sensitive

By age 5 years cannot:

- ◇ be understood in all situations by most listeners

Speech Sound Development Chart

Horizontal bars indicate a range of typical sound development in children.



Source: Sander, Eric K. "When Are Speech Sounds Learned?" JSHD, 37 (February 1972).

- ◇ correctly produce most speech sounds
- ◇ be asked to repeat without exhibiting frustration

If any of these milestones cause a concern, where should you go for assessment and intervention?

Your pediatrician is the first place to start to discuss your concerns and receive a referral. (Most insurance plans will cover assessment; approval of ongoing treatment depends on the type of disorder and its etiology.)

Between the ages of birth to age 3, a combination of Federal, State, and County funding provides services through local Regional Centers and County Offices of Education. The California Department of Developmental Services is the administrative agency for this population and information about referral (including self-referral) and services may be found at www.dds.ca.gov/earlystart or contact 800-515-2229 or earlystart@dds.ca.gov.

Starting at age 3, your neighborhood school is the first place to contact, even if your child is not enrolled there (e.g., attends a private school or is not yet enrolled in school). They are obligated to perform an assessment at a parent's request. If your child qualifies for services, you work with the school district to develop an Individualized Education Plan (IEP). Finally, a variety of private practices in the area may work with your child either through insurance or private pay.

Deborah Gonzalez is Co-Chair of CID with Peggy Blincoe. For more information about developmental milestones, visit www.asha.org/public/speech/development. For a list of private practices, visit www.asha.org/proserv/. For more information about CID, contact inclusion@jewishsac.org.

Legislature Votes to Establish a Jewish Caucus

A Shabbat morning breakfast and Torah study with Rabbi Mona Alfi of Congregation B'nai Israel who also serves as the Senate Chaplain, was the setting for the first gathering of the newly established Jewish Caucus within the California Young Democrats.

"The genesis of the Caucus was to bring the Jewish community and the Democratic Party together," explained Ryan Pessah, one of the founders along with Claire Conlon, who will serve as a consultant. Founding officers include Avi Brotslaw, Jason Ackerman, Igor Tregub, and Andrea Edelman.

The news came about following an April 11th Legislative vote to have an unofficial Jewish Caucus, followed by the acceptance of a charter by the California Young Democratic Party on Friday. The Caucus will not take official positions, nor does it receive any government resources; rather, it is designed to bring together Jewish legislators around Jewish issues and Israel.

"The Jewish community is yearning for something Jewish," Pessah said. "We want to band together for the sake of the Jewish community. There is an unfair portrayal and misrepresentation of what Israel stands for and the true colors of Israel."

Two years ago, Pessah, a JCRC Board member, founded Capitol Kneset, a monthly meeting with Jewish Legislators, lobbyists, communal professionals and lay leaders, and interested community members, which he said laid the foundation. Additionally, Jewish lawmakers, such as Senator Marty Block, lent their support due to their strong affiliation with Jewish issues.

"I was pleased to see a huge turnout, including the President pro Tem of the

State Senate," said Senator Block (DS-39). "This group can be a training ground for future leaders who will engage in issues of concern to the Jewish community."

The kick-off event featured Rabbi Alfi leading a Torah study that discussed Israel and the different names it has had during its 65 years of independence. The meeting focused on "engaging young Democrats in issues of particular Jewish concern and to invigorate young Jews to engage in politics from a progressive Democratic perspective." Future meetings will focus on a variety of topics, including anti-Israel rhetoric on college campuses, equal labor laws, immigration, and connecting with other caucuses. Goals include supporting Jewish members in upcoming elections, connecting with college campuses statewide, and filling the gap in Jewish caucus membership in identified areas of the state.

"Our charter was accepted along with a Muslim Caucus and an LGBT Caucus," Pessah noted. "We reached out to them to do a resolution to show we need to work together for the goal we want."

For more information about the California Young Democrats, contact cydjewishcaucus@gmail.com.



Ryan Pessah and Claire Conlon

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OUT & ABOUT



The Annual Legislative Seder was a sold out event on April 3, 2013 with 130 people, including 21 legislators. From left, Assemblyman Katcho Achadjian, Assemblyman Bob Blumenfield, Assembly Speaker John A. Perez, Lobbyist Gary Cooper (organizer), Assemblyman Al Muratsuchi, Lobbyist Jerry Haleva recite *Who Knows One?* in six different languages: English, Spanish, Hebrew, Ladino, Armenian, and Japanese.



Eliza Wechsler-Azen will become Bat Mitzvah on May 11, 2013, at Congregation Beth Shalom. She is a 7th grader at Arcade Middle School, where she has discovered a

love of science. Eliza also plays volleyball, runs track, plays trumpet in the band, and is a member of the Honor Society. For her Mitzvah Project, she has been volunteering at My Sister's House, a haven for women, especially Pacific Islanders, who need shelter for themselves and their children.

.....
Since its inception 2008, the Eleanor J. Marks Holocaust Essay contest, now in its fifth year, has reached more than 500 middle schools, 300 high schools, many colleges, and this year, has seen entrants from many European universities. Bernie Marks travels all over the world making Holocaust presentations and promoting the essay project to schools, universities, and civic organizations. The 2013 winners and runner ups are:

Brookfield School: Sagal Essa, winner/Kenji Matsuno runner-up

Mccaffery Middle School: Fabian Rodrigez, winner/Brook Gilstrap, runner-up

St. Francis of Assisi Elementary School: Maria Avenito & Mariana Hardy, winners/
Presto Winters, Special Award

Holmes Junior High School: Rachel Harriman, Special Award

C.K. McClatchy High School: Bonnie Lindgren, Special Award

Sacramento Charter School: Dely Perez & A'Mariah Lovelace, winners

San Juan Senior High School: Violetta Buraga, winner/Norma Cabrales Rubio, runner-up

Congregation B'nai Israel: Maren Skarstad Davidso, Madracha winner/Ari Steinberg, Madrach Special Award/Leeza Wong, 7th-grade winner/Skyler Mikalson, 8th-grade runner-up

Congregation Beth Shalom: Samuel Ross Pettinato, Special Award

Shalom School: Zohar Ofek & Jack Augustus Cartwright winners

University, Freiburg, Germany: Julia Gross & Albert-Ludwig

College St. Croix, Freiburg, Switzerland: Sella Ruffieux

College St. Michael, Freiburg, Switzerland: Patricia Kunz

Belgrade University, Belgrade, Serbia: Hristina Yacentovic

ISRAEL *BEYOND THE NEWS*

by Eddi Benjamini

Israel Beyond the News follows The Israel Calendar, launched by the American-Israeli Cooperative. Each month, Temple Or Rishon member and JCRC Board Member Eddi Benjamini highlights a different theme about a side of Israel that you won't see in the mainstream press. This month he looks at Democracy in Israel.

The Israeli system of government is based on parliamentary democracy. The Prime Minister is the head of Government and leader of a multiparty system. Executive power is exercised by the Government and Legislative power is vested in the Knesset. The Judiciary is independent of the Executive and the Legislative branches. The political system of Israel and its main principles are set out in 11 Basic Laws. Israel has no written constitution.

Elections to the Knesset are held every four years. The elections are based on a vote for a political party rather than an individual. The vote is universal, countrywide, secret, and proportional. Knesset seats are assigned in proportion to parties' percentage of total votes. Ordinarily about a dozen parties receive the current minimum of 2% of the votes in order to qualify for Knesset representation. Each qualified party receives proportional share of seats based on the percentage of votes it gains. In the 2013 elections, 34 parties ran for the 120 seats.

With a few exceptions, election day is a holiday and polling stations are open from 7:00am until 10:00pm. Voters residing more than 20 km from polling places may receive free round trip government vouchers for fares to the nearest polling place. In this year's election, 5.6 million people were eligible to vote in more than 10,000 polling stations in Israel and overseas. The total cost of the election was around \$0.5 billion. Almost 64% of all eligible voters cast their vote.

The major difference between the American and the Israeli campaigns is the allowed duration. While in the U.S., the length of campaigning is unlimited, in

Israel it is limited to 101 days. American political consultants have been advisers during election campaigns in Israel. They described the campaigns: "Sound bites, rapid response, repetition, wedge issues, ethnic exploitation, nightly polling, negative research, searing attack advertisements on television— the familiar tools of American elections have now arrived in the Middle East."

When a new government is to be formed, the President assigns a Knesset member, who is usually the leader of the party with the largest Knesset representation, to form a Coalition Government. This person has a 28-day period to do so. If the person is not successful, the President may extend the term by no more than 14 days. If during this period the Knesset member has not succeeded, the President may then assign the task to another member. This person also has a period of 28 days to form a Government.

The Government requires the Knesset's confidence to function. It must have a coalition of the majority of members in order to receive the confidence. The remaining members make up the opposition. The Government usually serves for four years, but its tenure may be shortened if the Prime Minister is unable to continue in office. At that time the Government appoints one of its members, who must be a Knesset member, as acting Prime Minister.

During the tenure of the Government the Knesset may express "No Confidence" in the Government by vote of the majority of the members. In that case, the President is requested to assign another Knesset member to form a new Government. With a President's consent, the Prime Minister may disperse the Knesset and a new election must be scheduled.

The Israeli system of government is different, but it works! Israel is the only true democracy in the Middle East.

Stay tuned for Israel and Tourism in June!

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TORAH WORDS

by Rabbi Matt Friedman

Jews are fascinated by numbers. How many of us are there? What is the rate of intermarriage? How many children do we have? We have had this fascination with numbers for a very long time. Throughout the Torah, we frequently read about the size and characteristics of the population. This time of year we read from Bamidbar, also called the Book of Numbers. However, the word Bamidbar means “in the wilderness.” Is one term preferable over the other? Perhaps they each are significant.

The Hebrew names of the biblical books and weekly Torah portions are drawn from the first major word of the book or portion.

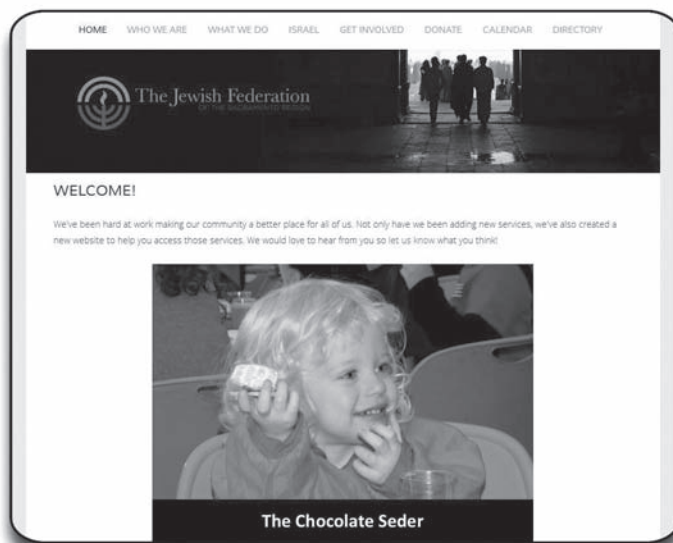
Both words, Bamidbar and Numbers, relate to the contents of the book. The events of the book take place in the wilderness and a significant section of the book is devoted to counting and analyzing the attributes of the population. However, in our times we tend to focus more on the numbers aspect of Jewish life more than the “wilderness” aspects.

While most Jews live in urban communities, we should not be impeded from connecting to Jewish outdoor experiences. In recent years there has been an increased interest in hiking, camping, and outdoor experiences and there also has been an interest in integrating them into the Jewish experience. There are numerous advocates and providers of outdoor Jewish experiences. One innovator has been Rabbi Jamie Korngold of Boulder, Colo. and her associate, Rabbi Evon Yakar of South Lake Tahoe. In 2008, Rabbi Korngold published *God in the Wilderness*. A major premise of her book and her work is to encourage Jews to experience natural outdoor settings. Spending time in a natural environment gives additional insights to the meaning

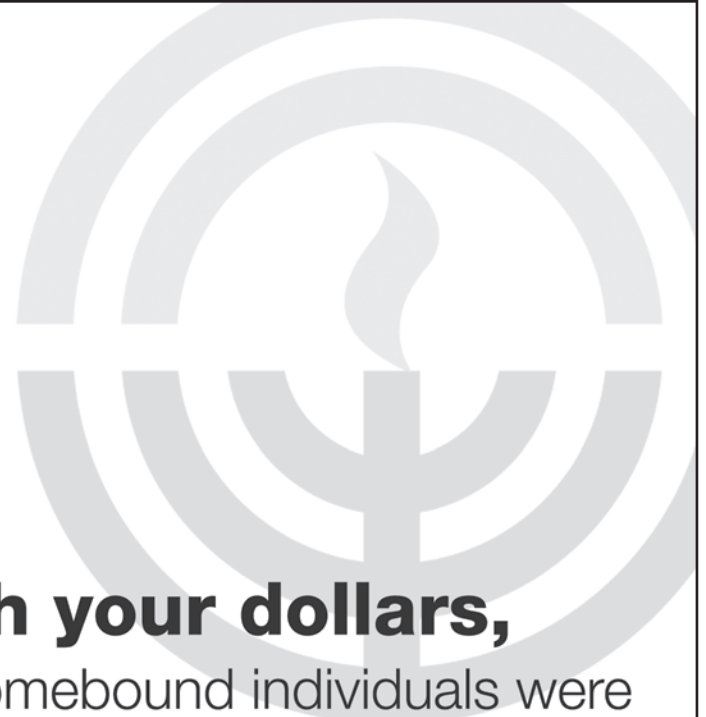
of the experiences described in the Torah. The stories of Moses receiving the Torah at Mount Sinai can seem more alive when read or discussed while on a mountain than sitting indoors in a chair. Rabbi Korngold states that the wilderness experience was a core element in the development and definition of Judaism. Although Rabbis Korngold, Yakar, and others offer a wide range of wilderness-based Jewish experiences, it is possible to engage in a nature-based experience close to home. The Sacramento region is fortunate to have a great abundance of parks and trails that are available at all different skill and mobility levels. As the summer approaches, let's gather a number of our friends and family and go outside to experience G-d's wonder of creation.

Rabbi Matt Friedman is the spiritual leader of the Antelope Roseville Jewish Congregation and Chaplain, 1st Lieutenant, California State Military Reserve.

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CALENDAR

RECURRING EVENTS

Sundays

May 5, 2013. Doings in the Cemetery. Genealogists Victoria Fisch and Jeremy Frankel, both members of the Commission for the Preservation of Pioneer Jewish Landmarks and Cemeteries in the West, discuss interpreting dates, symbols and common inscriptions in Jewish cemeteries. Noon-2:00pm. Congregation Bet Haverim, 1715 Anderson Rd., Davis. *For more information about the Jewish Genealogical Society of Sacramento, visit www.jgss.org or e-mail Mort Rumberg at mortrumberg1@earthlink.net.*

May 19, 2013. The New Super DNA Tests. Longtime genealogist Jim Rader shows how the new DNA tests can help us learn where our ancestors lived before they had surnames. These tests provide information about a more historic time period that's covered by the science of anthropology. 10:00am. Albert Einstein Residence Center, 1935 Wright Street, Sacramento. *For more information about the Jewish Genealogical Society of Sacramento, visit www.jgss.org or e-mail Mort Rumberg at mortrumberg1@earthlink.net.*

Introduction to the Torah Bookshelf weekly e-learning with Rabbi Joel Zeff explores the fundamental texts and authors that form the most important sources of Jewish Law. 7:00am. Visit Noahidenations.com, click on "Academy of Shem" in the Education section, select "Introduction to the Torah Bookshelf" (password is a12s, if asked). Open to all. Please sign on a few minutes before the class is scheduled to start. *For more information, contact 916-481-1159.*

Men's Tefillin Club. Every second Sunday to lay Tefillin, learn Torah, and enjoy breakfast. 9:00-10:00am. Chabad Jewish Community Center, 302 B South Lexington Dr., Folsom. *For more information, contact 916-608-9811 or visit www.JewishFolsom.org.*

Mondays

Monthly discussion group led by Rabbi Melamed on the second Monday of every month at the KOH Library and Cultural Center,

2300 Sierra Blvd., Sacramento. 1:30-2:30pm. *Free. For more information, contact 916-484-7333 or jacks.dad@att.net.*

Derech L'Chaim JACS (Jewish Alcoholics, Chemically Dependent Persons, and Significant Others). 10:30-11:30am. 2nd Floor Card Room, Albert Einstein Residence Center, 1935 Wright St., Sacramento. JACS is based on the 12 Steps of Alcoholics Anonymous with a Jewish focus. Confidential and anonymous. *Please contact 916-591-8608 before attending for the first time.*

Jewish Book Club at Temple Or Rishon. Every fourth Monday at 7:00pm. 7755 Hazel Ave., Orangevale. All are welcome. For our reading list, visit www.orrishon.org, select Programs for All Ages, then Book Club. *For more information, contact Alison Braverman at 916-988-7110 or alcinp1@aol.com.*

Loaves and Fishes. The third Monday of each month, the Jewish community serves lunch to the homeless at Loaves and Fishes. 1321 North C St., Sacramento. Volunteer at 7:30am to help prepare food or at 10:45am to help serve. *For more information, contact mary@mosaiclaw.org.*

Tuesdays

Baby and Me. Program for families with children birth to 2 years. Art, singing, movement, and fun! Temple Or Rishon, 7755 Hazel Ave., Orangevale. 10:30am. *For more information, contact Marcia at 916-988-4100 or educator@orrishon.org.*

Israeli Dancing. *For more information about dates and venue, join Israelidancesac-subscribe@yahoogroups.com or contact Jeanette at 916-799-7213.*

Rabbis' Monthly Lunch and Learn. Rabbi Alfi explores issues in Contemporary Judaism. First Tuesday of the month. Join us with your lunch at Congregation B'nai Israel, 3600 Riverside Blvd., Sacramento. Noon-1:00pm. No RSVP required. *For more information, contact Rabbialfi@bnais.com.*

Wednesdays

May 8, 2013. Leisure League. Entertainment with Mark Lipson. Mark's musical passion is for the music of composers such as the Gershwins, Cole Porter, and Johnny Mercer, and performances by Frank Sinatra, Nat King Cole and Tony Bennett. When he is not

singing, he works as a physician for Kaiser Permanente. Noon-2:00pm. \$5 payments taken at the door. Temple Or Rishon, 7755 Hazel Ave., Orangevale. Leisure League is funded by The Jewish Federation of the Sacramento Region and The Trust Fund for the Jewish Elderly. *For more information or to RSVP, contact 916-486-0906, ext. 310.*

Shalom Gan K'ton. For children 18 months-5 years. Temple Or Rishon, 7755 Hazel Ave., Orangevale. 10:00am. \$50/10 sessions with scholarships available. *For more information, contact educator@orrishon.org.*

First and Third Wednesday. Jessie Yoshpe Hadassah Study Group. Exploring Judaism Through the Holidays and More. KOH Library and Cultural Center, 2300 Sierra Blvd., Sacramento. *For more information, contact Soni Meyer at 916-383-5743.*

Thursdays

May 23, 2013. Leisure League. TBDL Barbershop Quartet. The quartet has an impressive repertoire including romantic, nostalgic, novelty, ballads and up-tempo music. The members of the quartet are Ozzie Palos, Kent Borrowdale, Stan Trumbull, and Ken Potter. This quartet represents more than 150 years of experience. Noon-2:00pm. \$5 payments taken at the door. Albert Einstein Residence Center, 1935 Wright St., Sacramento. Leisure League is funded by The Jewish Federation of the Sacramento Region and The Trust Fund for the Jewish Elderly. *For more information or to RSVP, contact 916-486-0906, ext. 310.*

David Lubin Lodge, B'nai B'rith. Third Thursday of each month. 8:00pm. Albert Einstein Residence Center Eatery. 1935 Wright St., Sacramento. *For more information, contact Bernie Marks at 916-363-0122.*

Jewish Women's Support Group. Led by Zalia Lipson. Chabad of Roseville, 3175 Sunset Blvd., Suite 104A, Roseville. 6:45pm. \$40 per session. *For more information or to register, contact 916-624-8626 or ZaliaL@aol.com.*

Fridays

Gan K'ton. For young children 18 months-5 years. Sing, play, create, listen to, and taste all the wonders of being Jewish, along with preparing for Shabbat. 10:00am. \$10/class. Enrollment and fees required. Scholarships available. Temple Or Rishon, 7755 Hazel Ave.,

Orangevale. For more information, contact Marcia at 916-988-4100 or educator@orrishon.org.

Tot Shabbat. Services, Singing, Storytelling, and Oneg for all children, including all who are young at heart. Temple Or Rishon, 7755 Hazel Ave., Orangevale. 6:00pm. For more information, contact Marcia at 916-988-4100 or educator@orrishon.org.

Saturdays

Taste of Torah. Second Saturday. Learn, laugh, sing, and “taste” the Torah. Free program for families with young children and children of all abilities. Temple Or Rishon, 7755 Hazel Ave., Orangevale. 10:30am. For more information, contact Marcia at 916-988-4100 or educator@orrishon.org.

GENERAL EVENTS

Applications for Shalom School 2013-14. Offering infant & toddler care, preschool education, and extended care in our Early Childhood Education Department, as well as an exceptional Jewish and secular education, including PE, music, and computers for K-6th grades. 2320 Sierra Blvd., Sacramento. For more information, contact 916-485-4151 or shalomdove@shalomschool.org or visit www.shalomschool.org.

Shalom School Preschool Summer Art Camp applications now available. Designed for children 3.6-5 years of age & potty-trained. Kindergarten-bound children welcome. June 17-August 7, 2013. Enriching activities provided in a creative and loving environment. Flexible schedules. Fees vary. 2320 Sierra Blvd., Sacramento. For more information, contact 916-485-4151 or shalomdove@shalomschool.org or visit www.shalomschool.org.

May 5, 2013. Super Sunday. Answer the call on Federation’s day of fundraising. Volunteers welcome. 10:00am-3:00pm. 2014 Capitol Ave., Sacramento. For more information contact Melissa Chapman at mchapman@jewishsac.org or 916-486-0906 ext. 301.

May 5, 2013. Congregation Beth Israel Sisterhood Bagel Brunch. Proceeds benefit

our local homeless shelter. 10:00am-1:00pm. Adults \$18; Children (12 and under) \$7. 1336 Hemlock St., Chico. For more information, contact Kristy Bresette at kristy@jkblife.com or 530-228-5481.

May 5, 2013. 10th Anniversary Celebration of the State Capitol World Peace Rose Garden. Multicultural entertainment; a salute to Sacramento’s Sister City in China, Jinan; official presentations; interfaith ceremony; and visiting students from China and Mexico. Youth from Israel have submitted artwork from an organization where Palestinians and Israelis live and learn together. Sponsored by Congregation B’nai Israel, Sacramento Area Board of Rabbis, SALAM, United Nations Association, Sister Cities of Sacramento, Councilmember Steve Cohn, plus various individuals, churches, and local organizations. Free. 2:00-4:00pm. 15th St. between L & N Sts. For more information, contact Sylvia Villalobos at 916-395-8303 or Sylvia@WorldPeaceRoseGardens.org.

May 5, 2013. The Jewish History of Gaza. Join noted speaker Daniel Khaazoom as he describes the long history of substantial Jewish presence in Gaza over the ages—beginning with Biblical times. Congregation Bet Haverim, 1715 Anderson Rd., Davis. 3:00-4:30pm, Social Hall. Sponsored by the Israel Matters Committee. For more information, contact Al Sokolow at 530-758-3246 or ajsokolow@ucdavis.edu.

May 7, 2013. Rosh Chodesh: Standing - or Sitting? - at Sinai. Featuring the film, *A Place for All. Faith and Community for Persons with Disabilities*. Rabbi Alfi and the Women of B’nai Israel. Discussion, prayer, and a potluck vegetarian meal. For women over the age of 13. This month’s theme centers on the uncertain place that disabled persons have in the Jewish community. Free. Potluck at 6:15pm. Services and dinner at 6:45pm. Congregation B’nai Israel, 3600 Riverside Blvd., Sacramento. For more information, contact Marissa Hubbs at 916-446-4861 or marissa@bnais.com.

May 14 & 28, 2013. Religious Ethics in the 21st Century. Rabbi Alfi tackles some of the toughest issues of Jewish ethics as applied to modern life. Politics, economics, Israel, Jewish communal relations, and many

others. Bring a brown bag lunch. Noon-1:00pm. Law Offices of Greenberg Traurig, 1201 K St., Sacramento. Free. For more information, contact Marissa Hubbs at 916-446-4861 or marissa@bnais.com.

May 19, 2013. Achim: A Discussion Group for Men with Dr. Glenn Hammel. Sponsored by the Brotherhood. Educational and entertaining evening of discussion and camaraderie. Free. 7:00-8:30pm. Congregation B’nai Israel, 3600 Riverside Blvd., Sacramento. For more information, contact Marissa Hubbs at 916-446-4861 or marissa@bnais.com.

May 23, 2013. An Evening With the Consul General of Israel, Dr. Andy David. Discussion of a host of issues, including prospects for Mideast peace, the situation in Syria, the status of progressive Jews in Israel, and Israeli politics post-election and after President Obama’s visit. Open to all. Free. 7:00-8:30 pm. Congregation B’nai Israel, 3600 Riverside Blvd., Sacramento. For more information, contact Marissa Hubbs at 916-446-4861 or marissa@bnais.com.

May 29, 2013. The Current Scene in Israel. Dr. Andy David, Israel Consul General to the Pacific Northwest. Congregation Bet Haverim Social Hall, 1715 Anderson Rd., Davis. 6:30pm. Sponsored by the Israel Matters Committee. For more information, contact Al Sokolow at 530-758-3246 or ajsokolow@ucdavis.edu.

May 31-June 2, 2013. Three Stages Theater, Folsom and June 13-16 Veterans Memorial Theater, Davis. One Way Productions Presents *The Hiding Place*. True story of Corrie ten Boom adapted from the best-selling book. The drama follows Corrie and her sister, Betsie, as they fight the horror of the Nazi regime with love as their weapon. Tickets are \$15. Group discounts available for Davis performances only. Three Stages Theater, Folsom and Veterans Memorial Theater, Davis. For more information, show times, and to purchase tickets visit www.1wayproductions.org for the Davis show and www.threestages.net for the Folsom shows.

TO DO:

*Grocery Shopping

*Balance Checkbook

*Attend Federation's
Annual Meeting

THURSDAY, JUNE 13, 2013

6:00-7:30PM

2014 CAPITOL AVE.,
SACRAMENTO

Light refreshments
served. Easy street
parking available.

*Don't forget to bring
something for the
kosher food pantry!!

R.S.V.P.

Melissa Chapman

916-486-0906

mchapman@jewishsac.org

2013
JEWISH HERITAGE FESTIVAL
CELEBRATING ISRAEL AT 65!

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