





# the VOICE

your source for local and global Jewish news

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*the VOICE* is a publication of The Jewish Federation of the Sacramento Region. Recipients have agreed to make a minimum gift of \$18 to Federation's Annual Campaign.

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## Fulfilling Our Responsibility to the Jewish Community

As I am poised to start my term as President of the Federation, it is worth stepping back and thinking about the state of the Sacramento Jewish community at this point in time.

Like most Jewish communities in the United States, we are affluent and successful. Our synagogues are thriving, Shalom School offers a model day school educational program, and in Davis, Jewish college students can take advantage of an expanded and robust Hillel program. In daily life, we face little in the way of anti-Semitism. Unlike previous generations, there are no barriers of prejudice barring our way. A member of our own community, Darrell Steinberg, is the President pro Tem of the California State Senate. The fact that he is Jewish amazes no one, which is a testament to how far we have come.

Behind this rosy picture, however, the reality is not so sanguine. In our local community, we have a tendency to believe our own mythology, that Jews are somehow immune to or have outgrown the problems that plague the rest of society. Unfortunately, this is simply not true. In Sacramento, there are poor Jews, Jews with mental illness, struggling Jewish single mothers, isolated elders, drug and alcohol dependence, spousal and child abuse— everything that the rest of America suffers from.

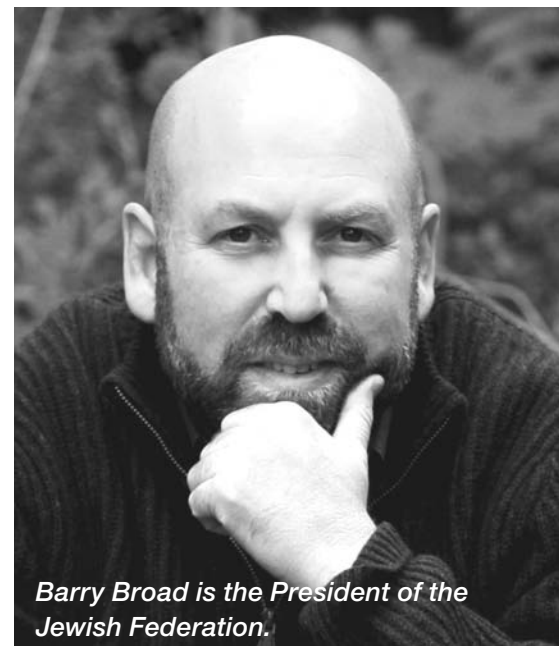
These problems are our responsibility. We must be a community that takes care of its own, that leaves no one behind, that will never let the complacency that comes with affluence shut our eyes to the suffering that is hidden in plain sight. It is the Federation's prime responsibility to make sure that no member of our community is forgotten or allowed to suffer in isolation.

On the larger stage, the fact is the Jewish community in Sacramento and in America is aging. In the not so distant future, we will be a much smaller piece of the American demographic pie. But this speaks to an even larger trend and one which underlies

the sense of anxiety I often find talking to other Jews. Today, about half the world's Jewish population lives in Israel. In another 20 years, a growing majority of Jews will be Israeli. The European and Latin American Jewish communities are shrinking quickly. Israel is no longer a quaint little far off Jewish state where the massive Jewish Diaspora lends its support and sympathy. Like it or not, the fate of the Jewish people is inextricably bound up with the fate of Israel. And Israel faces constant and unremitting existential threats from its neighbors.

While we feel safe here in America, there is this gnawing feeling that all is not well and that the future is uncertain for the Jewish people. While a true peace treaty between Israel and the Palestinians would change that dynamic, such a possibility seems more remote than ever. We see this dynamic play out, even in Sacramento, with the constant drumbeat of voices harshly attacking Israel and openly advocating for its demise. We cannot pretend this is an issue that will disappear. It will not and we as a community must continue, as prior generations have, to lend our support.

As the umbrella agency for the region's Jewish community, Federation stands ready to meet these challenges but we need your help. We must all do our part so that we can fulfill our responsibility to support the Jewish community, both locally and abroad.



*Barry Broad is the President of the Jewish Federation.*

# Federation's Immediate Past President Reflects on Service, Building Community



Federation's Immediate Past President  
Lisa Kaplan.

When Lisa Kaplan took the reins of the Federation's presidency in 2011, she walked in with eyes wide open.

"I knew I was walking in to an organization that needed to be reorganized," she said. "We were looking to bring Federation into the 21<sup>st</sup> century with new services and outreach

programs, and reestablishing ourselves as the hub and the Jewish community's service provider."

Undeterred by the challenges that might lie ahead, in part, Kaplan said, because of the then-new incoming Executive Director, Melissa Chapman, with whom she has teamed for two years, and in part, because of her upbringing, she forged ahead.

"Growing up, my grandfather taught me the importance of giving back," she said. "He bought me Israel bonds for every birthday, instilling in me the importance of Israel and the Jewish community."

A self-described problem-solver, Kaplan also saw great potential to increase Federation's presence in the community, to spread good will, and to create an organization of which the community could be proud.

"The best part about being a leader," she said, "is seeing the fruits of your labor. It's not about me. I took this position so we could see benefits for the community. I like seeing what we're about and what we're able to do. I like to see the insider view. It's a selfish joy that I'm part of a team that is doing something for the community. We can't do anything without doing it together."

Accomplishments of note for the now Immediate Past President, are restarting social services and growing PJ Library. Still, Kaplan insisted, "It's about me, the staff, and the Board working toward common goals as a team."

Along with growing the organization, Kaplan also experienced personal growth, most notably when she traveled to Israel with a group of young adults on the first-ever Birthright trip originating from Sacramento.

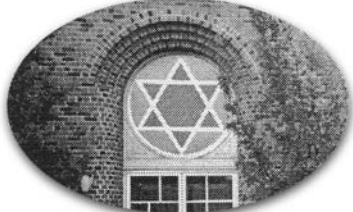
"When I went on Birthright, I realized, along with the next generation, that sometimes we're ashamed that we're not Jewish enough," she explained. "But we're all Jewish enough. Israel accepted everyone. There is a sense of comfort in that. I'm proud of my heritage and don't need to prove my Jewishness."

Of course, leading the community's umbrella agency is not without its challenges. For Kaplan, some of those were aligning the budget to the mission, goals, and philosophies of the organization; fundraising during difficult economic times; and overcoming past mistakes.

"Federation staff worked diligently to overcome the community's perceptions about us," she explained. "It takes time for a community to see how we've changed. Our community is resilient and has a big heart. I'm proud Federation could pull the community together a little more in the past two years."

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# Numbers, Numbers, Numbers

As Federation Annual Campaigns close across the country, a flurry of emails between Intermediate Federation Executives begins.

- ◇ Can anyone share best practices for end of campaign?
- ◇ How does your community respond to email solicitation?
- ◇ Can anyone share their social media campaigns?
- ◇ Does your community still send direct mail and is it effective?
- ◇ Do you use a telemarketing company for phonothons and what is your return rate?
- ◇ Can anyone compile our campaign totals, community size, and donor numbers?
- ◇ Did anyone hear the joke about being stranded on a desert island and Federation finding you if you haven't made your gift?

Having a network of colleagues to share resources with is a gift. On a practical level, you can make more informed decisions, use proven strategies while saving resources, and spark creative collaboration. On an entirely different level, you get to know that you are part of something bigger and that others, some of whom have never met you, have your back and are willing to share their hard work for the greater good and foundational principals of what it means to be Jewish. But I digress.

I paid very close attention to the responses regarding campaign totals in relation to community size. As Intermediate Federations, we are classified by city size and Jewish demography rather than by campaign totals. There has always been an assumption that community size and campaign numbers are relational and somewhat proportional. Not in our case, however. Sacramento is the anomaly.

My colleagues come from North Carolina, Jacksonville, Las Vegas (yes, we are in the same category with the city where Sheldon Adelson lives), Long Beach, Austin, Buffalo, and more than 40 other cities. These communities have campaigns starting at \$1.2 million and range above \$3 million. What is most striking, however, is our fellow Federations are raising these kinds of dollars in communities where there are only 6,000-10,000 reported Jewish households. Here in Sacramento, our Annual Campaign is around \$500,000 from 1,000 donors and they say we have 20,000-30,000 Jewish community members.

As I've mentioned before, math has never been my favorite subject, but you don't have to be fond of or even good at math to see the major disconnect here. How is it that we have three times the community, but less than half the campaign? How is it that in the Capitol of California, where important decisions take place everyday, we can't join the ranks, or at least come closer to the results, of our Intermediate Federation family?

As much as a girl can dream, I'm not expecting that we will reach \$1 million. Our campaign realities, however, show that we cannot grow or flourish if we don't find ways to increase our revenue. Our 2013 fiscal year closed June 30<sup>th</sup>. Although we keep our Campaign open until the end of the year, our 2014 budget, priorities, and planning are all based on a fiscal calendar. I am writing this during the second week of June and our Annual Campaign is just less than \$400,000. There are still more 600 households who have supported us in the past who have not yet made a gift to the 2013 Annual Campaign. If every one of you would be willing to make your gift today, we can reach our goal of \$500,000. If all of you would encourage a friend to connect with Federation, we could probably raise enough to have a balanced budget and enough left over to secure our future and invest in our endowment.

In September, we will share some exciting news with the community. News that we hope will send the strongest message of all— that Federation is not only a worthwhile investment, but a critical one for our future.



*Melissa Chapman is the Executive Director of the Jewish Federation.*

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# She's More Than the Newspaper

by Melissa Chapman

**Note:** This month, we turn the pen and paper around and focus on the Writer, the Editor, and the Assistant Director of our Federation, Elissa Provance. In the past three years, she has told many of our stories, so this month, I asked Elissa to sit down with me so the community can learn some of *her* story!

## The Stats:

- ✓ Born in The Bronx; die-hard Mets fan
- ✓ Master's degree in Communications/Journalism
- ✓ Moved to Sacramento in 1991
- ✓ Prior to joining Federation, she was Director of Communications for a non-profit focused on children with disabilities for 17 years
- ✓ Mother to twin teenage daughters
- ✓ Started as a part-time employee of Federation in 2006; returned full-time in 2010
- ✓ Well-known for her unique form of lightning-fast shorthand

**MC:** Growing up in The Bronx, where there was a very obvious Jewish culture, did you feel that Judaism was part of your everyday experience and was your family involved in the community?

**EP:** It's funny. I use the word 'community' all of the time now, but growing up, I would never have defined myself as living in a community; I lived in a neighborhood with Jews, Italians, Chinese, Irish, etc. We didn't call it multicultural or diverse back then, just a neighborhood. My parents were too busy supporting their family to be involved. My dad owned a 7-day a week candy store business and my mom worked outside of the home ever since I can remember. We belonged to two synagogues, both within walking distance, but I never was privy to any of the inner workings. I always loved being in shul, though, and would go even without my parents. I guess in a way, I was more involved than they were!

**MC:** What did it mean to be Jewish in your family?

**EP:** Being Jewish in my family meant Shabbat. It meant my mother cooking for days before Rosh Hashanah and hiding homemade rugalach in her closet so they wouldn't get eaten. It meant turning over the house for Passover and inviting anyone to the seder table who had nowhere to go. It meant no lights on in our apartment on Yom Kippur. It meant tradition. I think that's where a lot of my Jewish identity comes from— I absolutely love the rituals and the rhythm of the Jewish year.

**MC:** You said your parents weren't communally involved. As a single, working mother, you still find time to be involved. When and why do you think that piece changed for you?

**EP:** Coming from New York, I didn't have to work very hard at being Jewish. I just was. Soon after I arrived in Sacramento, I started feeling differently. I was meeting people who had never even met a Jewish person. Then I had children and began feeling really responsible to pass along our heritage to them. It's the *feeling* of being Jewish I wanted them to know. The history and education is important, but I wanted them to experience the joy. I wanted them to know Shabbat and holidays and having people in their lives who share the same values. As I look at them now, with their involvement in USY and the leadership positions they've been able to and want to undertake, I'm so grateful. I didn't have those opportunities. It's just been amazing to see them become Jewish, to feel so strongly about it, and to wear it with pride. I feel responsible to help them continue in that path. My father was a Holocaust survivor who lost his entire family. I never want his survival to be for nothing.

**MC:** Is that why you came to work at Federation?

**EP:** I don't even remember how I got the idea to walk into Federation back in 2006. I think part of it was the need for a new professional challenge. I was here part-time for about 18 months, while working at my other job part-time as well. Then my children finished Shalom School and were headed out to the world. I felt I needed to be there during that transition so I left Federation and went back to my old job full time. But it was never the

same. I missed the work and I missed being so close to the community. I started having conversations with the former administration and came back to Federation full-time in 2010.

**MC:** The community associates you with the newspaper, but that is now a small percentage of what you do. What do you do in your role as the Assistant Director of the Federation?

**EP:** I really love the newspaper. It has given me the opportunity to meet people I never would have met. I really believe that everyone has a story and I love being able to hear and tell those stories. The other pieces have evolved. When you came along, we discovered we were good brainstorming partners and my position turned into one of strategic development, making connections, and problem solving. I love making sense out of chaos, so in a way, that's what I get to do. I get to look at the community, its needs, and figure out how to best address those needs, whether they are the gaps in social services or a need for better communications tools. Writing is a very concrete, independent, and isolating task. As Assistant Director, I am able to use the other side of my brain and look at processes within a larger context.

**MC:** One of the most important things we've done this year is begin to address the gap in social services through the Jewish Service Network. I don't think many realize you've been one of the driving forces behind this. Why is it so important to you?

**EP:** When Jewish Family Services (JFS) closed down, we all knew it was a terrible loss. Before we hired our Social Worker, I was responsible for taking the social service calls. In a year's time, I fielded over 100 calls. We can talk about the needs day after day, but you get a very different perspective when you hear a community member crying on the other end of the phone because they are in such financial straits and are being evicted from their home or they are dealing with mental health issues with a family member. For each of those 100+ calls, I was embarrassed to say that we were not able to provide services. That hurt and it was humiliating. JFS closing its doors didn't mean the need for it went away.

**MC:** At the end of the day, what keeps you here and what do you hope your “mark” will be?

**EP:** Being a professional in the community has given me a different lens on being of service. I often say that working at Federation, we work for people we will never meet, whose names we will never know, who live in places we will never visit, but who need us. Looking back on the past 3 years, I can see how the puzzle pieces fit. The amount of professional growth working here has allowed me, perspective on my own life, my children’s lives, the Jewish community... I often think about my parents (z”l) and in some respects, I think they would think it was hilarious that I’m doing the kind of work I’m doing. Yet at the same time, I think it would make perfect sense to them. They both knew how important being Jewish was to me and how important Israel was to me. Let’s put it this way. Being Jewish, in whatever way, shape, or form I’ve been Jewish throughout my life, is absolutely who I am. What mark do I want to leave? That’s hard to say because I’m obviously someone who enjoys working behind the scenes much more than front and center so I don’t think about those things. I guess I would like to be known as someone who behaved with integrity. I want to be remembered as being honest and true to her word. I want to be known as someone who always tried to do the right thing. But most of all, I want to be remembered as a killer mom.



*Elissa Provance is the Assistant Director and Managing Editor of the VOICE for the Jewish Federation.*

## Childhood Cancer Survivor Advocates for Others

Every child loves to swim, but when Sawyer Shader Seave was a young child, swimming was an especially happy occasion.

“On the weekends, doctors would close my port so I could swim,” Seave explained, referring to the medical device that helped deliver lifesaving medicine as part of his treatment for medulloblastoma, or in lay terms, a brain tumor.

Now 16 years old, Seave was diagnosed with cancer just prior to his 5<sup>th</sup> birthday when a parent of a preschool peer noticed he was tilting his head to the left. After an MRI confirmed the diagnosis, he underwent nearly two years of treatment that included surgery, whole-brain radiation, and a year of chemotherapy. Although follow-up is life-long, he is considered a survivor.

While he doesn’t remember much about the time he spent at Lucile Packard Children’s Hospital at Stanford, Seave remembers enough to want to advocate for others who are impacted by pediatric cancer. For the second year, he traveled to Washington, D.C. in June to lobby at Childhood Cancer Action Day. While there, Seave and community activists from all over the country, including parents of children with cancer and survivors like him, had the opportunity to meet legislators and staffers and advocate on behalf of specific bills, for example, medication options for children rather than just merely administering decreased adult dosages, and to provide general awareness about childhood cancer.

“I’m proud to be a part of this,” Seave said, “and I will continue to do it. I’m Jewish and we have a culture of giving back. I’m lucky to be alive and want to give back.”

Seave’s mother, Meryl, added, “I’m happy that he is able to lobby on behalf of others who are fighting these terrible childhood diseases.”

These days, the teen’s life includes sports,

specifically fencing and rock climbing, and a keen interest in finance, Wall Street, and economics. He attends the Met Sacramento, a charter school that provides internships for its students. Seave has assisted with tax preparations for SEIU California, a labor union organization that represents 700,000 Californians, and currently interns at the State Treasury office. This summer he will travel to Kenya for two weeks where he will work at a school and visit animal sanctuaries.

“Part of survivorship is developing coping strategies to help with the late effects of treatment,” Meryl noted. “Were it not for the support of the Jewish and extended Sacramento community, I don’t know how our family would have gotten through the years of active treatment and the ongoing follow-up treatment that is a constant in Sawyer’s life. Sawyer has a great life and is in a position, thank G-d, to give back to our community.”

*Editor’s Note: Just a few days after we spoke, Sawyer’s friend, Kurt Lee, passed away from leukemia. The Lee and Seave families have been friends since preschool. Sawyer asked that this article be dedicated to him. For more information about advocating on behalf of childhood cancer, visit [www.childrenscause.org](http://www.childrenscause.org).*



*Sawyer Shader Seave, left, with his grandfather, Mel Shader.*

# Leading with Jewish Values Results in National Community School Excellence Award

*"As long as one of us is not free, none of us is free."*

These words, heard repeatedly by Terry Press-Dawson during High Holiday services at Congregation B'nai Israel in Sacramento, describe how his work as Harmon Johnson Elementary School's Healthy Start Grant Coordinator reflects his Jewish values.

"What is it that drives us?" he asked. "Obviously, our core values come from a belief in being of service, a belief that all people are valuable and valued and need support to reach their potential. These are the basic values I learned as a Jew."

But for Press-Dawson, these words are not merely descriptive— they are active. The Coalition for Community Schools (CCS) recognized that when they awarded Harmon Johnson one of three 2013 Community Schools Awards for Excellence nationwide at a June 6, 2013 ceremony in Washington, D.C. Press-Dawson, who authored the Healthy Start grant that allowed more resources to flow into his school, was in attendance with his Principal Dave Nevarez as well as the school's Vice-Principal, Student Learning Coach, and the Acting Superintendent.

Community schools, which have been in existence since the early 1900s, are defined by CCS as "both a place and a set of partnerships between the school and other

community resources." Operationally, this means that Harmon Johnson, which opened in January 2011 and serves 580 children in 3<sup>rd</sup>-6<sup>th</sup> grade— 97% of whom receive free or reduced meals and 69% of whom are English Language Learners— functions during off hours as a recreational facility, a food distribution center, a parent education site, and a community meeting center to name just a few. Doing this, Press-Dawson explained, benefits the neighborhood by creating shared ownership of the facility, resulting in less vandalism and more involvement.

It also means creating more than 30 community partnerships with universities, private businesses, and community-based organizations that have provided an average of \$650,000 worth of goods or services annually in the form of dental and mental health services, nutrition awareness, safety programs, and student enrichment programs that include electronics, chess, and the arts.

"We are the heartbeat of the community," Press-Dawson said, adding that even though budget cuts are "shredding the safety net," his school has been able to provide health services such as immunization clinics and it also has witnessed an astounding 500% increase in parent participation. "If you're doing your job well, you will see an increase in parent involvement and an increase in leadership."

Lest anyone think that academics take a back seat to community services, think again. During the past three years, Harmon Johnson has experienced the largest increase in API test scores in the Twin Rivers Unified School District. 2012-13 test scores were not yet in, however, the school currently boasts a score of 780. About that, Press-Dawson said, "We are not done. We want to reach 800." And Harmon Johnson already exceeds the District's ADA goal of 96% with 97.4%.

"I have one word to describe all of this," Press-Dawson said of receiving the CCS award. "Gratitude. One of the things I'm grateful for is the opportunity I have to work with people. I was given support along the way and I get to give back what I was fortunate to receive."



From left, Robert Mahaffey, Martin Blank, David Nevarez, Jeanne Haddad, Terry Press-Dawson, Marc Moorehead, Maria Ponce, and Joe Williams accept their award on behalf of Harmon Johnson Elementary School, one of three 2013 Community Schools Award recipients.

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# Afghanistan is the Setting for a Congressman and Local Naval Officer



From left, Naval Officer Morgan Alcalay and Congressman Ami Bera.

When Congressman Ami Bera's office received a request from Morgan Alcalay via his father, Michael, that he visit Afghanistan, neither father nor son had any idea that Bera was leaving for a trip to that country along with five other members of the House Foreign Affairs Committee. Morgan, a Lieutenant Junior Grade Information Warfare Officer in the Navy, is serving in Afghanistan as an aide to the Deputy Chief of Staff. Much to both Alcalays' surprise, the Congressman's Capitol staff arranged for them to meet.

"This was really grand that in the midst of the Congressman's meetings with Afghan officials, President Karzai, and U.S. Embassy officials, he made time to visit with my son," said the elder Alcalay, a member of Congregation Beth Shalom in Carmichael.

"It was great to see our troops out there and we had a chance to visit with some folks that are serving from Sacramento," Bera said in a May 29<sup>th</sup> interview with Fox 40 news.

About his desire to have Bera visit Afghanistan, Morgan said, "To many people at home, the war is very intangible. Few people know an active duty service member, and even fewer know one serving in Afghanistan. Rep. Bera's visit was important because it humanizes the situation here. When the Congressman debates veterans' benefits or the Department of Defense budget, he will think of soldiers, sailors, marines, and airmen like me, rather than a faceless servicemember with whom he has no connection."

The 23-year-old, who arrived in Afghanistan in March and will serve there for approximately seven months, also emphasized the importance for State leaders, especially those representing districts without a heavy military presence, to visit deployed troops because the visits give a face to the war.

"In comparison to places like San Diego or Ventura," the younger Alcalay explained, "Sacramento has very little interaction with the military. It's easy to put a yellow ribbon on a car bumper or donate to Wounded Warriors, but having a face-to-face conversation with a soldier in a war zone, seeing the conditions in which we live, and understanding the complex physical and

emotional hardships that we go through on a daily basis is what we really need from our leaders."

The naval officer emphasized that the U.S. is not alone in supporting Operation Enduring Freedom, the official name given to the war in Afghanistan. He said U.S. servicemembers are outnumbered by coalition partners from Italy, Lithuania, Estonia, and even Mongolia. And military operations have been largely successful— Afghan National Security Forces are now responsible for security for more than 80 percent of the country and 87 percent of the population.

During their meeting, Morgan stressed to Bera the importance of these visits, explaining that recent bad press regarding sexual assault and lack of support to wounded veterans is discouraging to the vast majority of troops who have nothing to do with either of these issues.

"Rep. Bera's support is very important in raising morale and reminding us that we are appreciated by our national leadership," he said, adding, "He told me that nearly every servicemember he has met was an upstanding citizen and that he was very impressed with our professionalism, knowledge, and military demeanor. Moreover, he seemed very genuine and happy to have the opportunity to personally offer his thanks to troops."

Noted Bera, "The troops have served admirably. They've met every mission that's been sent forth for them. When they come home, we've got to make sure we take care of them in the same way they've served us."

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**With your dollars,**  
 the Committee on Inclusion and  
 Disabilities offers vital resources  
 to ensure an inclusive Jewish community.

# New Study Shows Benefits of Attending Jewish Day Schools

by Scott Shapiro

A new study published in the *Peabody Journal of Education* finds that students in religious schools enjoy a significant advantage over their counterparts in traditional public schools and charter schools, as reported in the *Council for American Private Education's CAPE Outlook* (May 2013; Number 385). To perform the study, William Jaynes, a Professor of Education at California State University, Long Beach and a Senior Fellow at the Witherspoon Institute in Princeton, analyzed the results of 90 different studies examining how students perform in different environments and in different kinds of schools.

Jaynes found that after adjusting for all other variables, students at faith-based private schools score, on average, 11 percentage points higher than students in public schools. These 11 percentage points translate into about a 12-month advantage for the students at faith-based private schools. He also found advantages in student behavior, noting, "Students who attend religious schools have fewer behavioral problems than their counterparts, even when adjusting for socioeconomic status, race, and gender."

These results are not surprising to parents of children who have graduated from Shalom School. A parent survey taken during the 2012-13 school year showed that responding parents agreed that their children are prepared for the future:

- ◇ 97% agreed that their graduating students were academically well-prepared for their next school environment.
- ◇ 96% agreed that their children were receiving an excellent education overall
- ◇ 95% agreed that the school was responsive to expressed concerns about a child's progress.

As Sacramento's only Jewish day school, Shalom School has a long history of preparing students academically while also giving those students a vital Jewish education and identity. In fact, other studies have shown that attendance at a Jewish day school is one of the most important factors in continued Jewish identity for children transitioning into their adult years.

Shalom School is constantly working to make sure its students are well-prepared for the future and able to smoothly transition to middle school following graduation. Just last year, with the help of a generous gift, Shalom School began introducing iPads into the educational process. The Board recently adopted a new strategic plan that focuses on academic excellence, financial sustainability, increasing enrollment, and social climate for all of its programs, which include infants-6th grade. Shalom School also is updating its standardized testing program to ensure smooth transitions into high achievement and IB programs in the region. This past year, every student seeking admission into the HA or IB programs in San Juan schools secured a slot.

It is not only recent graduates who have had amazing experiences. Shalom School alumni have attended the finest colleges and universities in the country, have earned prestigious academic awards, and have served in leadership positions in their high schools, their universities, and their professions. They include physicians, lawyers, engineers, entrepreneurs, teachers, social workers, graphic designers, and members of the foreign service. They work across the United States and abroad, often keeping in touch with one another. And wherever they go, they take with them a connection to Judaism forged during their years at Shalom School.

*Scott Shapiro is Shalom School's incoming Board President for 2013-2014. For more information, contact 916-485-4151.*



*Shalom School President Scott Shapiro.*

**With your dollars,  
12 teens are  
traveling to Israel  
this summer as  
hundreds of their  
peers have done  
before them.**



**Federation's Committee on Inclusion and Disabilities invites you to an evening of roller skating designed for children with special needs and their families!**



**August 25, 2013**

**5:15-7:15pm**

**King's Skate Country: 10408 Franklin Blvd., Elk Grove**

**This event is free of charge, open to all ages and abilities (including wheelchairs), and sensory-friendly. Dairy snack bar open and dairy snacks from home welcome.**

**All children must be supervised by a parent.**

**Register now at [www.jewishsac.org/rollerskating](http://www.jewishsac.org/rollerskating), or for more information, contact [inclusion@jewishsac.org](mailto:inclusion@jewishsac.org) or 916-486-0906, ext 304.**



# The Community Speaks at F

Federation is dedicated to making a difference in our local and global community. Through your generosity, we are able to fund Jewish education and literacy efforts; community outreach programs; projects that support Israel, including a new Sister City relationship with Sacramento; individuals with special needs; and the Jewish Community Relations Council. In late 2012, we introduced the Jewish Service Network, which provides a community social worker; a kosher food pantry; reinstated holiday outreach baskets; and centralized senior programming. Additionally, Federation continues to provide annual allocations to Shalom School, Sacramento's only Jewish Day School; Hillel at Davis and Sacramento; and the Joint Distribution Committee (JDC) and the Jewish Agency for Israel (JAFI), which support Jews in need throughout the world.

Following are testimonies from community members who presented at our June 13, 2013 Annual Meeting. Each of them is a beneficiary of a Federation programs or service. We hope you find them as inspiring as we did!

When I read [PJ Library books] with my children, it helps me to understand the kinds of memories I should be creating with them. Our children are more likely to stay in the Jewish community as adults because they feel welcome and have friends in the community. It helps them to enjoy being Jewish. I want to thank the Harold Grinspoon Foundation, the Federation, and everyone who donates to make this program possible.  
— Vicki Weiner

[Introduction to Judaism] was one of the springboards that helped me become more confident and more active in our synagogue and, in turn, in the Jewish community. I look at the Federation with a completely different focus— a much sharper, clearer one.  
— Roberta Malkin

The Committee and Disabilities Committee with a We all share the sa is a dedication to that brings a ric meaningful link community for in disabilities and  
—Caryn



# Federation's Annual Meeting

"There has never been an 'I,' only a 'we' and 'we' pulled together to be one community."

—Lisa Kaplan, Federation's Immediate Past President

e on Inclusion  
is an amazing  
amazing people.  
ame goal, which  
o full inclusion  
her and more  
to the Jewish  
individuals with  
their families.  
n Mizzi

[Federation] has definitely put its heart into providing ongoing programs for our seniors. Staff met with us, listened, asked questions, and have begun sponsoring two monthly luncheons. Federation is doing a great job of arranging socialization opportunities for seniors with their peers.  
—Bonnie Penix

I cannot stress how important Jewish Family Services are to our community. We are no different than anyone else. We have special issues that are particular to our culture and we need resources to help us deal with our problems, resources that we can use without going outside our cultural circle. I applaud the Federation for all of their good work. May these programs continue and grow and add strength and unity to our community.  
—Jessica Plaut Capon



# Everyone should be able to celebrate the Jewish holidays.



Volunteers are needed to help pack and deliver holiday goodie baskets for over 80 homes throughout the area. Packing takes place at the Jewish Federation on the following Sundays from 11am-1pm and deliveries can be made throughout the week. Please join us for one or all of these dates!

**September 1, 2013: Rosh Hashanah Baskets**

**November 24, 2013: Chanukah Baskets**

**April 13, 2014: Passover Baskets**

With your help, homebound community members will know that we care about them. Please contact us to volunteer.



2014 Capitol Ave. | 916-486-0906  
[www.jewishsac.org/volunteer](http://www.jewishsac.org/volunteer)

# Sac Community Leader to Build Advisory Board for Touro University



TOURO UNIVERSITY  
CALIFORNIA

For Nancy Brodovsky, becoming involved professionally with Touro University is a bit of a family affair. Her son, Jeffrey, just completed his third year in the College of Osteopathic Medicine at the Bay-area facility, which also offers programs in Education and Health Sciences and Pharmacy.

“He loves this approach,” Brodovsky said of the holistic discipline that will lead to a Doctor of Osteopathy for her 26-year-old. “He likes building connections.”

Brodovsky also likes building connections and she has the chance to do just that by creating Touro’s Advisory Board. The University, which has domestic campuses throughout the greater New York City area, Northern and Southern California, Florida, and Nevada, and international campuses in Israel, Paris, Berlin, and Moscow, was founded on the Jewish values of social justice, intellectual pursuit, and service to humanity.

“I like helping non-profits, board development, and relationship building,” she said.

A member of Mosaic Law Congregation in Sacramento and a community leader who has served on several education, health, and arts boards, including Shalom School, where she said she serves as a life member, the Sacramento Ballet, and

the MIND Institute, Brodovsky used to be a head hunter and uses that experience as she searches for people who are the right fit to serve on the Touro Advisory Board. Strategies she uses are building awareness and building relationships with people in the medical field and who work in hospitals. Responsibilities of the Advisory Board will be to advise Touro’s provost, fundraise, and be an ambassador and an advocate for the University.

“Our faculty and students have a genuine passion for helping others and working in the community,” said Dr. Marilyn Hopkins, Provost for Touro University California. “We are definitely not an ‘ivory tower’ place but a community of learners who want to make a difference in the world through positive action. I am eager to work with our new university Advisory Board to create expanded opportunities for our students and strengthen our ties with the Jewish community.”

Brodovsky is looking to recruit doctors, philanthropists, businesspeople interested in health care, lobbyists, Touro alumni, and others who can bring their expertise to the table. Her current list of 60 potential candidates represents Sacramento and the surrounding areas of Touro, including Turlock, Solano, and San Francisco.

“It’s a long process,” she said, adding that her interest in health care is a driving force. “We don’t have enough doctors to take care of us. States are not funding medical schools for residencies. We need more family doctors. How do you pay down your debt from medical school as a family doctor? They are forced to go into other disciplines. I’ve become keenly

aware of this scenario. The bigger picture is giving back— tikkun olam and healing the world. I see beyond the broader scope and have the ability to connect. It’s all about collaboration.”

As for her son, Jeffrey, Brodovsky said, “I’ve never seen him happier. He is fulfilling his dream.”

That’s good for him, his mother, and for Touro.

For more information about Touro University, visit [www.touro.edu](http://www.touro.edu).



**David Lubin  
Lodge #37**

**Open Discussion**  
Second Thursday of the Month

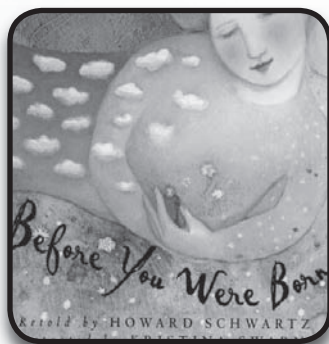
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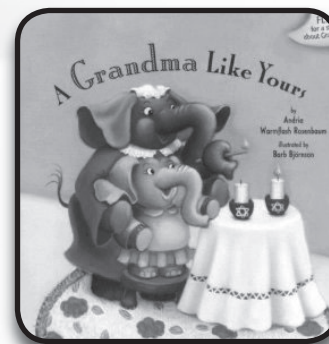
# SUMMER READING



## BEFORE YOU WERE BORN

**Written by Howard Schwartz**  
**Illustrated by Kristina Swarner**

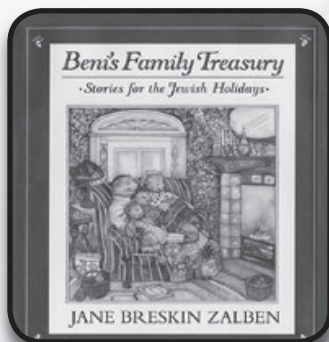
In a beautiful but simple retelling of a midrash and folktale, the angel Lailah explains how the mysteries of the world are shared each time a child is born.



## A GRANDMA/GRANDPA LIKE YOURS

**Written by Andria Warmflash Rosenbaum**  
**Illustrated by Ian Schoenherr**

One cleverly formatted book shares two rhyming, humorous stories of grandmas and grandpas, bubbes and zaydes, saftas and sabas— all of whom just happen to be adorable animals. You'll delight in flipping the book over and enjoying both stories.



## BENI'S FAMILY TREASURY

**Written and Illustrated by Jane Breskin Zalben**

In this collection of five stories, Beni and his family and friends celebrate Jewish holidays throughout the year. Beni has adventures on Rosh Hashanah, Sukkot, Chanukah, Purim, and Passover. Children of all ages will enjoy the beautiful illustrations and charming tales.

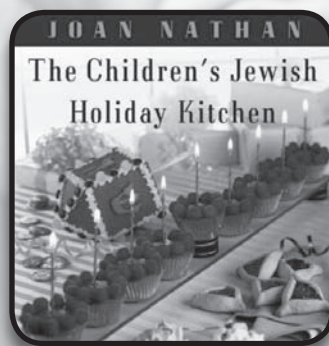


## SNOW IN JERUSALEM

**Written by Deborah da Costa**  
**Illustrated by Cornelius Van Wright & Ying-Hwa Hu**

Two boys living in Jerusalem, one Muslim and the other Jewish, are surprised to discover they've been looking after the same stray cat. A meaningful introduction to the complexities of Jerusalem and the importance of compassion.



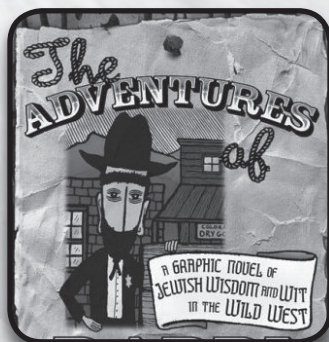


## THE CHILDREN'S JEWISH HOLIDAY KITCHEN

Written by Joan Nathan

Illustrated by Brooke Scudder

With 70 recipes, children and families learn about foods for Jewish celebratory occasions while picking up cooking basics and having fun together in the kitchen.



## THE ADVENTURES OF RABBI HARVEY

Written and Illustrated by Steve Sheinkin

This Jewish graphic novel presents the fictitious town of Elk Spring, Colorado, circa 1870, where Rabbi Harvey shares Talmudic wisdom, Jewish folktales, and a lot more through short, humorous adventures. A favorite for children and adults!

## SPEND YOUR SUMMER WITH

### Everything You Need to Know to Raise a Child Who Loves to Read

Celebrate literacy through stories, art, and music, and learn how to nurture young readers. Friday morning sessions include a book-related art project, a celebration of Shabbat, and opportunities for parents to enhance learning experiences at home.

July 12<sup>th</sup> and August 9<sup>th</sup> • 10:00-11:00am

Temple Or Rishon, 7755 Hazel Ave., Orangevale

### PJ Library Playgroup

A fun-filled morning of stories, songs, art, play, and snack.

July 19<sup>th</sup> and August 2<sup>nd</sup> • 10:00-11:30am

Jewish Federation, 2014 Capitol Ave., Sacramento

### PJ Library Bagels & Book Exchanges

Bring along any books— we'll organize them according to age groups and for every book you bring, you can take one home. We'll provide the bagels and a family storytime. Each family to bring a fruit, vegetable, pastry, or drink for sharing.

July 14<sup>th</sup> • 9:30-11:00am • Backer Park, 10400 Stathos Dr., Elk Grove

July 21<sup>st</sup> • 9:30-11:00am • West Manor Park, 2910 Salem Ave., Davis

### A Rosh Hashanah Celebration

Enjoy a fun afternoon preparing for Rosh Hashanah!

Learn and practice the special sounds of the shofar. Enjoy a delicious apple fruit salad and bake whole wheat honey muffins. Learn about tashlich and feed the fish in our pond. We'll also make Rosh Hashanah art and enjoy a PJ Library book.

August 18<sup>th</sup> • 3:30-5:00pm • Chabad of Roseville, 4410 Douglas Blvd., Roseville

For more information about PJ Library, contact Ardyth Sokoler at [pjlibrary@jewishsac.org](mailto:pjlibrary@jewishsac.org) or 916-486-0906 ext. 311.

# ADVICE: How to Be a Citizen Advocate

by Cliff Berg

As members of the Sacramento Jewish community, we have a unique opportunity to advocate on public policy issues that most other Californians do not have, simply because Sacramento is home to the State Capitol and the seat of State government. Once a year, members of the Jewish community from Southern California and the Bay Area arrive in Sacramento for the Jewish Public Affairs Committee (JPAC) mission to lobby the Legislature on issues of concern to JPAC and the Jewish community.

This year, JPAC focused on issues of anti-Semitism on college campuses, expanding economic sanctions on Iran, protecting senior programs, and gun control. Nearly 100 volunteers gave up a day from work or family to hear from key elected officials and visit with Legislators and staff at the Capitol.

As a Sacramentan, you can engage throughout the year. Legislators and their

staff want to hear from you. Some useful tips about advocating include:

- ◇ Schedule an appointment and give yourself and them some lead time. The Legislature is most busy hearing bills in Committee hearings May, June, and August. In the fall they are back in their districts. California has a full-time Legislature that meets from January to September. Usually, the session starts slow so January-March are really great months for an appointment.
- ◇ Call or email the scheduler. Be clear about what your timeframe is, the issue you want to talk about, and whether you are bringing anyone else to the meeting. The Legislature can be hectic, with bills being heard in Committee, Caucuses called at the last minute, or other quick-changing events so if you wind up with staff, do not be disappointed. With term limits in California, staff are very important and Legislators rely on them for recommendations.

- ◇ Advocacy is about educating and building a relationship— not arguing. Remember, your end goal is to educate and to be welcomed back next time.
- ◇ Most appointments are scheduled for 20 minutes so time your presentation. It is always good to make a personal connection so introduce yourself— who you are, what you do, and where you live.
- ◇ Credibility is key so if they ask a question you do not know the answer to, do not make up an answer, but tell them you will get back to them. Following up with a thank you letter to a member or staffer is a good idea.



Cliff Berg is a Legislative Advocate for the Jewish Public Affairs Committee. The Jewish Community Relations Council, a program of the Jewish Federation is a member of JPAC.

with  
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creating holy community; a community that shares  
a system of values, a community that seeks intellec-  
tual and spiritual challenge, a community that  
shares in one another's celebrations and sorrows.”  
~ Rabbi Alan Rabishaw

Temple Or Rishon  
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Orangevale, CA 95662  
Phone 916-988-4100  
Website: [www.orrishon.org](http://www.orrishon.org)  
Email: [office@orrishon.org](mailto:office@orrishon.org)

For information about tickets for Rosh Hashanah and  
Yom Kippur, please call the Temple office.

# ISRAEL BEYOND THE NEWS

by Eddi Benjamini

*Israel Beyond the News follows the Israel Calendar, launched by the American-Israeli Cooperative. Each month, Temple Or Rishon member and JCRC Board Member Eddi Benjamini highlights a different theme about a side of Israel that you won't see in the mainstream press. Summer is Sports in Israel.*

Historically, Judaism and sports did not mix. This aversion can be traced back to the third century BCE when the Greeks ruled the Land of Israel and the Jews viewed sports as an alien Greek concept. Jews rarely took part in the ancient classical Olympic games because participants were required to offer gifts to the Greek god Hercules. During the Roman period, sports were associated with cruelty and violence, and for many centuries Jews saw sports as a "Hellenistic" evil to be rejected. Such opinions still persist among some ultra-Orthodox Jews.

In the Middle Ages, Jewish attitudes toward sports began to evolve. Maimonides, an eminent physician, stressed the importance of a healthy body to house a healthy mind and soul. The tone for the modern era was set in the first half of the 20<sup>th</sup> century by Chief Rabbi Kook, who emphasized the importance of sports and insisted that the body serves the soul and that only a healthy body can ensure a healthy soul.

Today, sports in Israel are an important part of the national culture. Sports are pursued both competitively and for leisure. Israelis engage in a wide range of athletic activities with soccer being the most popular and basketball being a close second. Israel has won seven medals in the Olympic Games in judo, canoeing, and windsurfing.

Outside of the professional arena, sports always have been a significant pastime for Israelis. With miles of beautiful coastline beaches, an estimated half of the population swims regularly. The many months of warm

weather encourage Israelis to enjoy outdoor sports, and a competitive attitude ensures that youngsters become involved in dozens of different sport activities from a young age.

Young Israelis compete and play in sports ranging from soccer and basketball to kayaking, sailing, and rock climbing. Windsurfing and water skiing also are popular as is "paddleball," a locally developed beach game.

Long-distance running also is high on the list with thousands participating in the annual marathon around Lake Kinneret in the North, beginning and ending in Tiberias. Triathlon events and cycling also are popular and the golf course in Caesarea currently is embarking on a redevelopment program. In the winter, Mount Hermon in the North has become a beacon for local skiers.

Other sports include table tennis, boxing, wrestling, weightlifting, judo, karate, and a form of self-defense called Krav Maga, developed by the IDF. Team sports include volleyball and handball, both having their own professional leagues.

A number of major sports organizations run a network of clubs around the country as well as being affiliated with major sports teams. The most well-known include Maccabi (established 1912), Hapoel (1923), Betar (1924), Elitzur (1939), and the Academic Sports Association (1953). Schools and community centers also run local leagues and competitions.

Although in the past, sports were not considered a "Jewish thing," it has assumed its deserved place in life and it now is an integral part of the Israeli national culture.

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Introducing a New Endowment Fund

## Transportation Support for the Jewish Elderly Endowment Fund



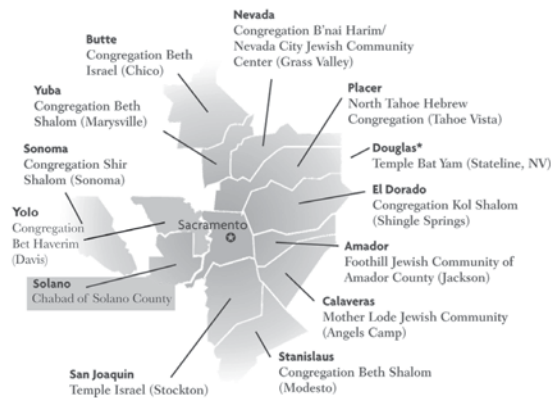
It is with deep gratitude and thanks to Stan and Marion Leff that JCFW announces this fund to facilitate the transportation needs of Sacramento's Jewish elderly. Through Community Benefit Funds, generous individuals can make an impact that benefits us all. *Yasher Koach!*

For more information or to make a donation contact  
[director@jcfwest.org](mailto:director@jcfwest.org) or call 916-441-1613

[www.JCFWest.org](http://www.JCFWest.org)

# ROAD TRIP!

## SOLANO COUNTY



The Jewish Federation of the Sacramento Region serves Sacramento and several outlying counties. We'd like to bring our community closer with Road Trip!, a feature that highlights what makes the areas we serve so special. Our next stop is Solano County. Centrally located between San Francisco and Sacramento, Solano County offers a mix of rural lifestyle and urban amenities. It is a popular destination for outdoor enthusiasts, boasting a plenitude of recreational opportunities, including fly fishing, boating, camping, swimming, hiking and bird watching. And let's not forget the outlet malls!

### About Chabad of Solano County

- ◇ Opened in 2009
- ◇ Programs for students, youth, young professionals, retirees, kids, and parents
- ◇ Rabbi Chaim Zaklos

- ◇ 119 Briarwood Dr., Vacaville
- ◇ 707-592-5300
- ◇ rabbi@jewishsolano.com
- ◇ www.jewishsolano.com

### Special Programs

- ◇ *Camp Gan Israel:* Camp program that runs through July.
- ◇ *Special Speaker:* Rabbi David Nesenoff, who gained national attention in June 2010 when he posted to his website a video he had made of opinion columnist Helen Thomas making controversial statements about Israel.
- ◇ *Shabbat Around the World:* Community Shabbat dinner organized by the community, for the community, that focuses on the heritage of community members, including Egypt, Iraq, Israel, and Italy. The July 17<sup>th</sup> program focuses on Vacaville, with locally grown food.
- ◇ *Chanukah at the Jelly Belly Factory:* An annual event, this year it features 8th Day, a Chassidic Rap band.
- ◇ *Passover Seder:* Popular event that draws 120 people.

### Adult Education (dates TBA)

- ◇ From Mt. Sinai to Cyberspace
- ◇ Judaism 101
- ◇ Jewish Approach to the Afterlife

### Ongoing

- ◇ *Kaballah & Coffee:* Thursdays at Noon
- ◇ *The Women's Society:* Mondays at Noon
- ◇ *Talmud Study:* Wednesdays at 6:30pm
- ◇ *Bible Study:* Thursdays at 7:30pm
- ◇ *Jewish Youth Hour:* Sundays at 10:00am
- ◇ *Shabbat Services:* 1st Saturday of each month at 10:00am, preceded by a study group and followed by Kiddush lunch

### Places to Visit

- ◇ *Jelly Belly Visitor's Center:* During the 40-minute walking tour, guides show a real working factory where more than 150 different sweet treats are made. Tours 9:00am-4:00pm. 1 Jelly Belly Lane, Fairfield, 800-522-3267.
- ◇ *Fairfield Anheuser Busch Brewery:* Discover how some of the world's greatest beers are carefully brewed and packaged and learn about

- environmental initiatives. Tours are Monday-Saturday, 10:00am-4:00pm. 3101 Busch Dr., Fairfield, 707-429-7595.
- ◇ *Six Flags Marine World Vallejo:* Marine life, wildlife, and rides theme park. 1001 Fairgrounds Dr., Vallejo, 707-643-6722.
- ◇ *Benicia Farmers Market:* Every Thursday from May through October. Offers produce, crafts, live entertainment, and a petting zoo. Located in Benicia on 1st Street between D and B Sts., 707-745-9791.
- ◇ *The Wooden Valley Winery:* Tasting room and gift shop. 4756 Suisun Valley Rd., Suisun, 707-864-0730.
- ◇ *Vacaville Museum:* Covers Solano County history with changing exhibits. Open from 1:00pm-4:30pm every Wednesday-Sunday. \$3/adults; \$2 for seniors and children. 213 Buck Ave., Vacaville, 707-447-4513.
- ◇ *Vacaville Premium Outlets:* 120 outlet stores, including Adidas, Ann Taylor, Banana Republic, BCBG Max Azria, Burberry, Calvin Klein, Coach, Cole Haan, Gap Outlet, Gucci, Guess, J.Crew, Nike, Puma, Polo Ralph Lauren, True Religion, and Tommy Hilfiger. 321 Nut Tree Rd., Suite 2, Vacaville, 707-447-5755.

### Place to Eat

- ◇ *Vegan Paradise:* Fresh, fuss-free and healthy dining experience with vegetarian, vegan, and environmentally friendly foods in a family café-style setting. 846 Texas St., Fairfield, 707-428-0110.
- ◇ *Fenton's Creamery and Restaurant:* Founded in 1894, this family-owned business serves handcrafted ice cream and sauces. 1669 E. Monte Vista Ave., Vacaville, 707-469-7200.
- ◇ *Dynasty Restaurant:* Serving Solano County for 20 years and voted #1 Chinese restaurant in the area for the past 17 years. 2401 Waterman Blvd., Suite 7, Fairfield, 707-428-1228.

# CALENDAR

## RECURRING EVENTS

### Sundays

**July 21, 2013.** The WPA: Sources for Your Genealogy. Gena Philibert-Ortega talks about the Works Progress Administration of Franklin Roosevelt's New Deal that involved projects to help Americans get back to work and a look at the WPA's legacy and how its projects can enhance your genealogical research. Sponsored by the Jewish Genealogical Society of Sacramento. 10:00am. Albert Einstein Residence Center, 1935 Wright St., Sacramento. For more information, visit [www.jgss.org](http://www.jgss.org), or contact [mortrumberg1@earthlink.net](mailto:mortrumberg1@earthlink.net).

**July 28, 2013.** Secrets to Searching with Ancestry. Victoria Fisch talks about getting more from using the widely-used genealogical website. 2:00pm. Davis Library, 315 E. 14th St., Davis. Sponsored by the Jewish Genealogical Society of Sacramento. For more information, visit [www.jgss.org](http://www.jgss.org) or contact [mortrumberg1@earthlink.net](mailto:mortrumberg1@earthlink.net).

Introduction to the Torah Bookshelf weekly e-learning with Rabbi Joel Zeff. 7:00am. Visit [Noahidenations.com](http://Noahidenations.com), click on "Academy of Shem" in the Education section, select "Introduction to the Torah Bookshelf" (password is a12s, if asked). Open to all. For more information, contact 916-481-1159.

Men's Tefillin Club. Every second Sunday to lay Tefillin, learn Torah, and enjoy breakfast. 9:00-10:00am. Chabad Jewish Community Center, 302 B South Lexington Dr., Folsom. For more information, contact 916-608-9811 or visit [www.JewishFolsom.org](http://www.JewishFolsom.org).

### Mondays

Monthly discussion group led by Rabbi Melamed on the second Monday of every month. KOH Library and Cultural Center, 2300 Sierra Blvd., Sacramento. 1:30-2:30pm. Free. For more information, contact 916-484-7333 or [jacks.dad@att.net](mailto:jacks.dad@att.net).

Derech L'Chaim JACS (Jewish Alcoholics, Chemically Dependent Persons, and Significant Others). 10:30-11:30am. 2nd Floor Card Room, Albert Einstein Residence Center, 1935 Wright St., Sacramento. JACS is based on the 12 Steps of Alcoholics Anonymous with a Jewish focus. Confidential and anonymous. Please contact 916-591-8608 before attending for the first time.

Jewish Book Club at Temple Or Rishon. Every fourth Monday at 7:00pm. 7755 Hazel Ave., Orangevale. All are welcome. For our reading list, visit [www.orrishon.org](http://www.orrishon.org), select Programs for All Ages, then Book Club. For more information, contact Alison Braverman at 916-988-7110 or [alcinp1@aol.com](mailto:alcinp1@aol.com).

Loaves and Fishes. The third Monday of each month, the Jewish community serves lunch to the homeless at Loaves and Fishes. 1321 North C St., Sacramento. Volunteer at 7:30am to help prepare food or at 10:45am to help serve. For more information, contact [mary@mosaiclaw.org](mailto:mary@mosaiclaw.org).

### Tuesdays

Baby and Me. Program for families with children birth to 2 years. Art, singing, movement, and fun! 10:30am. Temple Or Rishon, 7755 Hazel Ave., Orangevale. For more information, contact Marcia at 916-988-4100 or [educator@orrishon.org](mailto:educator@orrishon.org).

Israeli Dancing. For more information about dates and venue, join [Israelidancesac-subscribe@yahoogroups.com](mailto:Israelidancesac-subscribe@yahoogroups.com) or contact Jeanette at 916-799-7213.

Rabbis' Monthly Lunch and Learn. Rabbi Alfi explores issues in Contemporary Judaism. First Tuesday of the month. Noon-1:00pm. Join us with your lunch at Congregation B'nai Israel, 3600 Riverside Blvd., Sacramento. No RSVP required. For more information, contact [Rabbialfi@bnais.com](mailto:Rabbialfi@bnais.com).

### Wednesdays

Shalom Gan K'ton. For children 18 months-5 years. 10:00am. Temple Or Rishon, 7755 Hazel Ave., Orangevale. \$50/10 sessions with scholarships available. For more information, contact [educator@orrishon.org](mailto:educator@orrishon.org).

First and Third Wednesday. Jessie Yoshpe Hadassah Study Group. Exploring Judaism Through the Holidays and More. KOH Library and Cultural Center, 2300 Sierra Blvd., Sacramento. For more information, contact [Soni Meyer at 916-383-5743](mailto:Soni Meyer at 916-383-5743).

### Thursdays

David Lubin Lodge, B'nai B'rith. Third Thursday of each month. 8:00pm. Albert Einstein Residence Center Eatery. 1935 Wright St., Sacramento. For more information, contact [Bernie Marks at 916-363-0122](mailto:Bernie Marks at 916-363-0122).

Jewish Women's Support Group. Led by Zalia Lipson. Chabad of Roseville, 3175 Sunset Blvd., Suite 104A, Roseville. 6:45pm. \$40 per session. For more information or to register, contact 916-624-8626 or [ZaliaL@aol.com](mailto:ZaliaL@aol.com).

### Fridays

Gan K'ton. For young children 18 months-5 years. Sing, play, create, listen to, and taste all the wonders of being Jewish, along with preparing for Shabbat. 10:00am. \$10/class. Enrollment and fees required. Scholarships available. Temple Or Rishon, 7755 Hazel Ave., Orangevale. For more information, contact [Marcia at 916-988-4100](mailto:Marcia at 916-988-4100) or [educator@orrishon.org](mailto:educator@orrishon.org).

Tot Shabbat. Services, Singing, Storytelling, and Oneg for all children, including all who are young at heart. 6:00pm. Temple Or Rishon, 7755 Hazel Ave., Orangevale. For more information, contact [Marcia at 916-988-4100](mailto:Marcia at 916-988-4100) or [educator@orrishon.org](mailto:educator@orrishon.org).

### Saturdays

Taste of Torah. Second Saturday. Learn, laugh, sing, and "taste" the Torah. Free program for families with young children and children of all abilities. 10:30am. Temple Or Rishon, 7755 Hazel Ave., Orangevale. For more information, contact [Marcia at 916-988-4100](mailto:Marcia at 916-988-4100) or [educator@orrishon.org](mailto:educator@orrishon.org).

## GENERAL EVENTS

**July 7, 2013.** KOH Art Exhibit Opening Reception and Artist Program. Michael Mulcahy is a self-taught artist who currently resides in Chico. Exhibit features his Hamza and Marabout series. Two of the Middle Eastern images will be offered as limited edition prints. Exhibit runs through September 29th. For more information, visit [www.michaelmulcahyart.com](http://www.michaelmulcahyart.com). Free. 2:00pm. KOH Library and Cultural Center, 2300 Sierra Blvd., Sacramento. For more information, contact [mehrnaz@kohlcc.org](mailto:mehrnaz@kohlcc.org).

**July 10, 2013.** Let's Talk Turkey. Walk through the Kasbah in Istanbul, climb aboard the Trojan Horse at Troy, walk the trail that Abraham walked, visit one of the seven ancient wonders of the world at the Temple of Ephesus, and see Diana's temple. Join us for a travelogue of Turkey, Ted Blumenstein's trip through this historic land. \$5 for lunch and entertainment. Noon-2:00pm. Temple Or Rishon, 7755 Hazel Ave., Orangevale. Leisure League is funded by The Jewish Federation of the Sacramento Region and The Trust Fund for the Jewish Elderly. For more information or to RSVP, contact [federation@jewishsac.org](mailto:federation@jewishsac.org) or 916-486-0906 ext. 310.

**July 25, 2013.** Get Jazzy with the Rio Americano Jazz Band. Selected as the Best High School Band at the Sacramento Traditional Jazz Festival, the Rio Jazz Band has received major honors from *Downbeat Magazine*, the printed authority on Jazz since

the 1930s, three years in a row. Noon-2:00pm. \$5 for lunch and entertainment. Albert Einstein Residence Center, 1935 Wright St., Sacramento. Leisure League is funded by The Jewish Federation of the Sacramento Region and The Trust Fund for the Jewish Elderly. For more information or to RSVP, contact [federation@jewishsac.org](mailto:federation@jewishsac.org) or 916-486-0906 ext. 310.

**August 8, 2013.** Committee on Inclusion and Disabilities Monthly Meeting. 7:00pm. Federation office, 2014 Capitol Ave., Sacramento. For more information, contact [inclusion@jewishsac.org](mailto:inclusion@jewishsac.org).

**August 14, 2013.** Leisure League at Temple Or Rishon. Program TBD. \$5 for lunch and entertainment. Noon-2:00pm. 7755 Hazel Ave., Orangevale. Leisure League is funded by The Jewish Federation of the Sacramento Region and The Trust Fund for the Jewish Elderly. For more information or to RSVP, contact [federation@jewishsac.org](mailto:federation@jewishsac.org) or 916-486-0906 ext. 310.

**August 17, 2013.** A Taste of Judaism and Jewish Culture. Basic Judaism, Jewish music, and food. Primarily for the purpose of educating the public about Judaism and Jewish culture. Jewish music presented by Rabbi Alan Greenbaum. Following Q&A, participants are invited to sample homemade Jewish delicacies, talk informally, and listen to more Jewish music. Free. 10:00am-Noon. Yuba College Theater, 2088 N. Beale Rd., Marysville. Co-sponsored by Yuba-Sutter Congregation Beth Shalom and Yuba Sutter Interfaith and Cultural Council. For more information, contact Robert Wachman at [rcwachman@gmail.com](mailto:rcwachman@gmail.com).

**August 22, 2013.** Leisure League at the Albert Einstein Residence Center. Program TBD. \$5 for lunch and entertainment. Noon-2:00pm. 1935 Wright St., Sacramento. Leisure League is funded by The Jewish Federation of the Sacramento Region and The Trust Fund for the Jewish Elderly. For more information or to RSVP, contact [federation@jewishsac.org](mailto:federation@jewishsac.org) or 916-486-0906 ext. 310.

**August 25, 2013.** Roller Skating for Children with Special Needs and Their Families. Sponsored by Federation's Committee on Inclusion and Disabilities. Free. 5:15-7:15pm. King's Skate Country, 10408 Franklin Blvd., Elk Grove. 916-684-7132. For more information, contact [inclusion@jewishsac.org](mailto:inclusion@jewishsac.org).

# OUT & ABOUT

Kenesset Israel Torah Center celebrated its annual Evening in Eden on June 9, 2013 by honoring founding members Elliot and Trudy Mazer. From left, granddaughters Meredith and Annabella, son, Warren, and honorees Trudy and Elliot.



The Jewish Federation joined Lombard & Company Funeral Directors in sponsoring the annual Jewish Memorial Day commemoration on May 27, 2013. Nearly 150 participants honored Jewish war veterans and fallen heroes at Home of Peace Cemetery. The program included music, military customs, and stories of Jewish soldiers who were killed in action.



More than 100 community members attended *The Affordable Care Act: How It Will Affect You and the People You Care About*, a program sponsored by the Jewish Community Relations Council on June 5, 2013. Capitol Public Radio Health Care reporter Pauline Bartolone facilitated the panel, which included Julie Bates, Associate State Director for AARP in California; Ken DeVore, Legislative Director from the National Federation of Independent Business; Patrick Johnston, President and CEO of the California Association of Health Plans; Assemblymember Dr. Richard Pan, Chair, Assembly Committee on Health; and David Panush, Director, Government Relations, California Health Benefit Exchange.



Jewish community members from throughout California participated in the Jewish Public Affairs Committee's Advocacy Day in May. In addition to legislative appointments, members heard presentations about gun safety and mental health; California and Israel Trade; and a keynote presentation by the Honorable Bill Lockyear, California State Treasurer.





# The Jewish Federation

OF THE SACRAMENTO REGION

## MARK YOUR CALENDARS AND LOOK FOR MORE INFORMATION ABOUT THE FOLLOWING FEDERATION PROGRAMS AND SERVICES!

**August 25, 2013**

Roller Skating for Children with Special Needs and Their Families

**September 1, 2013:**

Rosh Hashanah Basket Delivery

**September 15, 2013:**

Sukkah Building at the Albert Einstein Residence Center

**October 13, 2013:**

Ashkelon-Sacramento Sister City Friendship Garden Clean Up & Tree Planting

**November 24, 2013:**

Chanukah Basket Delivery  
SAJE Inservice

**December 8, 2013:**

Community Celebration of our 90-somethings!

**February, 2014:**

Jewish Disability Awareness Month

**March 6, 8, 9, 2014:**

17<sup>th</sup> Annual Sacramento Jewish Film Festival

**April 13, 2014:**

Passover Basket Delivery

**May 4, 2014:**

Jewish Heritage Festival

**May 26, 2014:**

Jewish Memorial Day Commemoration

[federation@jewishsac.org](mailto:federation@jewishsac.org)

[jewishsac.org](http://jewishsac.org)

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